

## Volume 6, Issue 22— February 3, 2022



### St. Mark's Catholic School Vision

**St Mark's Catholic School is dedicated to educating student disciples in body, mind and spirit, through the collaboration of families, community and the Church.**

### Our Mission

**St. Mark's Catholic School is a ministry of St. Mark's Catholic Community that fosters academic excellence, rooted in the Catholic faith, and Christian values.**



Happy Birthday (February 7<sup>th</sup>) to our pastor, Father Ben!

Please continue to lift his complete healing in your prayers. If you'd like to send him a birthday card, you may drop one by the parish office. There are also spiritual bouquet cards available on a table in the church's narthex. Thank you, Father Ben, for your "yes!"

### Letter from our Principal

Dear St. Mark's Families,

Can you believe we are halfway through the third quarter?! Time flies when we are learning! Please be sure to check your PlusPortals account to check your child's progress. If you have any questions or concerns, please do not hesitate to reach out to their teachers. We are here to work in partnership with you. **Report Cards** are visible in Plus Portals.



**Catholic Schools Week** was a beautiful time to focus on the many blessings of Catholic Education. The kindergarteners did a beautiful job hosting Mass, our 6th-grade music cantor, Bryden, and the school choir led us all in song (without an accompanist!), we prayed a decade of the rosary each day, held a penny war to raise money for Catholic Relief Services and Lenten retreat, enjoyed special dress-up days, and reflected on how grateful we all are to be part of the St. Mark's Community. Thank you for choosing a Catholic education at St. Mark's for your family!

### **Re-Enrollment**

Next week, please look for information regarding re-enrollment for next year. In March, we will open up enrollment to new families. A huge thank you to our student council members for providing numerous tours to prospective families last Sunday.

### **Journey with Us**

We are getting ready to get "On the Road Again" with our Journey to revitalize our

school. Please look for an exciting announcement soon!

Please be sure to read the COVID Update below. We are thrilled that the number of cases reported this week is few. Please join me in praying that this trend continues.

Have a blessed weekend.

Peace,  
Donna Gordon

**THIS NEWSLETTER CONTAINS A LOT OF INFORMATION, AND THE LENGTH OF THE NEWSLETTER CAUSES IT TO BE TRUNCATED.**

**LOOK FOR THE LINK AT THE BOTTOM OF THE EMAIL THAT SAYS "VIEW ENTIRE MESSAGE" TO EXPAND THE EMAIL, OR [CLICK HERE TO VIEW NEWSLETTER ON OUR WEBSITE.](#)**

## Revitalization News

### REVITALIZING OUR PARISH SCHOOL *Journey with Us* PHASE II

As we come to the end of National Catholic Schools Week, we want to take a moment to express our gratitude. At St. Mark's, educating young disciples in mind, body, and spirit has been the tradition for over 54 years. We are forever grateful to those who built our school and created a legacy we can all be proud of and be inspired to continue!

Thank you, St. Mark's, for your support of our parish school and the journey we've been on. Please stay tuned for an exciting announcement regarding our school in the coming weeks! We are SO excited to travel together on our journey towards revitalization.



*Excitement the first time our 5th graders got to see their future classroom during construction*



*First day of class in the new classroom*

**For more information about how to participate in the Journey with Us campaign, please contact Kathleen Brinegar in the School Office at 208-375-6654.**

## **COVID News**

### **Cases Numbers**

**This Week** (students/staff) **Last Week**(students/staff)

4/0 19/1

We continue to face many challenges due to the surge of COVID cases. We are still highly recommending that mask be worn indoors. The flu and a stomach virus are spreading through classrooms in addition to COVID. Prior to the Omicron variant, we were confident that we had zero cases of transmission within the school. It is very likely that we have had transmission from student to student, but can't say for certain.

### **Absentee Rates**

**This Week** **Last Week**

4.5% 4%

We are struggling to find substitutes when teachers are out sick. We are blessed to have instructional aides who can substitute when needed, but if we reach a 25% threshold OR can't find substitutes, we may consider combining classes or canceling school.

