

## Volume 6, Issue 25— February 25, 2022



### St. Mark's Catholic School Vision

**St Mark's Catholic School is dedicated to educating student disciples in body, mind and spirit, through the collaboration of families, community and the Church.**

### Our Mission

**St. Mark's Catholic School is a ministry of St. Mark's Catholic Community that fosters academic excellence, rooted in the Catholic faith, and Christian values.**



Please continue to keep Fr. Ben's recovery in your daily prayers.

### Letter from our Principal

Dear St. Mark's Families,

I hope you are as excited for this weekend as I am. The Hallissey Tournament starts today, our Mardis Gras Soiree is tomorrow night, and our student-hosted Mass on Sunday at 11:00 am! Information about the tournament can be found in this edition of Friday Facts. We wish our 7th and 8th graders the best of luck and pray they have a memorable, safe weekend. Go Lions!



Thank you to all of the families who have already re-enrolled for next year! A reminder that March 11th is the \$25 early bird registration discount deadline. Open enrollment for new families will then begin on March 12th.

Next week, Lent begins. Please join us for the Ash Wednesday Mass at 8:30. All of our students will participate in our Lenten Retreat in the afternoon. Thank you for the generous donations of items for our compassion bags. We are still in need items to ensure each student can make at least one bag for the neediest in our community. The list of items still needed can be found below. Student Council will deliver these much-needed supplies to area homeless shelters and a women's and children's center. Thank you for your support.

I hope to see many of you this weekend!

Peace,  
Donna Gordon

THIS NEWSLETTER CONTAINS A LOT OF INFORMATION, AND THE LENGTH OF THE NEWSLETTER CAUSES IT TO BE TRUNCATED.

LOOK FOR THE LINK AT THE BOTTOM OF THE EMAIL THAT SAYS "VIEW ENTIRE MESSAGE" TO EXPAND THE EMAIL, OR [CLICK HERE](#) TO VIEW NEWSLETTER ON OUR WEBSITE.



**ATTENTION ORCHESTRA STUDENTS & PARENTS** - beginning next Tuesday, March 1, [please drop your students off in the front parking lot](#) to enter the building on Tuesdays & Thursdays. The back parking lot is not working out as we'd planned and has become dangerous for students and staff.

Mass Choir practice has returned to Friday mornings. Practice Starts at 7:30 a.m. sharp so please have your child(ren) [DELIVERED TO THE FRONT DOOR](#) by 7:20 a.m.



## Revitalization News

# REVITALIZING OUR PARISH SCHOOL

## *Journey with Us*

### PHASE II

#### COMING THIS SUMMER...

While we continue to raise funds and procure grants, the Parish and Diocese have approved, through a combination of funds already raised and borrowed, the following projects to begin next month and continue through this summer!

Groundbreaking in March for the new work for this summer of 2022:

- East Entrance - New welcoming main entrance facing Cole road, enhanced safety and security
- New Reception Space- Principal's office, reception office, nurse's office and restroom
- New and updated Pre-School- With in-classroom, child-sized bathroom, separate, secure, entrance for pickup and drop off
- New multipurpose classroom- New classroom furniture, cabinetry, and technology



Our new, main entrance "before" (2021)



Architectural rendering of our new, main entrance (coming soon summer 2022)

REVITALIZING OUR PARISH SCHOOL

# Journey with Us

PHASE II

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**For more information about how to participate in the Journey with Us campaign, please contact Kathleen Brinegar in the School Office at 208-375-6654.**

## COVID News

### Case Numbers

This Week (students/staff)  
1/0

Last Week (students/staff)  
0/0

The flu and a stomach virus are spreading through classrooms which are the reason for the large increase in absences this week.

### Absentee Rates

This Week  
8.2%

Last Week  
4.8%

### Masking

Masks will remain optional; however it is important to note that if a class has multiple cases of COVID and/or students with symptoms, masks will be required for up to five days. This week no classrooms were required to mask.

