



### St. Mark's Catholic School Vision

**St Mark's Catholic School is dedicated to educating student disciples in body, mind and spirit, through the collaboration of families, community and the Church.**

### Our Mission

**St. Mark's Catholic School is a ministry of St. Mark's Catholic Community that fosters academic excellence, rooted in the Catholic faith, and Christian values.**

### Letter from our Pastor

Dear Friends and Family of St. Mark's,

This year as we celebrate our 20th year of the sanctuary being built, we reflect on the amazing things our community has accomplished. We are so thankful for our St. Mark's community! A vibrant community that has lifted up our church through generations, celebrations, hardships, and trying economic times while continuing to keep Christ at the center of our focus.



I thank God for this community and all you have meant to me since I arrived. Bishop Christensen recently said at our 20th Anniversary Mass that "**St. Mark's is a special place and all roads (here in the Treasure Valley) lead to St. Mark's**". You and your faith are an inspiration to many throughout the diocese. Continue keeping Christ at the center of your heart.

P.S. I enjoyed talking basketball with many of the youth at the recent Hallissey Mass this last weekend. Congratulations to all teams who gave it their all while displaying great sportsmanship and making new friendships!

Your Pastor,

*Fr. Paul*

### Letter from our Principal

Dear St. Mark's Families,

This week, our community received the sad news of Mrs. Cooper's husband's death. We joined in prayer for the family on Thursday and created a [LINK](#) if families would like to provide a meal for the Cooper's.



**REGISTRATION is open for current families**

- Log into your FamilyPortal or **CLICK HERE**
- Click on Family on left panel
- Click on Apply/Enrollment
- Click on Enrollment/Reenrollment
- Click on "Click Here to Open Enrollment"

For Active St. Mark's Parish families, after you complete registration, you will be emailed the new Active In-Parish Tuition Benefit Application, which shares **new rules on ministry involvement**.

We want to thank Deacon Chris Privon for celebrating Adoration with us on Tuesday afternoon. Each class was able to spend time in our chapel in quiet reflection. The Shakespeare Theater Company performed two plays for us this week, one for K-5 and one for 6-8. Thank you to our awesome Home and School Association for providing these opportunities to our students.

Congratulations to all of our student athletes who participated in the Hallissey Tournament last weekend. They all showed great sportsmanship and Lion's Pride. Our 7th grade girls placed second and our 8th grade boys won 1st place! We are so grateful to our parents and alumni coaches who volunteered their time - Aaron Mann, James Jower, Daniel Newton, Matthew Johnson, Cheryl Hutchinson, Chris Baerlocher, Natalee McCormick, and Danielle Oversby.

Next Friday, our 8th graders will perform the Stations of the Cross at 1:30 and 6:00 at the church. I highly encourage everyone to attend. It is a beautiful way to celebrate the Lenten Season and prepare for Easter.

I pray you have a blessed weekend.

Peace,  
Donna Gordon



THIS NEWSLETTER CONTAINS A LOT OF INFORMATION, AND THE LENGTH OF THE NEWSLETTER CAUSES IT TO BE TRUNCATED.

LOOK FOR THE LINK AT THE BOTTOM OF THE EMAIL THAT SAYS "VIEW ENTIRE MESSAGE" TO EXPAND THE EMAIL, OR [CLICK HERE](#) TO VIEW NEWSLETTER ON OUR WEBSITE.

## Student Spotlight



Monserrath competed in Salt Lake as a gymnast this past weekend and she won two first place (Bars and Beam), one third place in general, and one 6th place in floor.

She passed to the finals and she won the 4th place against 146 golds competing and 15 gyms with gold athletes from northwestern. Out of all those she was 6th on beam. The top 8 golds per apparatus out of the 146 competed in finals. Competing against the top 8 golds on beam she then scored 4th.

