# Illness Decision Tree for Schools

**Q1: Are you experiencing COVID-19 symptoms? They include:**

- Fever (100.4°F or 38°C) *without having taken any fever-reducing medications, such as acetaminophen or ibuprofen.*
- Chills
- Cough
- Fatigue
- New or unusual headache
- Muscle aches
- Congestion or runny nose
- Loss of smell or taste
- Nausea, vomiting, diarrhea, or loss of appetite
- Sore throat
- Shortness of breath

*(One or more of these symptoms that is a new onset or is an increase in severity)*

**YES, I HAVE SYMPTOMS**

**Q2: HAVE YOU -**

**2.1**: Had close contact with a confirmed or suspected COVID-19 case?

**2.2:** Travel to or live in an area that is designated Category 3 (Substantial Community Transmission)?

**2.3:** Recently had a COVID test that is pending?

**YES, to 1 or more**

Quarantine yourself and contact your healthcare provider (HCP).

More details found, here.

**NO**

Stay at home until you are fever free without medication for 24 hours and symptoms improve or resolve per school illness policy.

If **YES** to **2.1**:

Isolate for 10 days from the onset of symptoms.

If **YES** to any of these, call:

If **YES** to **2.2** & you received an alternative diagnosis or negative test:
Follow HCP & school guidance on when to return.

If **NOT tested**:
Isolate for 10 days from onset of symptoms and follow school return policy.

If **YES** to 2.3:
Isolate until you receive your test results.

**NO SYMPTOMS**

Have you been in contact with someone who has been diagnosed with or tested positive for COVID-19?
(within 6 feet for 15 minutes or more)

**YES**

A 10-14 day quarantine is recommended, though some exceptions can be made.

Details regarding quarantine options found, here.

**NO**

Practice physical distancing and good hygiene.

Anyone who has been identified as a close contact needs to quarantine regardless of symptoms or other illnesses.

*New guidance allows for some exceptions related to length of quarantine period.*
Learn more, here.

Additional school resources found, here.

CENTRAL DISTRICT HEALTH