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**Click [here](#)** to view St. Mark's Covid-19 Illness Protocols

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## **Are you experiencing COVID-19 symptoms?**

They include:

(One or more of these symptoms that is a new onset or is an increase in severity)

- » New or unusual headache\*
- » Nausea, vomiting\*, diarrhea\*, or loss of appetite
- » Cough\*
- » Sore throat\*
- » Fever\* (100.4°F or 38°C) without having taken any fever-reducing medications, such as acetaminophen or ibuprofen.
- » Loss of smell or taste\*
- » Fatigue
- » Congestion or runny nose
- » Chills
- » Shortness of breath
- » Muscle aches

\*The presence of any of these symptoms generally suggest a student, teacher, or staff member has an infectious illness and should not attend school, regardless of whether the illness is COVID-19. Individuals should not be at the school in-person if they identify new development of any of these symptoms. If the individual is yet to be vaccinated (unvaccinated) they should not be at the school in-person if household members identify new development of these symptoms.

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# Let's all continue to practice the 3 W's

wash your hands, watch your distance, and wear your mask

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We are partnering with the Central District Health to provide free COVID-19 testing for all of our students, faculty and staff. The COVID-19 test is comprised of a saliva based PCR test supplied by VAULT. If you have questions about this test, please contact the School Office @ 208-375-6654 or email [schooloffice@stmarksschoolboise.com](mailto:schooloffice@stmarksschoolboise.com).

**REMEMBER THAT THE OPTIMUM TIME TO TEST  
IS DAY 3-5 AFTER SYMPTOMS APPEAR**

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We have created a spreadsheet with weekly updates of COVID information for St. Mark's School, which will be updated automatically with new information. [Click here](#) to view the spreadsheet. It is also available for viewing on our website under the COVID Updates/Resources tab.

## Student Spotlight



Colton and Oxley birthdays are both in January and they decided they didn't need more toys or games, so on their party invitation they asked anyone who wanted to give a gift to please donate to Phase 2 of St Mark's. The boys made a \$100 donation to Journey with Us! "The boys may be newer students at St Mark's, but they love their new school because they've been welcomed so warmly by everyone." Great example of stewardship boys!

**Lion Pride Recognition**





# LionPRIDE

Practice  
MAKES  
Saints

	CLASSROOM	HALLWAYS	LUNCH ROOM	PLAYGROUND	BATHROOMS	CHURCH
<b>PERSEVERANCE</b> <i>Every Day - Every Time</i>	Be Prepared Be On Time Be On Task Be Present	Be Timely Be Courteous Model Good Behavior Walk Slowly	Use Your Manners Be Patient Wait to be Excused	Be Safe Obey the Rules Play Fair Share Space & Equipment Be a Good Sport	Throw Away Trash Keep it Clean Flush Toilet Wash Hands	Be Engaged Pray, Not Play Behave Appropriately
<b>RESPECT</b> <i>Others, Self &amp; Property</i>	Be Positive Listen to Others Be Prompt Follow Dress Code Care for School Property	Be Quiet Keep Your Hands to Yourself Keep Clean	Clean up Messes Share Space Eat Only Your Food Keep Voices Low Keep your Hands to Yourself	Use Kind Words Use Equipment as Intended Keep Your Hands to Yourself	Give Others Privacy Use Appropriate Volume	Listen Attentively Enter and Leave Quietly Treat Church Materials with Care
<b>INTEGRITY</b> <i>Honesty in All You Do</i>	Be Honest Be Accountable Do Your Own Work Set & Meet Goals Honor Due Dates	Do the Right Thing Respect Posters & Displays	Use Manners Don't Be Wasteful Pay for Purchases	Notify Staff if Problems Arise Follow Staff Directions	Return to Class Promptly & Quietly Report any Inappropriate Behavior Use at Appropriate Times	Be Kind Be on Time
<b>DISCIPLESHIP</b> <i>Following Jesus' Example</i>	Support Others Cooperate with Others Be Honest Share Christ's Love	Help Others in Need Say Thank You to Our Custodians	Sit by Those Sitting Alone Engage in Appropriate Conversations	Encourage Others to be Kind Be Inclusive Lead by Example Help Others When Needed	Use Only as Needed Report Supply Shortages Clean Up After Yourself	Be Reverent Actively Participate Be Involved Show Appreciation
<b>EXCELLENCE</b> <i>Strive for Success</i>	Do Your Very Best Work Challenge Yourself Learn Beyond the Classroom Ask Questions	Set a Good Example Greet People Politely	Follow Cafeteria Rules Use an Inside Voice	Solve Issues in a Peaceful Manner Line Up on Time Stay in Assigned Areas	Use During Non-Instructional Times Report Problems to an Adult	Be the Best Version of Yourself Follow Dress Code for Mass

