

Volume 7, Issue 35- May 19, 2023



St. Mark's Catholic School Vision

St Mark's Catholic School is dedicated to educating student disciples in body, mind and spirit, through the collaboration of families, community and the Church.

Our Mission

St. Mark's Catholic School is a ministry of St. Mark's Catholic Community that fosters academic excellence, rooted in the Catholic faith, and Christian values.

Letter from our Parochial Vicar

Dear friends and families of St. Mark's,



This weekend we celebrate the solemnity of the Ascension of the Lord. After his resurrection, Christ appeared to his disciples, and on the fortieth day, before their eyes, he ascended into heaven from the Mount of Olives. The term "Ascension of the Lord" comes from the description given by St. Luke in the Acts of the Apostles (Acts 1:9-11). The Evangelists write little about this fact. St. Matthew does not mention the ascension at all, St. Mark mentions laconically: "After talking with them, the Lord Jesus was taken up to heaven" (Mk 16:19). St. John mentions in the form of a prophecy. The place of Jesus' ascension was the Mount of Olives. From this mountain, where Christ's Passion began, his glory also began. Jesus instructed the Apostles "not to leave Jerusalem, but to wait for the fulfillment of the promise of the Holy Spirit" (Acts 1:4-5). Returning to Jerusalem, the Apostles "with one accord devoted themselves to prayer together with the women, Mary the mother of Jesus, and his brothers" (Acts 1:14).

The Lord Jesus lived the mystery of his Ascension long before it happened. At the Last Supper, he directly announces his departure to the heavenly Father. He even motivates the necessity of his departure:

- Jesus, seeing that his hour had come to pass from this world to the Father, having loved his own in the world, loved them to the end... knowing that... he came from God and is going to God (Jn 13: 1. 3)
- In my Father's house, there are many mansions. If it wasn't, I would have told you. I'm going to prepare a place for you. And when I go and prepare a place for you, I will come again and take you to myself, that where I am you may also be (John 14:2-3)
- You have heard what I said to you: I am leaving and I am coming to you again. If you loved me, you would rejoice that I am going to the Father (John 14:19, 28)
- I tell you the truth: it is to your advantage that I go away because if I do not go away, the Helper will not come to you... And if I go away, I will send Him to you... I came from the Father and came

into the world; I am leaving the world again and going to the Father (John 16:5-7.28)

Ascension into heaven is the day of Christ's royal enthronement, the triumph that God the Father prepares for his Son. Hence the joy in the liturgical texts. It is also a pledge of Christ's second coming: "This Jesus, taken up from you into heaven, will come in the same way as you saw him go into heaven" (Acts 1:11). Christ will return for the final triumph of good: he will return to give everything to his Father, to gather everyone and everything in the Church. The Ascension is not only the final and solemn exaltation of Jesus of Nazareth but also the pledge and guarantee of exaltation, elevation to the glory of human nature. Our Christian faith and hope are strengthened and confirmed today because we are invited not only to reflect on our own smallness, weakness, and poverty but also on that transformation greater than creation itself, the "transformation" that Christ brings about in us when we are united to him by grace and the sacraments.

Dear brothers and sisters, let us rejoice that God is always faithful to his promises and his word. He never abandons us but always gives us strength and courage with his grace to persevere in faith and one day be reunited with Him in the Heavenly Kingdom.

With prayers and friendship,
Fr. Adrian

Letter from our Principal



Dear St. Mark's Families,

Can you believe this is the last Friday of the school year? We have an action-packed three-and-a-half day next week to wrap up an awesome 55th anniversary school year. This a reminder that we will not have a Wednesday school Mass. Our last school mass will be Thursday at 8:30. This is a special Mass where teachers will reflect on how their students met their call to discipleship throughout the year - all are invited.

Congratulations to our 47 graduates! The graduation ceremony on the 17th was bittersweet as we said goodbye not only to our 8th graders but to 28 families who no longer have children at St. Mark's. We wish our graduates the best of luck in high school and express gratitude to our families who have supported St. Mark's over the years.