### **Masking**

Masks will remain optional next week; however, it is important to note that if a class has multiple cases of COVID and/or students with symptoms, masks will be required for up to five days. This week 5 classrooms were required to mask.

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**Click [here](#)** to view St. Mark's Covid-19 Illness Protocols

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Are you experiencing COVID-19 symptoms?

They include:

(One or more of these symptoms that is a new onset or is an increase in severity)

- » New or unusual headache\*
- » Nausea, vomiting\*, diarrhea\*, or loss of appetite
- » Cough\*
- » Sore throat\*
- » Fever\* (100.4°F or 38°C) without having taken any fever-reducing medications, such as acetaminophen or ibuprofen.
- » Loss of smell or taste\*
- » Fatigue
- » Congestion or runny nose
- » Chills
- » Shortness of breath
- » Muscle aches

\*The presence of any of these symptoms generally suggest a student, teacher, or staff member has an infectious illness and should not attend school, regardless of whether the illness is COVID-19. Individuals should not be at the school in-person if they identify new development of any of these symptoms. If the individual is yet to be vaccinated (unvaccinated) they should not be at the school in-person if household members identify new development of these symptoms.

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**Let's all continue to practice the 3 W's**

wash your hands, watch your distance, and wear your mask

We are partnering with the Central District Health to provide free COVID-19 testing for all of our students, faculty and staff. The COVID-19 test is comprised of a saliva based PCR test supplied by VAULT. If you have questions about this test, please contact the School Office @ 208-375-6654 or email [schooloffice@stmarksschoolboise.com](mailto:schooloffice@stmarksschoolboise.com).

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We have created a spreadsheet with weekly updates of COVID information for St. Mark's School, which will be updated automatically with new information. [Click here](#) to view the spreadsheet. It is also available for viewing on our website under the COVID Updates/Resources tab.

## Student Spotlight

### Catholic Schools Week



Penny Wars

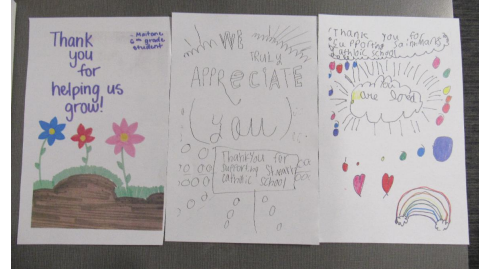


"I am Thankful for my Catholic School Community because..." Coloring Contest





Our Lunchroom Volunteers as their future selves



Parking Lot Rally Thank you Notes



Monday was Pajama Day



Mrs. Curtis' class presented at Student Body Mass this week



Tuesday was "What I Want to be When I Grow Up" day

## Lion Pride Recognition



# LionPRIDE

Practice  
MAKES  
Saints

	CLASSROOM	HALLWAYS	LUNCH ROOM	PLAYGROUND	BATHROOMS	CHURCH
<b>PERSEVERANCE</b> <i>Every Day - Every Time</i>	Be Prepared Be On Time Be On Task Be Present	Be Timely Be Courteous Model Good Behavior Walk Slowly	Use Your Manners Be Patient Wait to be Excused	Be Safe Obey the Rules Play Fair Share Space & Equipment Be a Good Sport	Throw Away Trash Keep it Clean Flush Toilet Wash Hands	Be Engaged Pray, Not Play Behave Appropriately
<b>RESPECT</b> <i>Others, Self &amp; Property</i>	Be Positive Listen to Others Be Prompt Follow Dress Code Care for School Property	Be Quiet Keep Your Hands to Yourself Keep Clean	Clean up Messes Share Space Eat Only Your Food Keep Voices Low Keep your Hands to Yourself	Use Kind Words Use Equipment as Intended Keep Your Hands to Yourself	Give Others Privacy Use Appropriate Volume	Listen Attentively Enter and Leave Quietly Treat Church Materials with Care
<b>INTEGRITY</b> <i>Honesty in All You Do</i>	Be Honest Be Accountable Do Your Own Work Set & Meet Goals Honor Due Dates	Do the Right Thing Respect Posters & Displays	Use Manners Don't Be Wasteful Pay for Purchases	Notify Staff if Problems Arise Follow Staff Directions	Return to Class Promptly & Quietly Report any Inappropriate Behavior Use at Appropriate Times	Be Kind Be on Time
<b>DISCIPLINE</b> <i>Following Jesus' Example</i>	Support Others Cooperate with Others Be Honest Share Christ's Love	Help Others in Need Say Thank You to Our Custodians	Sit by Those Sitting Alone Engage in Appropriate Conversations	Encourage Others to be Kind Be Inclusive Lead by Example Help Others When Needed	Use Only as Needed Report Supply Shortages Clean Up After Yourself	Be Reverent Actively Participate Be Involved Show Appreciation
<b>EXCELLENCE</b> <i>Strive for Success</i>	Do Your Very Best Work Challenge Yourself Learn Beyond the Classroom Ask Questions	Set a Good Example Greet People Politely	Follow Cafeteria Rules Use an Inside Voice	Solve Issues in a Peaceful Manner Line Up on Time Stay in Assigned Areas	Use During Non-Instructional Times Report Problems to an Adult	Be the Best Version of Yourself Follow Dress Code for Mass