## **Lion Pride Recognition**



# LionPRIDE

Practice  
MAKES  
Saints

	CLASSROOM	HALLWAYS	LUNCH ROOM	PLAYGROUND	BATHROOMS	CHURCH
<b>PERSEVERANCE</b> <i>Every Day - Every Time</i>	Be Prepared Be On Time Be On Task Be Present	Be Timely Be Courteous Model Good Behavior Walk Slowly	Use Your Manners Be Patient Wait to be Excused	Be Safe Obey the Rules Play Fair Share Space & Equipment Be a Good Sport	Throw Away Trash Keep it Clean Flush Toilet Wash Hands	Be Engaged Pray, Not Play Behave Appropriately
<b>RESPECT</b> <i>Others, Self &amp; Property</i>	Be Positive Listen to Others Be Prompt Follow Dress Code Care for School Property	Be Quiet Keep Your Hands to Yourself Keep Clean	Clean up Messes Share Space Eat Only Your Food Keep Voices Low Keep your Hands to Yourself	Use Kind Words Use Equipment as Intended Keep Your Hands to Yourself	Give Others Privacy Use Appropriate Volume	Listen Attentively Enter and Leave Quietly Treat Church Materials with Care
<b>INTEGRITY</b> <i>Honesty in All You Do</i>	Be Honest Be Accountable Do Your Own Work Set & Meet Goals Honor Due Dates	Do the Right Thing Respect Posters & Displays	Use Manners Don't Be Wasteful Pay for Purchases	Notify Staff if Problems Arise Follow Staff Directions	Return to Class Promptly & Quietly Report any Inappropriate Behavior Use at Appropriate Times	Be Kind Be on Time
<b>DISCIPLESHIP</b> <i>Following Jesus' Example</i>	Support Others Cooperate with Others Be Honest Share Christ's Love	Help Others in Need Say Thank You to Our Custodians	Sit by Those Sitting Alone Engage in Appropriate Conversations	Encourage Others to be Kind Be Inclusive Lead by Example Help Others When Needed	Use Only as Needed Report Supply Shortages Clean Up After Yourself	Be Reverent Actively Participate Be Involved Show Appreciation
<b>EXCELLENCE</b> <i>Strive for Success</i>	Do Your Very Best Work Challenge Yourself Learn Beyond the Classroom Ask Questions	Set a Good Example Greet People Politely	Follow Cafeteria Rules Use an Inside Voice	Solve Issues in a Peaceful Manner Line Up on Time Stay in Assigned Areas	Use During Non-Instructional Times Report Problems to an Adult	Be the Best Version of Yourself Follow Dress Code for Mass

SAINT MARK'S  
-CATHOLIC SCHOOL-

## Congratulations to this week's winners:

Halle R, Amaya P, Noelle G, Diana C, Ben N, Declan S, Austin S, Vincent A, Lincoln R, Dario S

## Weekly Calendar

### Saturday, March 2

Read Across America

### Wednesday, March 6

8:30 a.m. Student Body Mass presented by Ms. Ouimet's 4th grade

First Reconciliation for 2nd graders

Mrs. Anita Martin's preschool

### Friday, March 8

Spirit Day

1:30 and 6:00 p.m. 8th grade Living Stations of the Cross

## Upcoming Events

### Sunday, March 10

Daylight Savings Time starts, turn your clocks ahead 1 hr

Mrs. Dressler's birthday

### Monday, March 11

5:30 p.m. School Board Meeting

7:00 p.m. Home & School Meeting

Mrs. Hauck's birthday

**Tuesday, March 12**

6:30 p.m. Quarterly Education Foundation Meeting  
St. Mark's Community Night @ Eagle Road Zuppas

**Wednesday, March 13**

8:30 a.m. Student Body Mass presented by Mrs. Jankowski's 3rd grade

**Wednesday, March 14**

12:00-3:00 p.m. Student Adoration in the Chapel

**Friday, March 15**

End of Third Quarter - Noon Dismissal

9:45 a.m. Irish Dancers

Idaho Catholic Schools Invitational Basketball Tournament for grades 3-6

\$2 Wear Green Dress Up Day to benefit St. Jude's Children's Hospital

**Saturday, March 16**

Idaho Catholic Schools Invitational Basketball Tournament for grades 3-6

5:00 p.m. School Mass Hosted by Grades 3-6

**Sunday, March 17**

Idaho Catholic Schools Invitational Basketball Tournament for grades 3-6

St. Patrick's Day

**Monday, March 18-Friday, March 22**

Spring Break

**Wednesday, March 20**

6:30 p.m. Penance Service @ Church

**Home & School**



Announcing! Mother-Son event, April 28th @ Top Golf (tentative)! Help make it a fun, healthy competition, creating cherished memories. Parents/Grandparents of sons/daughters, attending or not, your involvement is crucial to success. Our biggest need currently is cash donations (every \$20 = 1 volunteer hour) and sponsorships to bring attendee costs down. Also, seeking help with various tasks (big & small), most easily done from home/office. A great way to meet new families! **Please review the opportunities and sign up here** to help strengthen school spirit and foster lifelong connections among St. Mark's families. Thank you for your support!