SAINT MARK'S  
-CATHOLIC SCHOOLS-

## Congratulations to this week's winners:

Emory N, Carter M, Colin C, Amelia M

## Weekly Calendar

### Friday, February 25

7th & 8th grade Hallissey Basketball Tournament Begins

### Saturday, February 26

Hallissey Tournament Continues

5:00-11:00 p.m. St. Mark's Annual Dinner Auction

### Sunday, February 27

Hallissey Tournament Finals

11:00 a.m. School Sponsored Mass & Coffee Hour hosted by 4th grade

### Monday, February 28

Mr. Rossi's birthday

### Wednesday, March 2

ASH WEDNESDAY

8:30 a.m. Student Body Mass - Ms. Ouimet's 4th grade

12:45-3:00 p.m. Student Lenten Retreat

Read Across America

### Friday, March 4

Teacher Inservice - No School

Mrs. McCurdy's birthday

## Upcoming Events

**Sunday, March 6**

Mrs. Anita Martin

**Tuesday, March 8**

6:30 p.m. Education Foundation Working Meeting in Church Library

**Wednesday, March 9**

8:30 a.m.

## Home & School

**Ticket Deadline is Friday, 2/25/22 @ 10:00 p.m.**

Join us on February 26th, 2022 for a Mardi Gras Soiree at The Boise Centre for a night of Dinner, Auction, and Entertainment! We look forward to seeing everyone in Mardi Gras outfits!

Here is the link to purchase your tickets now:

<https://stmarksboise.afrogs.org/#/tickets/event>



**ST MARK'S  
MOM/SON KICKBALL  
TOURNAMENT**

**SAVE THE DATE:**  
**APRIL 10TH, 2022 @ 1PM**

LOCATION: ST MARK'S SCHOOL

**WE WILL HAVE A KICKBALL  
TOURNAMENT, RELAY RACES  
AND A NERF GUN TARGET  
SHOOTING COMPETITION!**

PIZZA, POPCORN,  
POPSICLES, RAFFLE  
PRIZES!

**MOMS SHIRTS-\$12  
SONS SHIRTS- \$8**

EVENT SIGNUP AND PAYMENT WILL BE TAKEN LATER

**PRE-ORDER YOUR T-SHIRT HERE:**  
<https://forms.gle/h461mkKbtbCmiVzh7>

**ACT NOW!**

The poster features a light blue background with darker blue vertical stripes. At the bottom, there are three black stick figures: one kicking a ball, one running, and one aiming a Nerf gun at a target. The text is in various colors (blue, pink, black) and fonts (bold, regular, sans-serif). There are also decorative double arrow symbols pointing right and left.

Click the link to register - <https://forms.gle/EmXAZsWpC3AMdET67>

Mr. Rossi is looking for 4 volunteers to help him with a landscape project on Tuesday, March 1 @ 3:45 p.m. for 2 hours. The project involves prepping a planter to move several large landscape rocks to make way for our new school entry. Bring your gloves, all other equipment is provided. Contact Mr. Rossi @ 208-794-4784 to volunteer.

## Lunch Room Volunteers

### NEXT WEEK'S LUNCH HELPERS

Monday (28)—Johnson, Corcoran

Tuesday (1)—Rubalcava, Cavazos, Packer, Peterson

Wednesday (2)—LaMott, Jower, Rubalcava, Cavazos

Thursday (3)—McGirr, Storli

St. Mark's offers a healthy, delicious hot lunch to students and staff EVERY FULL DAY OF SCHOOL!