Please be sure to read this edition of Friday Facts to discover next week's events, find volunteer opportunities, and important announcements. We are still seeking volunteers to help move the Library, Kitchen, and PE items. It is a great way to complete this year's hours or get a jump start on next year.

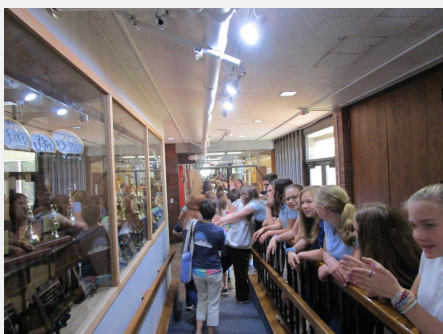
I pray you have a beautiful weekend.

Blessings,
Donna Gordon

THIS NEWSLETTER CONTAINS A LOT OF INFORMATION, AND THE LENGTH OF THE NEWSLETTER CAUSES IT TO BE TRUNCATED.

LOOK FOR THE LINK AT THE BOTTOM OF THE EMAIL THAT SAYS "VIEW ENTIRE MESSAGE" TO EXPAND THE EMAIL, OR [CLICK HERE](#) TO VIEW NEWSLETTER ON OUR WEBSITE.

Student Spotlight



**8th Grade Graduation Walk -
St. Mark's School
Class of 2023**



SAINT MARK'S 8TH GRADE 2022-2023



We say goodbye to these families who are graduating their last child from St. Mark's School:

Achabal, Aguilera, Bockenstette, Brady, Bunker, Cepek, Chapman, Clark, Cole, Cox, Druist, Goss, Hannon, Hudspeth, Klover, Lipetzky, Milward, Mullin, Myler, Perry, Pritchard, Punnoose, Sanchez, Silvers, Stoker, Webster and Wegner

Remember that our doors are always open for visits from former students and their families.

Lion Pride Recognition



LionPRIDE

Practice
MAKES
Saints

	CLASSROOM	HALLWAYS	LUNCH ROOM	PLAYGROUND	BATHROOMS	CHURCH
PERSEVERANCE <i>Every Day - Every Time</i>	Be Prepared Be On Time Be On Task Be Present	Be Timely Be Courteous Model Good Behavior Walk Slowly	Use Your Manners Be Patient Wait to be Excused	Be Safe Obey the Rules Play Fair Share Space & Equipment Be a Good Sport	Throw Away Trash Keep it Clean Flush Toilet Wash Hands	Be Engaged Pray, Not Play Behave Appropriately
RESPECT <i>Others, Self & Property</i>	Be Positive Listen to Others Be Prompt Follow Dress Code Care for School Property	Be Quiet Keep Your Hands to Yourself Keep Clean	Clean up Messes Share Space Eat Only Your Food Keep Voices Low Keep your Hands to Yourself	Use Kind Words Use Equipment as Intended Keep Your Hands to Yourself	Give Others Privacy Use Appropriate Volume	Listen Attentively Enter and Leave Quietly Treat Church Materials with Care
INTEGRITY <i>Honesty in All You Do</i>	Be Honest Be Accountable Do Your Own Work Set & Meet Goals Honor Due Dates	Do the Right Thing Respect Posters & Displays	Use Manners Don't Be Wasteful Pay for Purchases	Notify Staff if Problems Arise Follow Staff Directions	Return to Class Promptly & Quietly Report any Inappropriate Behavior Use at Appropriate Times	Be Kind Be on Time
DISCIPLESHIP <i>Following Jesus' Example</i>	Support Others Cooperate with Others Be Honest Share Christ's Love	Help Others in Need Say Thank You to Our Custodians	Sit by Those Sitting Alone Engage in Appropriate Conversations	Encourage Others to be Kind Be Inclusive Lead by Example Help Others When Needed	Use Only as Needed Report Supply Shortages Clean Up After Yourself	Be Reverent Actively Participate Be Involved Show Appreciation
EXCELLENCE <i>Strive for Success</i>	Do Your Very Best Work Challenge Yourself Learn Beyond the Classroom Ask Questions	Set a Good Example Greet People Politely	Follow Cafeteria Rules Use an Inside Voice	Solve Issues in a Peaceful Manner Line Up on Time Stay in Assigned Areas	Use During Non-Instructional Times Report Problems to an Adult	Be the Best Version of Yourself Follow Dress Code for Mass

