Dear Parents and Friends of St. Marks,

Exciting plans are to be presented at the Back to School Night, September 3rd! Don’t miss it.

Below you will find a video which I hope you enjoy watching, from Fr Mike Schmitz, about expressing opinions.

Blessings to you all this Labor Day weekend. Be safe!

May the light of Christ continue to shine into the future through our children.

Father Ben

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Dear St. Mark’s Families,

It feels great to be getting into the routine of school. Students are acclimating to their schedules, completing first-of-the-year-assessments, and building friendships.

Tuesday, September 3rd is our annual Back-to-School Night. A new family orientation will begin at 6:00 pm in the auditorium with returning families joining us at 6:30 pm. Back-to-School Night is a time to meet our staff, get introduced to different school organizations, and hear about future plans for our facility. After we meet as a group, you will have an opportunity to meet your child’s teacher(s) and learn about what is in store for them this academic year. I look forward to seeing all of you on Tuesday evening.

After 11 years as our librarian and IT specialist, Dorothy Sammartino has decided to resign her position to work in her family’s business. She will be greatly missed, and we are forever grateful for her years of service.

I pray you all have a safe, blessed 3-day weekend. We return on Tuesday and will begin with Morning Prayer on the
blacktop behind the gymnasium. All are invited to pray with us at the start of each school week.

Blessings,
Donna

Student Spotlight

Does your student have an interesting hobby, have they won an award or done something extraordinary, please email a description and a photo to schooloffice@stmarksboise.org to have them featured in this space.

Lion Pride Recognition

Congratulations to this week’s winners:

Coming Soon!

Weekly Calendar

**Monday, September 2**
Labor Day - No School

**Tuesday, September 3**
6:00 p.m. Back to School Night for NEW Families in Auditorium (parents only)
6:30 p.m. Back to School Night for Returning Families in Auditorium (parents only)

**Wednesday, September 4**
8:30 a.m. Student Body Mass presented by Mrs. Souza's 8th grade

Friday, September 6
8:30 a.m. Late Start Friday
Spirit Day

**Upcoming Events**

**Sunday, September 8**
Grandparents Day

**Monday, September 9**
MAP Testing

**Tuesday, September 10**
MAP Testing
1:30 p.m. Child Safe Environment Workshop @ St. Mark's School

**Wednesday, September 11**
8:30 a.m. Student Body Mass presented by Mrs. Schuette’s 7th grade
MAP Testing

**Thursday, September 12**
MAP Testing

**Friday, September 13**
8:30 a.m. Late Start Friday
MAP Testing
Progress Reports Issued on Rediker

**Home and School**

Check out our [Dinner Auction website](#) for information about our biggest Community Event on October 26 at Boise Centre East

**Volunteer Opportunities**

Check out the Dinner Auction website and the Lunch Room calendar in the blue binder in the School Office.

**Lunch Room Volunteers**

**NEXT WEEK’S LUNCH HELPERS**
Tuesday (3)—Anderson
Wednesday (4)—LaMott, Schindele
Thursday (5)—Boroff
Friday (6)—Hauck
St. Mark’s offers a healthy, delicious hot lunch to students and staff EVERY FULL DAY OF SCHOOL!

3 LUNCHROOM HELPERS ARE NEEDED EACH DAY to make the lunchroom experience enjoyable for all. Volunteers work from 11:10-12:45 and are given a free lunch. SIGN UP in the BLUE BINDER in the School Office.

Daily Lunch Schedule: 11:20 (K-2); 11:40 (3-5); 12:00 (6-8)

News

Back to School Night
is Tuesday, September 3
(Parents only please, no students)

New Parent Orientation at 6:00
Returning families at 6:30

Welcome to the St. Mark's School Family

Bonnie Arline Schaffeld was born on Tuesday, August 27 @ 12:59 a.m. at 7 lbs., 8 oz. and 19” long. Congratulations Coach & Megan!

Please remember that Wednesdays are Mass Days and all students must be in Mass Dress (per Uniform Dress Code). Students are never allowed to wear shorts at Mass and boys must wear a a solid navy, St. Mark's plaid or St. Mark's striped tie (NO OTHER TIE DESIGNS ARE ALLOWED).

HELP EARN MONEY FOR OUR SCHOOL
Box Tops are now going digital. Please download the app to your phone and start scanning your receipt to earn money for St. Marks today. However, during the transition period, we will have the chance to double collect. If the items you buy still have the traditional 10 cent box top on the package, please continue to clip and return to the Box Top collection box at front office. The sooner we start downloading, the faster St. Marks can start earning money. Click on this link to watch a video to see how the new app works.
Dear all,

I just wanted to take a moment and extend my deepest gratitude and thanks to everyone in the St. Mark’s family that has touched my children and family over the past 11 years.

I am sad to leave, but I am off on a new adventure to work in the family business. I have enjoyed my time as the librarian at St. Mark’s and want to thank all who have given endless hours volunteering to keep it staffed during school hours.