4 LUNCHROOM HELPERS ARE NEEDED EACH DAY from 10:45-12:30 to load lunches on to trays and deliver the trays to the classrooms. Volunteers are given a free lunch.

Please call (208) 375-6654 or email the School Office to volunteer.

Daily Lunch Schedule: 11:15 a.m. (PS-2); 11:35 a.m. (3-5); 12:00 p.m. (6-8)

## News

**Early Bird Registration begins today through Friday, March 11. You should have received an email last Friday from [schooloffice@stmarksboise.org](mailto:schooloffice@stmarksboise.org) with your Re-Enrollment online documents. Click on the "Administrator's Plus Online Forms" link, then click on "Enrollment 2022-23 to complete the documents. Early Bird Registration Fee is \$300 per student, goes up to \$325 per student on March 12.**

**Preschool and Kindergarten links were sent out on Thursday, February 24.**

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Compassion Bags - We are still needing donations of bottled water, personal-sized hand sanitizer & snack bars. Please deliver your donations to the school office on Monday so we can put the packages together at the Lenten Retreat on Wednesday. Thank you for your generous donations to help our students reach out to our community.

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No School on Friday, March 4 due to Teacher Inservice.

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It's time to sign up for this Spring's T-ball season, which will start on April 18. The Catholic School League is open to all children ages 4-7. We play the other Catholic School's teams. Deadline for registration forms is April 1. **Click here** to download the registration for for T-Ball.

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# Catholic Connected Parenting Class

## Is your family interested in participating in a Catholic Parenting Class?

**What:** A whole family parenting class that focuses on trust-based and attachment parenting and Catholic identity. Includes a children's program for children 4+ years and childcare for 0-3 years.

Week 1: Overview  
Week 2: Brain Development  
Week 3: Attachment  
Week 4: Connection  
Week 5: Empowerment  
Week 6: Discipline  
Week 7: Correction  
Week 8: Putting it All Together

**When:** March 28 to May 16, 2022  
Monday nights, 6:30-9:00PM

**Where:** St. Mark's Catholic School  
7503 W Northview, Boise

**Cost:** \$150 (includes course, materials, snacks, and babysitting)



## How does our family sign up?

An electronic survey is required before any family is accepted to participate in the class. Once the survey is completed, you will be contacted with news of your acceptance.

**Registration deadline: 3/20/22**

**Click here to register:**

[Registration Link](#)


## For more information:

Contact: Jodi Fulford

Email: [jfulford@rodb.org](mailto:jfulford@rodb.org)



**Click here** to register for the Catholic Connected Parenting Class.



**SAINT MARK'S**  
— CATHOLIC SCHOOL —  
**CAR SHOW**  
AUG. 20 10AM - 2PM  
SAINT MARKS CHURCH  
7960 W NORTHVIEW ST. BOISE, ID 83704

FREE TO ATTEND - COOL & CLASSIC CARS FROM ALL ERAS - FOOD & DRINKS - MUSIC

CONTACT JOSH CALLIHAN FOR QUESTIONS (208) 661-9161

SHOW CAR REGISTRATION 9AM - \$10 SUGGESTED DONATION - ALL PROCEEDS BENEFIT ST. MARKS CATHOLIC SCHOOL

Congratulations and Good Luck to former St. Mark's student Philip Janquart, and St. Mark's School Graduates Joe Hippler and Derek Doiron who are made it to State competition in wrestling in



Pocatello this weekend. BK is coached by Coach Ybarra and Michael Gordon, Mrs. Gordon's son. Coach Ybarra has been nominated for 4A Coach of the Year, Congratulations Coach!

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Congratulations to St. Mark's School Graduates Nick Schiedler and Cormac Mullin who were honored this week at the Idaho Congressional Delegation Military Service Academy Nomination Ceremony. Both seniors at BK, Nick (pictured above in center), received an appointment to attend Naval Academy and Cormac Mullin (pictured above right), received an appointment to attend West Point.