SAINT MARK'S
-CATHOLIC SCHOOL-

Congratulations to this week's winners:

Vivian P (2), Amaia W, Espyn S, Cailyn J, Jayden N, Felicity Q, Emma B, Livvie V, Audrey P (2), Kalena J, Amaia W, Evelyn W, Laura B, Cailyn J, Adam G

Weekly Calendar

Tuesday, May 23

Field Day

Wednesday, May 24

No Student Body Mass

Kindergarten Graduation

3:30-6:30 p.m. Treasure Valley Skate Community Event

Thursday, May 25

8:30 a.m. Last Student Body Mass presented by Staff

11:00 a.m. Dismissal for Last Day of School

BK Baccalaureate Mass

Upcoming Events



Schools out
for the Summer



ST MARK'S DAY AT TREASURE VALLEY SKATE

Wednesday, May 24

3:30-6:30 PM

Treasure Valley Skate

4712 W State St

Boise, ID 83703

SPECIAL REDUCED ADMISSION:

\$7 plus additional \$2.50 for skate rental

Don't forget your socks!

**PLEASE NOTE: THIS IS NOT A DROP OFF
EVENT. ALL CHILDREN MUST BE
SUPERVISED! THANK YOU!**

Saint Mark's Home & School
invites you to the first annual

Summer Pool Party

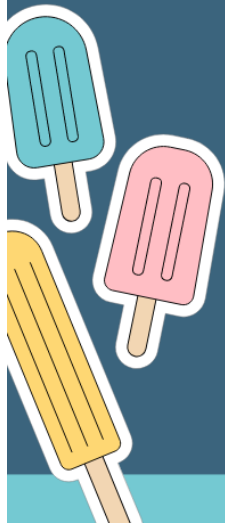
Reconnect with your classmates and swim at this private event, with lifeguards and Fairmont's Wubit inflatable. Popsicles provided for all!

FAIRMONT POOL

JULY 19, 2023

8:30PM TO 10:00PM

COST: FREE



Volunteer Opportunities



Field Day is Tuesday, May 23. [Click here](#) to volunteer set up, kitchen help, 8th grade volunteers (this event is after 8th grade graduation), K-4 playtime volunteers, grades 5-7 playtime volunteers and clean up helpers.

ALL VOLUNTEERS MUST HAVE TAKEN THE SEW CLASS.

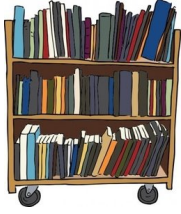


We are seeking volunteers to help clear the gym to prepare for the remodel this summer. Volunteers are needed May 24-30.

[Click here](#) to sign up.

Volunteer hours for construction can either be applied to the 22-23 or 23-24 school year. Please click on the link above to sign up to help.

Mrs. Rosania needs volunteers in the library any time during the school day to help scan and inventory books before the last day of school when the library is



packed up for the summer remodel. No experience necessary, come when you can. Get Volunteer Hours for your time helping.

Volunteers are also needed to help pack and move the library on the last day of school.

Click here to volunteer.

Lunch Room Volunteers

NEXT WEEK'S LUNCH HELPERS

Monday (22)—

Tuesday (23)—Storli, Garcia, Thometz, Barton, Hauck, Jower

Wednesday (24)—Anderson

St. Mark's offers a healthy, delicious hot lunch to students and staff EVERY FULL DAY OF SCHOOL!

4 LUNCHROOM HELPERS ARE NEEDED EACH DAY from 10:45-12:45 to load lunches on to trays and deliver the trays to the classrooms. Volunteers are given a free lunch.

Please call (208) 375-6654 or email the School Office to volunteer.

Daily Lunch Schedule: 11:15 a.m. (PS-2); 11:35 a.m. (3-5); 12:00 p.m. (6-8)

News

The last day of school is Thursday, May 25. We will have our last Student Body Mass at 8:30 a.m. that day then school dismisses at 11:00 a.m.