SAINT MARK'S  
CATHOLIC SCHOOLS

## Congratulations to this week's winners:

Elliott C, Celeste D, Emory N, Tyler C, Saoirse C, Patrick N, Adrean D, Carter E, Alexa B, Catalina C, Kate L, Frances C, Kinley P, Kobe K, Layla R, Maika P, Maddie K

## Weekly Calendar

### Friday, February 4

Progress Reports issued on PlusPortals  
Teacher Inservice - No School

### Sunday, February 6

Mrs. Schuette's Birthday

### Monday, February 7

National School Counseling Day  
Fr. Ben's Birthday

### Tuesday, February 8

6:30 p.m. Quarterly Foundation Meeting in Church Library

### Wednesday, February 9

8:30 a.m. Student Body Mass - Ms. Gordon's 4th grade

### Friday, February 11

Spirit Day  
Mrs. Lee's Birthday

### Saturday, February 12

Ms. Murray's Birthday

## Upcoming Events

### **Monday, February 14**

Happy Valentine's Day

SOS presentations for MS students by Ms. Jen

5:30 p.m. School Board Meeting (tentative)

### **Wednesday, February 16**

8:30 a.m. Student Body Mass - Ms. Murray's 1st grade

6:30-8:00 p.m. 1st Communion Reflection 4

7:00 p.m. Home & School Meeting

### **Thursday, February 17**

Mr. Enrico's Birthday

Dinner Auction Dress Up Day - Wear Mardi Gras colors, beads & masks

## Home & School

### **Tickets are on Sale Now!**

Join us on February 26th, 2022 for a Mardi Gras Soiree at The Boise Centre for a night of Dinner, Auction, and Entertainment! We look forward to seeing everyone in Mardi Gras outfits!

Here is the link to purchase your tickets now:

**<https://stmarksboise.afrogs.org/#!/tickets/event>**

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REMINDER: All families are required to donate 6hrs of time to the dinner auction this year. You can also donate \$20 for every 1hr if you want to buy out your time!

We are still looking for:

- Gift card donations to any locations
- Donations towards an AKC papered Labrador Puppy as there is a bit of a cost associated with adoption.

If you would like to donate towards either of these options, please drop off a check or gift cards with the front desk and leave for Emily Stech or email **[eabuyuans13@gmail.com](mailto:eabuyuans13@gmail.com)** to make other arrangements.

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Calling all businesses and owners!





<https://stmarksboise.afrogs.org/#/tickets/event>

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Attached is a **fillable copy of the Dinner Auction Raffle Tickets** where you can fill in the form by typing Name, Phone, etc. and the **Dinner Auction Raffle Tickets** that are completed by writing in the information.

### Volunteer Opportunities

Still need volunteer hours for the Dinner Auction? Are you creative and good with Power Point and Word? We are looking for a volunteer to build out a slide show and auction program for the dinner dance!!