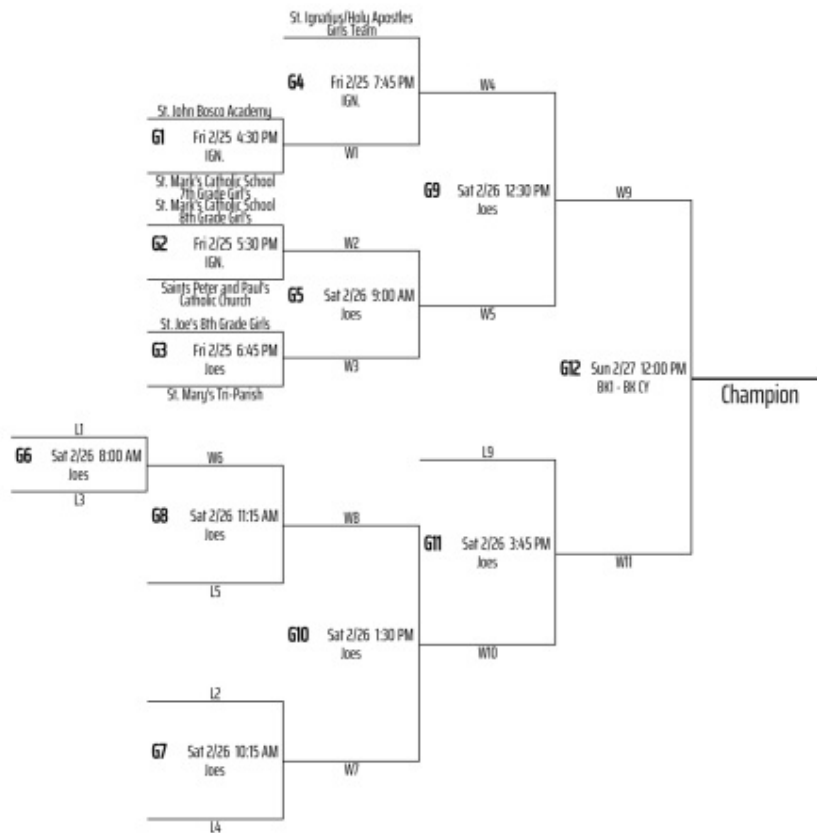
### TVCS Events/Sports

**GOOD LUCK TO ALL FOUR OF OUR TEAMS THIS WEEKEND,  
GO LIONS!**

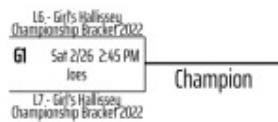
**Follow the tournament with the APP teamsnap tournaments,  
search for 2022 Hallissey  
follow all of St. Mark's teams**