No Homework Club on the last day of school.



Thank you, Mr. Burkey

Seeking volunteers to mow the school grounds during the summer. Get a jump start on your Volunteer Hours for next school year.

Email Mr. Rossi for details.



Dear Families,

As our school year comes to a close, please know that the joy of reading goes on!

As you know, summer is a time when kids can experience a dip in their school skills from lack of practice—the dreaded Summer Slide. I've created a simple Summer Reading Challenge for your child(ren) to track their reading progress over the summer break; to motivate them to keep reading until we meet again in the Fall. Here's what you need to know:

- St. Mark's Summer Reading Challenge takes place from May 25 through August 15.

- **Print out a Tracker** (see attached) for each of your children.
- Put their name on the top and let them track the minutes they read, as well as the minutes you read to them or they read to their siblings. They can color in the sections (one for each 20 minutes of reading) or use stickers.
- Tracker sheets can be turned in to Mrs. Rosania/Library beginning August 17. They will be accepted through August 24.
- All students who track at least 500 minutes will receive a goodie bag. Those who finish all 1000 minutes will also receive a finisher certificate, bookmark, *and have their name entered into a drawing to have lunch with author W. Bruce Cameron (A Dog's Purpose), who will be visiting St. Mark's for a presentation at the end of August!*
- The class with the most finishers will be treated to donuts.
- There are many local reading programs (at the library, B & N, etc.) and the minutes tracked for them count for our challenge, as well. Double-dip all you like J

If you have questions, please call me through May 26 @ 208.375.6654.

Wishing you a fun summer! God bless you all,

Mrs. Rosania, School Librarian

With a heavy heart, I want to announce that I will not be returning to St. Mark's to teach for the 2023–2024 school year. After eight years in education, I have decided to explore new opportunities. In my three years here, not only have I grown in mind, body and spirit right along with my students, I have found a sense of community that I was desperately missing. While I am unsure where my journey will take me, I know I will have an amazing group of educators, staff, parents and students cheering and praying for me along the way. As always, thank you for sharing your amazing children with me, they have been the greatest blessing. I am forever grateful for the opportunity to be part of this incredible community, there is no place in the world I would rather teach.

With all the love,
Ms. Kayla Gordon
kmg313@gmail.com

~ Once a Gordon Goober always a Gordon Goober. This won't be the last you see of me.



Summer Art Class with Mrs. Czarniecki

Grades 4-8 (grade student is currently enrolled in)

Week of June 19-23 from 9:30 a.m.-12:30 p.m. daily
Cost is \$150 for a week of fun
Contact **Mrs. Czarniecki** with questions or to register.

TVCS Events/Sports

Click here for the TVCS athletic schedule.

BK SUMMER CAMPS

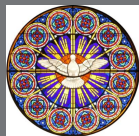
"Attention Families with Active Kids!"

BK offers all types of activity camps throughout the summer, and they are highly recommended by multiple families. The link for those camps is bkathletics.org/summercamp, where you will be able to register for all BK camps offered. Also, be aware that they may fill up, so if you're

Preschool Happenings



The preschoolers are working hard to learn all of their letter sounds! We have 21 out of 36 moving on to Kindergarten next year. Mrs. Curtis and Mrs. Jensen will love getting many of these Cubs next year.



Church Connection

If you would like to receive the Parish Newsletter **text** BOISESTMARKSNEWS **to** 42828 to sign up **OR** **Click here** to sign up.

Notes from the Nurse

End of Year Reminders from the Saint Alphonsus School Health Program:



1. Please arrange to pick up your child's medications from the school nurse's office before the last day of school. Any medications not picked up by the last day of school will be discarded.
2. Over the summer, please review your student's immunizations to determine if they are up to date. Submit updates or exemptions to the nurse as appropriate. The current Idaho immunization requirements can be accessed at Idaho Immunizations.
3. Please update your student's health status in FACTS if your student has any allergies or health conditions, and/or takes medications.
4. Stay safe and healthy! Don't forget to wear your helmets, lifejackets and sunscreen this summer.