If interested, please Emily Stech [eabuyuans13@gmail.com](mailto:eabuyuans13@gmail.com)

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Do you want to help plan a really fun party?

The auction is our school community's biggest fundraising and community building event of the year! We are looking for two people interested in co-chairing next year's (2022-23) school auction. We have an experienced group of people who have worked on the school auction in the past and are willing to assist the co-chairs. We can put you in contact with this year and last year's team to help you get started and mentor you along the way.

Please contact Susanne Lankford at 208-391-0761 or [homeandschool@stmarksschoolboise.com](mailto:homeandschool@stmarksschoolboise.com) if interested in co-leading the auction next year.

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Volunteers are needed for this year's Hallissey Basketball Tournament. Time spent volunteering counts toward Volunteer Hours.

**Hallissey Tournament 2022- volunteer sheet**

### Lunch Room Volunteers

#### NEXT WEEK'S LUNCH HELPERS

Monday (7)—Johnson

Tuesday (8)—Webster, Dunlap, Coldsnow, Johnson

Wednesday (9)—Anderson, LaMott

Thursday (10)—Peterson, Packer, Hudspeth, Lankford

Friday (11)—Duggan, Esparza, Antonoplos



St. Mark's offers a healthy, delicious hot lunch to students and staff EVERY FULL DAY OF SCHOOL!

4 LUNCHROOM HELPERS ARE NEEDED EACH DAY from 10:45-12:30 to load lunches on to trays and deliver the trays to the classrooms. Volunteers are given a free lunch.

Please call (208) 375-6654 or email the School Office to volunteer.

Daily Lunch Schedule: 11:15 a.m. (PS-2); 11:35 a.m. (3-5); 12:00 p.m. (6-8)

## News

**No school on Friday, February 4, due to Teacher Inservice.**

**Monday, February 21 is President's Day, school holiday.**

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Dinner Auction Mardi Gras Dress up Day is Thursday, February 17. Students may wear mardi gras colors, beads and masks.

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It's time to sign up for this Spring's T-ball season, which will start on April 18. The Catholic School League is open to all children ages 4-7. We play the other Catholic School's teams. Deadline for registration forms is April 1. **Click here** to download the registration for for T-Ball.

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Next week is National School Counseling Week. Thank you Dr. Joe and Ms. Jen for all you do for our school and our students.

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**St Mark's School Foundation** - As we enter a new year, we ask you to consider supporting the works of St. Mark's Catholic School and its mission to develop disciples of Christ as part of your annual giving through the St. Mark's School Foundation. A Catholic education provides an enriching experience for students and a Catholic education at St. Mark's engages the students in a community that fosters academic excellence rooted in the Catholic faith and Christian values. The Foundation's mission is to provide accessibility to a quality Catholic education to students and families that would not otherwise be able to attend our school. This mission wouldn't be possible without support from generous donors like you. Through your generosity the Foundation was able to contribute over \$50,000 to St. Mark's School for scholarships and tuition assistance in 2021. Example gifts include direct gifts to the Foundation, contributions to the Journey with Us Phase II capital campaign, using AmazonSmile, etc. You can learn more at <https://drive.google.com/file/d/19nb5qdhsaZOm9gg3RfURUCPbYpC9yZVz/view?usp=sharing>

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### **Compassion Bags Item Collection-starting next week-March 1st**

For our Lenten Retreat this year, our students will be collecting and putting together Compassion Bags for the homeless shelters in town. We'll put boxes in each classroom to collect these items, beginning next week. We are hoping for each student to make one bag-- that's about 300 bags. If your students can bring more than one of each item, that would be great! Thank you families for their generosity.