Shannon Wayne (408-221-9507 [Shannon.r.wayne@gmail.com](mailto:Shannon.r.wayne@gmail.com))

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Registration for the Daddy-Daughter Dance is now open! Click here to sign up:  
<https://forms.gle/MX1znfDhNCTyBshe8>

Click here if you would like to volunteer for this event or bring items to help the night sparkle: <https://www.signupgenius.com/go/20F044BAEA92AABFC1-47870894-daddy#/>

# DADDY DAUGHTER DANCE- BEJEWELLED

WHEN: SATURDAY, APRIL 6, 2024

TIME: 6:30- 8:30PM

LOCATION: ST. MARK'S SCHOOL  
GYMNASIUM

COST: \$20 (DAD + DAUGHTER)  
\$5 ADDITIONAL DAUGHTER

\*INCLUDES A BRACELET AND  
PHOTO OF DAD/DAUGHTER

\*ADDITIONAL PHOTOS  
AVAILABLE FOR \$5



# St. Mark's School

# FUNDRAISER NIGHT WITH CAFÉ ZUPAS



## LOCATION

2148 North Eagle Rd.  
Meridian, ID

## DATE & TIME

Tuesday, March 12  
4pm - 9pm

**Many ways to earn up to 25% for your organization:**

Dine-In or Curbside:

Let the cashier know you are with  
the fundraiser

Café Zupas Mobile App or Online Orders:

Select your fundraiser at checkout



*Order with the app*



[Volunteer Opportunities](#)



# SOUPER & SIMPLE MEAL

Home and School Association  
Invites you to a Fellowship Potluck  
St. Mark's Church  
Donaghue Hall  
After the 8th Grade Living Stations\*  
Friday, March 8th  
\*Stations begin at 6PM



Help is appreciated  
SignUp Genius Below  
<https://www.signupgenius.com/go/10C0849AEA72DA0FF2-souper1>

## Passion of Christ



**Click here** to sign up to help with this event, which is eligible for Volunteer Hours.

### Lunch Room Volunteers

#### **NEXT WEEK'S LUNCH HELPERS**

Monday (4)—Speck, Bauer, Glasgow, Perez  
Tuesday (5)—Bauer, Berry  
Wednesday (6)—LaMott, Gorney, Binns, Moylan  
Thursday (7)—Perez, Storli, Wise  
Friday (8)—Antonoplos, Gorney, Binns, Moylan

St. Mark's offers a healthy, delicious hot lunch to students and staff EVERY FULL DAY OF SCHOOL!



4 LUNCHROOM HELPERS ARE NEEDED EACH DAY from 10:45-12:45 to serve lunches and clean tables in the lunchroom. Volunteers are given a free lunch.

Please call (208) 375-6654 or email the School Office to volunteer.

Daily Lunch Schedule: 11:15 a.m. (PS-2); 11:35 a.m. (3-5); 12:00 p.m. (6-8)

## News



**Our 8th grade boys won the Hallissey Tournament last weekend. Congratulations!**

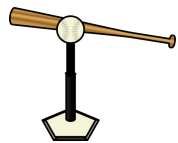


**Congratulations to our 7th grade girls for taking 2nd place in the Hallissey Tournament.**

## REGISTRATION is open for current families

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For Active St. Mark's Parish families, after you complete registration, you will be emailed the new Active In-Parish Tuition Benefit Application, which shares new rules on ministry involvement



It's T-Ball registration time for our students and siblings ages 4-7. **Click here** to open Registration Form. Please print the form, complete it and send it to our school office.

**Our 8th graders will be presenting Living Stations of the Cross on Friday, March 8 at 1:30 (students will attend) and 6:00 p.m. at the Church.**



St. Mark's School is celebrating Read Across America Week March 4-8

### "Design a Bookmark" contest

- Come to the library and get a blank bookmark
- Decorate one side like your favorite book and return to the library by March 5
- Write your name, grade and classroom on the back
- Only 1 entry per student

- Prizes awarded for the best bookmarks

### Library Scavenger Hunt

- Come to the Library for instructions
- All students are encouraged to participate all week long

### Author Visits

- MichaelBrent Collings
- March 5, 1:15-2 in Donoghue Hall
- Grades 3-6
- Molly Carter
- Grade 1
- March 6, 11:35-12:20 In classroom
- Grade 2
- March 6, 1:15-2:00 in classroom



Did you bring in the 2 reams of copy paper for each child that was requested in the yearly Supply List? If you didn't bring paper at the beginning of the school year, please send the reams to school next week.

**We are very short of paper this year.**

If you would like to donate a CASE OF PAPER, you are able to take 1 Volunteer Hour. Please bring your donations to the School Office.



Friday, March 15 is **\$2 WEAR GREEN DAY!** This is in place of \$1 Optional Spirit Day. Donations will benefit St. Jude's Children's Hospital. Bring your \$2 to your teachers and wear green hats, shirts (not tank tops or sleeveless), pants (no shorts, sweats or athletic wear) and shoes, colored hair is not allowed. Be sure to follow the guidelines of our Uniform Dress Code.



Thank you to the Shakespeare Festival for presenting plays this week to our K-5 and 6-8 students.