~Your Saint Alphonsus School Nurses

COVID/Heath News

Children learn best when they are healthy and well-rested. Please, for your child's health and safety, and for the health and safety of others, keep sick kids home. If your child is experiencing any of the symptoms below and these symptoms are not attributable to any other condition they may have, then your child should stay home.

- A temperature of 100 or higher without the use of fever reducing medication
- Nausea, vomiting, diarrhea, or loss of appetite
- New uncontrolled cough that causes difficulty breathing OR a change in their cough from baseline for those with allergies/asthma
- New congestion or runny nose OR a change in symptoms from baseline for those with allergies/asthma
- Severe sore throat
- New or unusual onset of severe headache, muscle, or body aches
- Shortness of breath or difficulty breathing
- New loss of taste or smell
- New or unusual rash
- Pink eye with discharge not associated with diagnosed allergies

A student may return to school when:

- They are asymptomatic or symptoms have significantly improved
- There has been no vomiting, diarrhea, or fever for 24 hours without the use of medication
- They have been evaluated by a healthcare provider and cleared to return to school with a note from the provider
- They have been taking a prescribed medication for impetigo, strep throat, pink eye, or any other communicable conditions for 24 hours or per their healthcare providers instructions/recommendations

COVID-19 Testing and Positive Cases

- Consider testing if illness symptoms persist and/or your healthcare provider recommends testing, test results must come from a lab
- Report positive COVID-19 tests to the school
- Positive COVID-19 students must self-isolate/stay home for 5 full days, the first day of symptoms is considered day zero
- May return to school on day 6 if asymptomatic or with improving symptoms, masks recommended for another 5 days
- The school will no longer track, trace, or communicate positive cases in the facility

Notes from the Counselor

Hello Parents -

As summer vacation approaches, I'd like to encourage you to help your child practice some of the social-emotional skills we worked on this year. Without regular reinforcement, kids can lose some of the ground we've gained, much like they can lose ground in reading or math. The good news is that we use these skills all the time in day-to-day life, so there will be lots of opportunities to help your child practice. Here are some ideas:

Identifying and communicating feelings: Encourage your child to tell you how he/she is feeling (and

why!). Basic feeling words like mad, sad, happy, or worried are important, of course, but I also want them to learn degrees of feelings like annoyed, angry or furious. Ask him/her to pay special attention to things, people, or events that often bring up strong feelings. If we know what our “triggers” are, we can plan for potential problems ahead of time.

Noticing Feelings of Others: Can your child read body language? Can he or she tell when someone is happy or upset or bored? If so, can he or she make a smart guess about what happened to make the person feel that way? They can practice this skill in real life or by watching a video. Here we are laying the groundwork for empathy - the ability to truly understand other people’s feelings and points of view.

Recognizing the Size of the Problem: Should we have a screaming fit because someone else is using our pencil? NO! That’s a small problem! The size of our reaction should match the size of the problem. Sometimes we need reminding that a problem that seems huge is really not very big at all.

Self-Calming: This is very important, especially for children who are easily upset, angered, or worried. We spent a lot of time this year learning strategies for calming our bodies. It’s great to be able to calm down when really upset. And when we have several favorite tools to choose from, we can even use them to prevent upsets. Our A-Number-One tool? Deep breathing!

Watch for opportunities throughout the summer to talk about these skills or remind your child to use them. Have a wonderful summer vacation!

Sarah Lynch, School Counselor

Dr. Joe Lipetzky, our school psychologist, is at St. Mark’s on Monday and Friday mornings.

Sarah Lynch, our school counselor, is at St. Mark’s on Mondays, Tuesday, Wednesdays and Thursdays.



St. Mark’s School | 7503 W. Northview St., Boise, ID 83704

[Unsubscribe rvanpaepeghem@stmarksschoolboise.com](mailto:rvanpaepeghem@stmarksschoolboise.com)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent byrvanpaepeghem@stmarksschoolboise.comin collaboration
with



Try email marketing for free today!