## Grade Compassion Bag Item

Preschool - Pack of Chapsticks  
Kindergarten Jensen - Travel Size Tissue  
Kindergarten Curtis - Travel Size Tissue  
1<sup>st</sup> Newman - Travel Size Lotion  
1<sup>st</sup> Murray - Travel Size Lotion  
2<sup>nd</sup> Hite - Travel Size Hand Sanitizer  
2<sup>nd</sup> Mullin - Travel Size Hand Sanitizer  
3<sup>rd</sup> Jankowski - Travel Size Wipes  
3<sup>rd</sup> Russell - Travel Size Wipes  
4<sup>th</sup> Gordon - Travel Size Toothbrush & Toothpaste  
4<sup>th</sup> Ouimet - Travel Size Toothbrush & Toothpaste  
5<sup>th</sup> Behrend - Water Bottles/Snack Bars  
6<sup>th</sup> Czarniecki - Travel Size Deodorant  
6<sup>th</sup> Enrico - Travel Size Deodorant  
7<sup>th</sup> Schuette - Box Band-aids  
7<sup>th</sup> Groninger - Box Band-aids  
8<sup>th</sup> McCurdy - Travel Size All-in-One (Shampoo/Cond./Body Wash)  
8<sup>th</sup> Martin - Travel Size All-in-One (Shampoo/Cond. /Body Wash)

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**\*\*Rescheduled\*\*** St. Mark's, it's your "knight" at the Bishop Kelly Gym. You are invited to cheer on the BK Knights boys basketball team as they take on Caldwell at 7:30 on February 11 in the Carley Center. Students, wear your school gear and you will get into the game free and get a coupon for a free bag of popcorn. We can't wait to see you at the gym! Go Knights!

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Congratulations to St. Mark's School graduates and BK seniors who participated in National Signing Day. These student athletes in the Class of 2022 have committed to continue their athletic careers at the following colleges and universities next year:

Tyler Stoker - XC/Track @ Hawaii Pacific University  
Morgan Sauerwein - Track @ Aquinas College, Michigan  
Makayla Stoker - Softball @ Montana State University - Billings  
AJ Jones - Baseball @ Clark College, Vancouver, WA

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# Catholic Connected Parenting Class

## Is your family interested in participating in a Catholic Parenting Class?

**What:** A whole family parenting class that focuses on trust-based and attachment parenting and Catholic identity. Includes a children's program for children 4+ years and childcare for 0-3 years.

Week 1: Overview  
Week 2: Brain Development  
Week 3: Attachment  
Week 4: Connection  
Week 5: Empowerment  
Week 6: Discipline  
Week 7: Correction  
Week 8: Putting it All Together

**When:** March 28 to May 16, 2022  
Monday nights, 6:30-9:00PM

**Where:** St. Mark's Catholic School  
7503 W Northview, Boise

**Cost:** \$150 (includes course, materials, snacks, and babysitting)



## How does our family sign up?

An electronic survey is required before any family is accepted to participate in the class. Once the survey is completed, you will be contacted with news of your acceptance.

**Registration deadline: 3/20/22**

**Click here to register:**

[Registration Link](#)

## For more information:

Contact: Jodi Fulford

Email: [jfulford@rcdb.org](mailto:jfulford@rcdb.org)



**Click here** to register for the Catholic Connected Parenting Class.

## Catholic Business Breakfast

Catholic business owners and professionals are invited to a morning of fellowship and networking on Tuesday, February 15th from 8:00-9:30 a.m at 4T Sports Bar in Nampa. You'll be inspired by a presentation by Mr. James Ennis, Executive Director of Catholic Rural Life. He will share about the Vocation of the Agricultural Leader. For more information and to register go to [saltandlightradio.com](http://saltandlightradio.com) or call Keith at 208-869-1498.