# Bishop Kelly Golden Nuggets Dance Camp

Ages 4-12

March 8th, 2024 5-6:30 pm



*Please Register by March 1st*



If you're over the age of 12 and would like to participate with our dance team, we are offering a **FREE Dance Clinic** on March 25th from 4:30-6:30 pm. (13 and older)

Contact Shannon McGarvie for any further questions  
[smgarvie@bk.org](mailto:smgarvie@bk.org)

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# KELLY GOLD

## COMPETITIVE DANCE TEAM TRYOUTS

### WHEN

**April 23<sup>rd</sup>, 24<sup>th</sup>, 25<sup>th</sup>  
6:15 – 7:15 am**

### WHERE

**BK Carley Center**

**Behind the Main School**

**Bring Dance Shoes  
Sneakers  
Black Dance Attire  
Hair pulled back**

**USE QR CODE TO  
SIGN UP FOR  
TRYOUTS!!!!**



### DANCE EXPERIENCE REQUIRED

#### WHY JOIN?

- Learn lots of routines and dance drill technique.
- Show off your dance skills.
- Compete at local dance competition.
- Perform at school sporting events, assemblies, and parades.
- Make friends.
- Great for College Applications.
- If you love to dance you will love being a part of this team!

#### What to Expect?

Kelly Gold is an advanced dance Program representing Bishop Kelly. We compete in solos and all 4 team divisions against local teams in the state. Before school practices and all performances are required by each team member.

#### Commitment.

Reference to the Events list for an idea of time commitment dedicated to the team.

[TVCS Events/Sports](#)



[Click here](#) for the TVCS athletic schedule.

## Preschool Happenings



Our Lenten promise was to pray for our families. These friends were happy to pray for their families with their classmates.



### Church Connection

If you would like to receive the Parish Newsletter [text](#) BOISESTMARKSNEWS to 42828 to sign up **OR** [Click here](#) to sign up.

### Notes from the Nurse



Through the St. Alphonsus School Health Program, **Mrs. Bostenero, RN, BSN**, is at St. Mark's on Mondays and Wednesdays, **Mrs. Fuchs, RN, BSN**, is at St. Mark's on Thursdays and **Mrs. Placido, CNA, SASHP Assistant** is here on Tuesdays.

### Notes from the Counselor

# empathy

## helping our kids feel for others

### WHAT IS IT?

"Empathy is really the opposite of spiritual meanness. It's the capacity to understand that every war is both won and lost. And that someone else's pain is as meaningful as your own."

-Barbara Kingsolver

### WHY IS IT IMPORTANT?

A person who has the ability to empathize with others will be able to more effectively communicate with them. Empathy allows us to predict what others may be thinking and feeling and then to react to those feelings appropriately. A person with empathy is a better leader, employee, and friend.

### WHAT IT LOOKS LIKE

- ✓ actively listens while others are speaking
- ✓ focuses on surroundings  
(notices the body language, facial expressions, and tone of voice of the people around them)
- ✓ refrains from judgment  
(instead, finds ways to connect to the person and looks deeper for ways to understand them)



# empathy

ways to help your child

## TALK ABOUT THEIR FEELINGS

Helping your child understand his feelings will better enable him to recognize those feelings in others. Naming your child's feelings can be a helpful strategy. You can say something like, "I know you're probably feeling disappointed that we couldn't go to the movies today. I am sad, too." Naming your own feelings for your child is important, too. Then, model the appropriate way to respond to these feelings.

## AND OTHER PEOPLE'S FEELINGS, TOO

Whenever possible, name other people's feelings for your child. Discuss situations in TV and movies where a character needs empathy from other characters. Talk about how that character must feel, and how you know they are feeling a certain way (ex: I see she's feeling sad because she has tears in her eyes and she is looking down at the floor)

## CARE FOR OTHERS

Model empathy for your child by going out of your way to care for others. Reach out to others when they are struggling (due to a death in the family, an illness, etc.). Consider volunteering with your child. Lastly, help your child see the importance of caring for others by asking, "How were you kind to someone today?"

## HELP THEM LEAVE THEIR COMFORT ZONE

Most children are able to care about their immediate family and close friends, but it is important that we help them extend those caring feelings beyond the people closest to them. Encourage your child to look for children who are vulnerable or alone on the playground. Discuss how this child may be feeling and what your child could do to help.

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Sarah Lynch, St. Mark's School Counselor

Dr. Joe Lipetzky, our school psychologist, is at St. Mark's on Monday and Friday mornings.

Sarah Lynch, our school counselor, is at St. Mark's on Mondays, Tuesday, Wednesdays and Thursdays.

St. Mark's School | 7503 W. Northview St., Boise, ID 83704

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