Kind regards,

Dorothy Sammartino

If you have a child or know of one who graduated from St. Mark's School and is off to college, we would love to have a college pennant to add to our collection in the gym. Please bring it to the School Office anytime. They are great reminders to our students of "The Places We Will Go".
Catholic "Connected Parenting" Class

**WHAT:** A whole family parenting class for 8 sessions which will focus on:
- Catholic Identity
- Trust-Based Relational Parenting
- Attachment Models

**WHEN:**
Sunday afternoons:
September 22—November 10, 2019 2:00 to 4:30 p.m.

**WHERE:**
Sacred Heart Catholic School, Boise

**COST:** $50 (Supplies and snacks)

Instructors: Jodi Goettemoeller Fulford, Licensed Clinical Professional Counselor; Jay Wonacott, Director of Marriage and Family Life Office; Sr. Sheila Cigich, Sisters of Divine Grace

If you missed the [Annual Calendar](#), which has all the school breaks and says off, click on the link.

Young Rembrandts Drawing Class for Kids starts on Wednesday, September 11 – October 16. Click on the link for more details.

If you missed Individual Picture Day, Retakes will be taken on Tuesday, October 8, first thing in the morning.

Is your daughter interested in joining a Little Flowers Girls’ Club®? It is a Catholic club for girls ages 5 and up that teaches virtues through scripture, saints’ biographies and the Catechism of the Catholic Church. Based on the 1906 Catholic classic “The Catholic Girls’ Guide” and the spirituality of St. Thérèse, the Little Flower of Liseux, this beautiful, authentically Catholic program, has delighted and instilled in girls a love of our Catholic Faith for over 25 years. The group meets once a month from September through May and learns about a different Catholic Saint and virtue each month. They participate in stories, crafts, and occasional service projects or social activities. If your daughter is interested in joining the Little Flowers Girls Club at St. Mark's, please contact Lauren Trana at 208-283-5344 by September 9th.

The [September Lunch Menu](#) is now available for viewing, click on the link.

Remember--When you shop at [smile.amazon.com](http://smile.amazon.com), Amazon will donate a percentage of any purchases made to the charity of your choice, and of course, St. Mark’s School Foundation is one of them! Just visit smile.amazon.com...it is the same site as amazon, but let's you designate charities. A great way to support St. Mark’s School that doesn't cost you anything!

The [September Calendar](#) is full of activities.

**Diocese of Boise Safe Environment Program & CMG Connect Instructions**

Every person who volunteers in the school in any capacity must take a Safe Environment Workshop (SEW). The first time must be a live, face-to-face class, and each year thereafter is an online renewal process. THE LIVE CLASS OR THE ONLINE RENEWAL MUST BE COMPLETED BEFORE YOU CAN VOLUNTEER IN ANY CAPACITY OR VISIT THE SCHOOL. PLEASE GET THIS DONE EARLY SO YOU ARE READY TO VOLUNTEER WHEN SCHOOL STARTS. Follow the directions below to set up your account on CMG Connect. In order to register for the face-to-face class you must:

~ Go to [boise.cmgconnect.org](http://boise.cmgconnect.org)
~ Click "My Training" and read through the 7 documents on the left side of the page.
~ Click the "Live Events" tab to choose the live class to attend.

St. Mark’s Catholic School will have SEW classes on September 10 @ 1:30 and September 17 @ 6:00 p.m., all at the school. Sacred Heart School has a class on Wednesday, September 11 @ 6:00 p.m.
You create an account at boise.cmgconnect.org and select the class you want to take. PER DIOCESAN POLICY, BACKGROUND CHECKS are valid for five years. Once an account has been set up with CMG Connect, you will be able to see when your background check expires. Paperwork for background checks are available in the office.

We are already experiencing a large volume of tardies as we finish the 2nd week of school. Please remember that the bell to begin the school day rings @ 8:00 a.m. Monday-Thursday and at 8:30 a.m. on Fridays. If your child is tardy, you must accompany them into the school office to sign them in and receive a tardy slip before they proceed to class. If your child is ill or has an appointment in the morning, please be sure to email schooloffice@stmarksboise.org or call 208-375-6654 by 8:30 a.m.

### Sports

**Date**  |  **TVCS Sports Information**
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**September**

3 | 7VB @ Nampa West  
6VB v. Nampa West  
4 | FB @ East Valley Middle School  
5 | 7VB v. Middleton  
8VB @ Middleton  
11 | FB v. Nampa South Middle School  
7VB @ Caldwell (Syringa Middle School)  
8VB v. Caldwell  
12 | X-Country @ Nampa West Middle School (West Park)  
16 | 7VB @ Kuna  
8VB v. Kuna  
18 | FB @ Nampa West Middle School  
7VB v. East Valley  
8VB @ East Valley  
20 | 7/8 TVCS Dance @ St. Mary’s (7-9 p.m.)  
23 | 7VB v. Emmett  
8VB @ Emmett  
25 | FB @ Lone Star Middle School  
7VB @ Lone Star  
8VB v. Lone Star  
26 | 7VB @ Fremont  
8VB v. Fremont  
X-Country @ Middleton (Middleton Place Park)  
30 | 7VB v. Vallivue  
8VB @ Vallivue  
X-Country District Meet @ Mt. Home Golf Course

**October**

2 | FB @ Kuna  
7VB v. Nampa South  
8VB @ Nampa South  
5 | 7VB Tournament @ Lone Star  
8VB Tournament @ Middleton  
9 | FB v. Fremont
Preschool Happenings

Big helpers! We are blessed with such sweet and kind preschool students.