**Hallissey Basketball Tournament Brackets**

# Girl's Hallissey Championship Bracket 2022



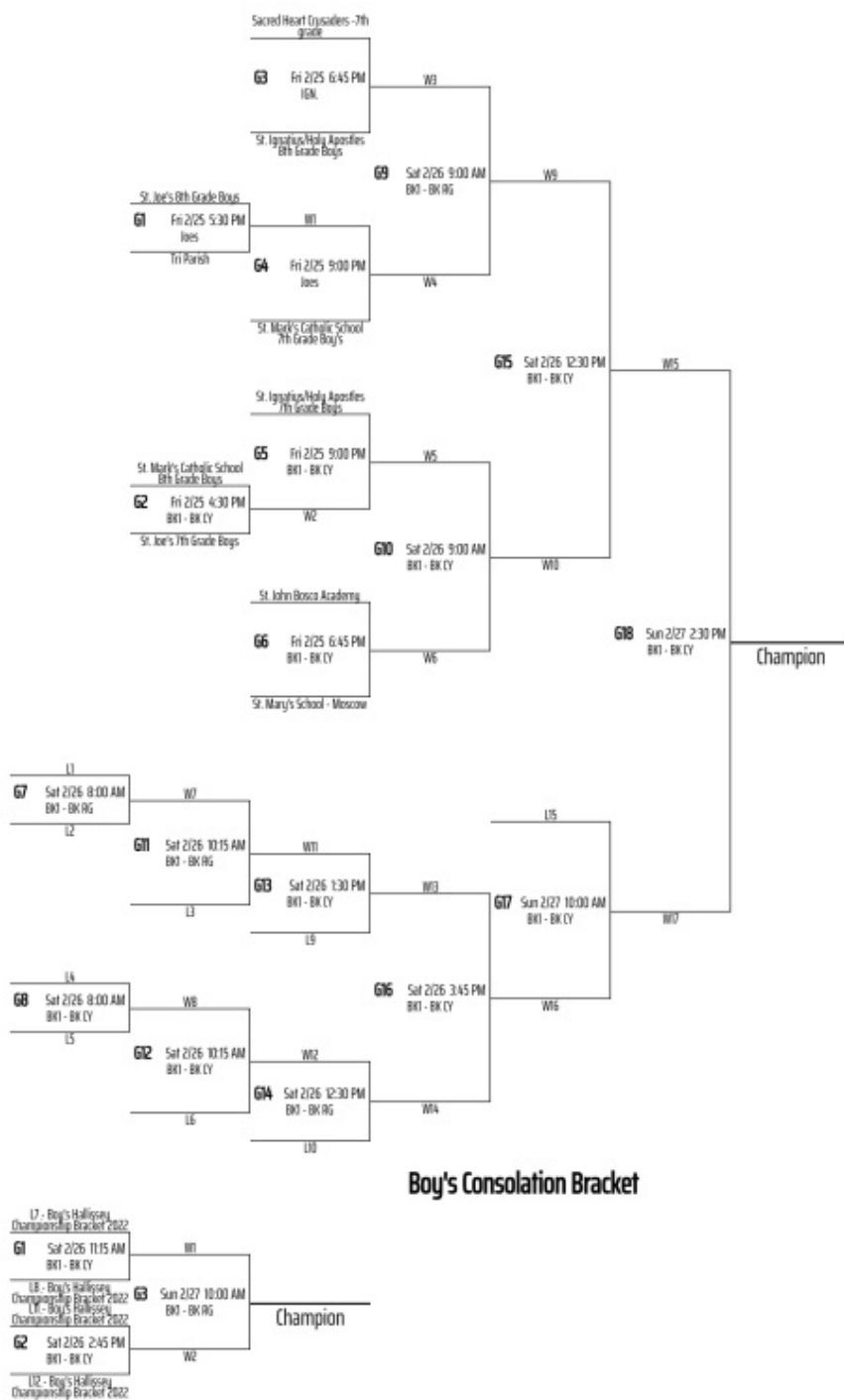
## Girl's Consolation Bracket



### 1st round - Friday, February 25

- St. Mark's 7th grade girls vs. St. John Bosco Academy @ 4:30 p.m. @ St. Ignatius
- St. Mark's 8th grade girls vs. Saints Peter and Paul's Catholic Church @ 5:30 p.m. @ St. Ignatius

## Boy's Hallissey Championship Bracket 2022



1/3

### 1st round - Friday, February 25

- St. Mark's 7th grade boys vs. (winner of St. Joe's 8th grade vs. Tri Parish) @ 9:00 p.m. @ St. Joe's
- St. Mark' 8th grade boys v. St. Joe's 7th grade boys @ 4:30 @ BK Carley Center

# Hallissey

# Fun



Hallway Parade



Game of Bump



7th grade girls and boys



8th grade girls



8th grade boys

## **TVCS Basketball**

### **Boys 7B**

Monday, 02/28/22 @ Emmett Middle School @ 4:15 PM

Wednesday, 03/02/22 @ Mountain Home Jr. High School @ 4:15 PM

### **Boys 7A**

Monday, 02/28/22 @ Emmett Middle School @ 5:15 PM

Wednesday, 03/02/22 @ Mountain Home Jr. High School @ 5:15 PM

### **Boys 8A**

Monday, 02/28/22 vs. Emmett Middle School @ 5:15 PM



Wednesday, 03/02/22 vs. Mountain Home Jr. High School @ 5:15 PM

### Boys 8B

Monday, 02/28/22 vs. Emmett Middle School Home @ 4:15 PM

Wednesday, 03/02/22 vs. Mountain Home Jr. High School @ 4:15 PM

## Preschool Happenings



This week seemed to revolve around glue. We glued everything from letters to pasta! We packed in a lot of learning, crafting and playing over this short week. We enjoyed some messy fun in art class gluing and painting noodles.