## TVCS Events/Sports

### Basketball

#### Boys 7B

Monday, 02/07/22 @ Summitvue Middle School @ 4:15 PM

Wednesday, 02/09/22 vs. South Middle School @ 4:15 PM

Thursday, 02/10/22 vs. Kuna Middle School Home @ 4:15 PM

#### Boys 7A

Wednesday, 02/02/22 vs. East Valley Middle School @ 5:15 PM

Monday, 02/07/22 @ Summitvue Middle School @ 5:15 PM

Wednesday, 02/09/22 vs. South Middle School @ 5:15 PM

Thursday, 02/10/22 vs. Kuna Middle School @ 5:15 PM

#### Boys 8A

Monday, 02/07/22 vs. Summitvue Middle School @ 5:15 PM

Wednesday, 02/09/22 @ South Middle School @ 5:00 PM

Thursday, 02/10/22 @ Kuna Middle School @ 5:15 PM

### **Boys 8B**

Wednesday, 02/02/22 @ East Valley Middle School @ 4:15 PM

Monday, 02/07/22 vs. Summitvue Middle School @ 4:15 PM

Wednesday, 02/09/22 @ South Middle School @ 4:00 PM

Thursday, 02/10/22 @ Kuna Middle School @ 4:15 PM

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**IDAHO CATHOLIC SCHOOLS  
INVITATIONAL**

**2022  
BASKETBALL  
TOURNAMENT**

**BOYS - GIRLS - COED**

**JUNIOR: 3RD - 4TH  
SENIOR: 5TH - 6TH**

**Location:  
Bishop Kelly High School  
And  
Treasure Valley Athletic Center  
Boise, Idaho**

**contact: Cheryl Hutchinson**  
**chutchinson@bk.org or:**  
**<https://bit.ly/icsi2022>**

**COST  
\$355  
PER TEAM**

**March  
18,19,20**

**1st Annual**

LOCAL ALL PROFITS BENEFIT  
CATHOLIC SCHOOL CHILDREN

2022  
Idaho Catholic Schools  
INVITATIONAL

QR code

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### **Spring Sports will start March 14th**

After registering, you will receive an email from your coach with season details around the 1st of March.

Here is a registration links:

**Track:** <https://payit.nelnet.net/form/RfeXfivq>

- 6th-8th

- Practices are held at Bishop Kelly High School

- Track Meet schedule is not finalized. Will be posted on TVCSathletics.com website.



**Tennis:** <https://payit.nelnet.net/form/DGTV2Bcl>

- 6th-8th

- Practices are held at Julia Davis Park Tennis Courts (downtown Boise)

- Game Schedule can be found at at TVCSathletics.com

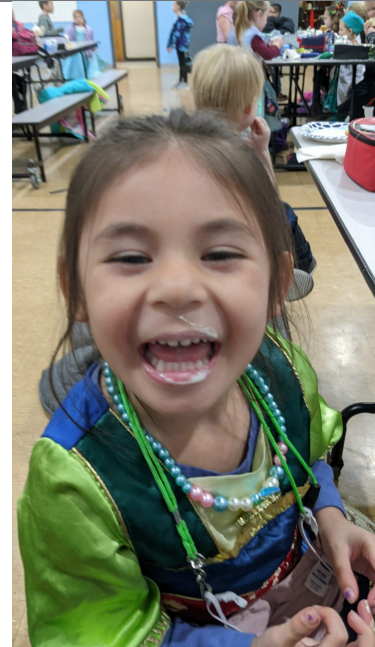
**Also here is an opportunity for a Club Lacrosse:**

Hello parents and welcome to a new year and a new middle school lacrosse season. This initial email is going out to returning players and those that have either been in contact with Coach Ball at BK or our Bapital (Borah/Capital) partner team.

I have attached our one page flier to provide the basic information and I have included an initial registration link below which should take you to a google docs form to complete.

**Google Doc Registration Link**

## Preschool Happenings



Lunchtime faces and silly places! We had so much fun celebrating Catholic Schools Week. We are thankful and blessed to be a part of St. Mark's Catholic community! Thank you for choosing St. Mark's.



### **Church Connection**

If you would like to receive the Parish Newsletter **text** BOISESTMARKSNEWS to 42828 to sign up **OR Click here** to sign up.



Dear St. Mark's Family,

We'd like to ask you to take a few minutes to reflect on the past year and to indicate how you've grown in your walk with the Lord. If you're new to our St. Mark's family and did not take the first survey, your responses are still very important to us! Every voice matters!

CLICK THE IMAGE ABOVE TO TAKE THE SURVEY.