Church Connection

If you would like to receive the Parish Newsletter text BOISESTMARKSNEWS to 42828 to sign up

OR

Click here to sign up for Parish Newsletter

Click here to upload the Parish Bulletin for September 1

St. Mark’s students and families! Oktoberfest is coming up and there are many volunteer opportunities! St. Mark’s students who volunteer will receive service hours. Please sign up for your volunteer opportunity by clicking HERE.

Dive deeper into your relationship with Jesus at an Evangelization Retreat!
The St. Mark’s Evangelization Retreat is not designed to teach you to evangelize, but for God to evangelize you. "Come away" with Jesus and let Him speak to your heart.

All meals are included, and you will go back to your own homes each night. There is no cost for the weekend, but donations will be accepted.

Click [HERE](#) to register.

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**Notes from the Nurse**

**GETTING THE RIGHT START FOR THE SCHOOL YEAR**

Welcome back to another great year of learning! The start of the school year is always a moment of great anticipation and excitement. Whether your child is new to school, or they are simply returning to their school after a fun-filled summer, this is going to be a very special moment for them. For everyone, students, parents, and teachers alike, there is that wonderful sense of a new beginning and a fresh start. It is natural for students to have a bit of anxiety. The focus should always be on the new upcoming adventure of learning and growing. To make it all go smoothly, there are a number of things that parents can do to make this educational experience be as positive, productive and worthwhile as possible.

First and foremost, help create a climate of positive anticipation. Your student takes their cue from you. If you are excited, chances are, they will be too.

Prepare for an adventure. This educational adventure is real and all about change, growth, and development. The skills that this educational adventure will produce will have an impact on how they learn and will ultimately be the key to their future success.

Above all else, cherish these years for and with your child. Never lose sight of the fact that time moves quickly and the growth that you will see on a daily basis will seem to flash by you in no time. Appreciate the fact that never in their lives have they had so many adults looking out for their best interests. Home and school together make a tremendous partnership and the beneficiary of all of that love and care, challenge and support, nurturing and mentoring, is ultimately your child.

Your School Health Nurses

Linda Miller, RN
Saint Alphonsus School Health Program

Through the St. Alphonsus School Health Program, Mrs. Miller, our school nurse, is at St. Mark's on Thursdays and Mrs. Placido, CNA, SASHP Assistant is here on Tuesdays.

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**Notes from the Counselor**

As we settle into the new routine for the school year lets help with setting a morning routine to get to school with natural consequences instead of yelling. One part of this problem is a set bed time...
and waking up in the morning. Brain studies indicate that kids need over 8 hours of sleep a night. Little kids need more sleep than that. So counting back from wake up time (for example 6 am wake up), you need the kids to get to bed before 10 pm for older kids and around 8 pm for younger kids. They need to be doing the bed time routine so that the kids have the chance to be in bed. Now, you ask yourself is it easier to get the kids to sleep or to wake them up? It is easier to be noisy in the morning and wake them up? We go for the easier path. So love and logic parents say, “This is your bed time, because I love you. You need to be in your room, I don’t want to see you or hear you until morning.” “You don’t have to be sleeping but you need to give Dad and Mom time to rest for the night.” Then you go to bed or away from the kids and pray for them to mess up and stay up a long time. Then in the morning you get up at 6 am and you get to be noisy and happy enjoying your morning. You let the kids know it is time to get up, shower, get dressed, and ready. You are on the way to school knowing they are having a “training” time to get ready for school. If they did not get enough sleep let them struggle with their decision instead of arguing or lecturing them. Their being tired will teach more than your lecture. Then repeat the bed time routine with the same rules. They will figure out in a short time that they need sleep and take advantage of the time you give them. If they cannot figure it out in a couple days, you may talk with them about how to solve their problem. It is best if the child tries different strategies to solve their sleepiness problem themselves. For children younger than 3rd grade you may present multiple choice options for them to think about. The love and logic parent is teaching the child to think about what is best for the child by modeling what is best for the adult. More resources are available at: Loveandlogic.com Give it a try. There are many parts to getting ready for school this is just one part.

Joe Lipetzky Psy.D.
Ms. Jen Boehm. LCPC

Dr. Joe Lipetzky, our school psychologist, is at St. Mark’s on Monday and Friday mornings.
Mrs. Jen Boehm, our school counselor, is at St. Mark’s on Mondays, Wednesdays and Thursdays.