### Church Connection

If you would like to receive the Parish Newsletter **text** BOISESTMARKSNEWS to 42828 to sign up **OR** **Click here** to sign up.

Ash Wednesday, March 2, 2022 Mass Times:

7:00am - Liturgy of the Word with the distribution of ashes.

8:30am, 12:00pm, 7:00pm - Mass with the distribution of ashes.

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# ROSARY FOR UKRAINE & RUSSIA

LET US PRAY FOR PEACE IN OUR WORLD

JOIN US IN THE RESURRECTION ROOM

AT ST. MARK'S CHURCH

EACH WEDNESDAY AT 9:30AM

FOLLOWING THE SCHOOL MASS

Contact Susanne Lankford at [susannelankford@me.com](mailto:susannelankford@me.com) with questions

We will not meet Wednesday, March 23

## Notes from the Nurse

The American Heart Association recommends at least 60 minutes of physical activity each day. This 60 mins can be broken into segments to fit your family's schedule! Help your child find activities they enjoy. Encourage and take part in the physical activities with your child. Everyone will benefit from the exercise and time spent together! Physical activity can look like: taking a walk, riding bikes, gardening, playing a sport, completing a family workout or chore (i.e. raking leaves, shoveling snow, etc.). Living an active lifestyle will benefit the body, mind and spirit!



**Saint Alphonsus**  
SCHOOL HEALTH PROGRAM

## Saint Alphonsus School Health Program

Through the St. Alphonsus School Health Program, Mrs. Fuchs, our school nurse, is at St. Mark's on Thursdays and Mrs. Placido, CNA, SASHP Assistant is here on Tuesdays.

## Notes from the Counselor

### **Teaching Kids How to Deal With Conflict**

It's hard to solve a problem when you're so angry you can't think straight. That's why helping kids learn to solve conflicts starts with helping them calm down.

First, kids need to recognize their emotions. Young kids might have a hard time naming their feelings. It can help to have a feelings chart to look at. A stoplight can also work. A red light means emotions are big and they need time to cool off. A yellow light means they're beginning to calm down. Green means they're ready to solve the problem.

You can help your child come up with tools to calm down. They might splash some water on their face, take some deep breaths or play with a pet. When they're ready to focus, you can help them find the source of the conflict. This can be hard for younger children. The fight may have started with a toy, but it might really be about something bigger.

Have your child pitch some solutions to their conflict. Then you can both pick out which are best. Remind them that the best option isn't just the one that feels best. It's also the one that gets them to their goal. It's good to praise your child for their efforts to fix a problem, even when they don't pan out.

Learning to say what you need in a way others understand is an important problem-solving tool. "I" statements, like "I felt sad when you didn't sit with me," are also a good tool. Kids can even role-play with a grownup who can give feedback. It's good to teach these skills when your child's not in the middle of a conflict. It's important to model these skills for your child, too. You can walk them through how you'd solve your own problem step by step.

To read the full article, visit the following link:

**[https://childmind.org/article/teaching-kids-how-to-deal-with-conflict/#full\\_article](https://childmind.org/article/teaching-kids-how-to-deal-with-conflict/#full_article)**

Joe Lipetzky Psy.D.  
Ms. Jen Boehm. LCPC

Dr. Joe Lipetzky, our school psychologist, is at St. Mark's on Monday and Friday mornings.

Mrs. Jen Boehm, our school counselor, is at St. Mark's on Mondays, Wednesdays and Thursdays.