## Notes from the Nurse



### **February is National Dental Health Month**

This week, January 31st - February 4th is **Give Kids A Smile** Week!

- *Idaho State Dental Association* celebrates this event by offering any child (under the age of 18) with no dental insurance a FREE cleaning and basic oral health education - fillings and further work are your discretion. If you would like to participate you can register your child here: [https://gkas.ada.org/sign-up?\\_ga=2.184127716.371557203.1642101010-33184798.1642101010](https://gkas.ada.org/sign-up?_ga=2.184127716.371557203.1642101010-33184798.1642101010)

Please reach out with any questions.

[rachel@theisda.org](mailto:rachel@theisda.org)

208-515-7541

For questions related directly to the GKAS website/ login/ supplies, ect. please email [gkas@ada.org](mailto:gkas@ada.org).

- The Saint Alphonsus School Health Program is also thrilled to be working with Delta Dental and Southwest District Health to provide dental health education for our students. Developing good dental health habits include:

1. Scheduling regular dental visits
  2. Brushing twice a day with fluoridated toothpaste
  3. Asking your child's dentist to apply dental sealants when appropriate
- All help children to get a good start on a lifetime of healthy teeth and gums.

### **Saint Alphonsus School Health Program**

Through the St. Alphonsus School Health Program, Mrs. Fuchs, our school nurse, is at St. Mark's on Thursdays and Mrs. Placido, CNA, SASHP Assistant is here on Tuesdays.



## Notes from the Counselor

4 things to have your children focus on this week:

### **1. Building Wonderful Futures.**

How can you build your future and make it wonderful in the process? It starts with setting a goal for where you want to be tomorrow, next month, next year and beyond and steadily working toward that goal. The great artist Michelangelo famously said, "The greatest danger for most of us is not that we aim too high and we miss, but that it is too low and we reach it." What are your goals? What is standing in your way?

### **2. Positive Attitudes.**

Many things can get you down: hard classes, friendship troubles, family problems, and not understanding where you fit in. When you're faced with tough times, it's very easy to lose focus and become distracted by the present. The future seems so far away, but it's not. In his book, "Where the Sidewalk Ends," writer Shel Silverstein talks about overcoming the things that can get you down: "Listen to the mustn'ts, child. Listen to the don'ts. Listen to the shouldn'ts, the impossibles, the won'ts. Listen to the never haves, then listen close to me ... Anything can happen,

child. Anything can be.” At times it might not seem this way, but you have more control over your future than you think.

### **3. Dreams into Reality.**

America is a nation of innovators: people with big ideas who want to change the world. Think for a moment about the innovations in technology that have come during your lifetime: smartphones, social networking (Facebook, Instagram, Pinterest), streaming TV and movies. Those are just a few. Albert Einstein, the great scientist, believed the best ideas usually are the ones that people don’t think will work. “If at first the idea is not absurd, then there is no hope for it,” he said. Steve Jobs, the founder of Apple and the visionary behind many of the innovations I just mentioned, famously said, “Innovation distinguishes between a leader and a follower.” Einstein and Jobs took their ideas and dreams and turned them into reality. You can, too.

### **4. Overcoming Challenges.**

The inventor Thomas Edison said, “Our lives are not determined by what happens to us but by how we react to what happens, not by what life brings to us, but by the attitude we bring to life. ... There are two types of people: those who fear failure so they never try and those who fear failure so they never quit.” Don’t let others get you down. As “Winnie the Pooh” A.A. Milne once wrote, “You’re braver than you believe, and stronger than you seem, and smarter than you think.” And finally, these words from Thomas Jefferson, author of the Declaration of Independence and the third president of the United States: “I like the dreams of the future better than the history of the past.”

Joe Lipetzky Psy.D.

Ms. Jen Boehm. LCPC

Dr. Joe Lipetzky, our school psychologist, is at St. Mark’s on Monday and Friday mornings.

Mrs. Jen Boehm, our school counselor, is at St. Mark’s on Mondays, Wednesdays and Thursdays.