

**Volume 8, Issue 12-
November 3, 2023**

SAINT MARK'S
-CATHOLIC SCHOOL-



ESTABLISHED 1967

St. Mark's Catholic School Vision

St Mark's Catholic School is dedicated to educating student disciples in body, mind and spirit, through the collaboration of families, community and the Church.

Our Mission

St. Mark's Catholic School is a ministry of St. Mark's Catholic Community that fosters academic excellence, rooted in the Catholic faith, and Christian values.

Letter from our Pastor

This week we celebrated two important feasts in the Church's Liturgical calendar—All Saints and All Souls. Both come in the Fall as the days darken and the year wanes. So, both remind us of our mortality. Of course, we have many daily reminders as well—aches and pains, the quickening passage of time, the news of friends and family who have died, etc. The feasts of All Saints and All Souls, one after the other, help us reflect on the ultimate purpose of life. Namely, that our life on earth is brief and eternity is forever. That each of us is destined for heaven. That each one of us is called to be a saint because only saints can enter heaven.



Although we acknowledge that there are many more saints in heaven than those officially canonized by the Church, at the same time we must recognize that few of us are so perfectly purified on earth that we will go directly to heaven after death. If we die in a state of grace, without unconfessed mortal sins on our soul, most likely we will go to the state of purification we call *purgatory*, where everything not of God will be *purged* so that we can enter heaven. It is indeed a painful blessing. “Painful” because it is purification of our being. “Blessing” because ultimately all the holy souls in purgatory are destined for heaven. We pray for the poor suffering souls, as they, in turn, pray for us. Unfortunately, we hardly ever hear about purgatory nowadays. There is a tendency to believe (erroneously) that everyone goes to heaven, no matter what kind of life they lived on earth. Moreover, if family members think their dearly departed is already in heaven, then there is little chance they will pray for their souls at all—in effect, abandoning them.

Read more in the bulletin this weekend.

Fr. Paul

Letter from our Principal

Dear St. Mark's Families,



Happy Friday! We enjoyed a faith-filled, fun-filled week at St. Mark's! Saturday, our Home and School hosted a trick-or-trunk event that, while lightly attended, was a blast! Sunday, we hosted an open house for everyone to come see our newly blessed chapel and finished library. It was wonderful to see so many supporters of St. Mark's and have another opportunity to express how grateful we truly are.

Thank you to our Student Council for planning an exciting Red Ribbon week. They kicked the week off with a pep assembly with a pledge to make positive choices and to say no to drugs. On All Saints Day, we walked to Mass carrying images of the saints that adorn each of our classroom entryways. At the end of Mass, a representative from each class shared information about their saint.

Fifth and Eighth graders created beautiful altars honoring loved ones who have passed away. The eighth grade presented their projects to parents, grandparents, and the entire student body. Thursday, St. Mark's was one of 12 schools that had a display at JUMP for Dia de Muertos (Day of the Dead). Mrs. Paz, Senora A, and the Crawford family coordinated this for us and had each student make a memorial flower for the exhibition.

Next week, we celebrate National Vocations Week. We will pray for our priests, deacons, and religious men and women, for an increase in vocations, and write to our seminarians. Christ is definitely present at St. Mark's!

God bless,
Donna Gordon



THIS NEWSLETTER CONTAINS A LOT OF INFORMATION, AND THE LENGTH OF THE NEWSLETTER CAUSES IT TO BE TRUNCATED.

LOOK FOR THE LINK AT THE BOTTOM OF THE EMAIL THAT SAYS "VIEW ENTIRE MESSAGE" TO EXPAND THE EMAIL, OR [CLICK HERE](#) TO VIEW NEWSLETTER ON OUR WEBSITE.

Student Spotlight



Halloween was a fun day at St. Mark's School



8th grade Ofrendas honoring deceased loved ones on DIA DE LOS MUERTOS

Lion Pride Recognition



LionPRIDE

Practice
MAKES
Saints

	CLASSROOM	HALLWAYS	LUNCH ROOM	PLAYGROUND	BATHROOMS	CHURCH
PERSEVERANCE <i>Every Day - Every Time</i>	Be Prepared Be On Time Be On Task Be Present	Be Timely Be Courteous Model Good Behavior Walk Slowly	Use Your Manners Be Patient Wait to be Excused	Be Safe Obey the Rules Play Fair Share Space & Equipment Be a Good Sport	Throw Away Trash Keep it Clean Flush Toilet Wash Hands	Be Engaged Pray, Not Play Behave Appropriately
RESPECT <i>Others, Self & Property</i>	Be Positive Listen to Others Be Prompt Follow Dress Code Care for School Property	Be Quiet Keep Your Hands to Yourself Keep Clean	Clean up Messes Share Space Eat Only Your Food Keep Voices Low Keep your Hands to Yourself	Use Kind Words Use Equipment as Intended Keep Your Hands to Yourself	Give Others Privacy Use Appropriate Volume	Listen Attentively Enter and Leave Quietly Treat Church Materials with Care
INTEGRITY <i>Honesty in All You Do</i>	Be Honest Be Accountable Do Your Own Work Set & Meet Goals Honor Due Dates	Do the Right Thing Respect Posters & Displays	Use Manners Don't Be Wasteful Pay for Purchases	Notify Staff if Problems Arise Follow Staff Directions	Return to Class Promptly & Quietly Report any Inappropriate Behavior Use at Appropriate Times	Be Kind Be on Time
DISCIPLESHIP <i>Following Jesus' Example</i>	Support Others Cooperate with Others Be Honest Share Christ's Love	Help Others in Need Say Thank You to Our Custodians	Sit by Those Sitting Alone Engage in Appropriate Conversations	Encourage Others to be Kind Be Inclusive Lead by Example Help Others When Needed	Use Only as Needed Report Supply Shortages Clean Up After Yourself	Be Reverent Actively Participate Be Involved Show Appreciation
EXCELLENCE <i>Strive for Success</i>	Do Your Very Best Work Challenge Yourself Learn Beyond the Classroom Ask Questions	Set a Good Example Greet People Politely	Follow Cafeteria Rules Use an Inside Voice	Solve Issues in a Peaceful Manner Line Up on Time Stay in Assigned Areas	Use During Non-Instructional Times Report Problems to an Adult	Be the Best Version of Yourself Follow Dress Code for Mass

SAINT MARK'S
-CATHOLIC SCHOOL-

Congratulations to this week's winners:

Declan S, Matias B

Weekly Calendar

Sunday, November 5

Daylight Savings Time ends, turn your clock back 1 hr

Tuesday, November 7

Election Day

Wednesday, November 8

8:30 a.m. Student Body Mass hosted by Mrs. Jankowski's 3rd grade - Celebrating Grandparents and Veterans

6:30 p.m. SEW Class @ St. Mark's School

11:30 a.m. 8th grade Shadow Day @ BK

Friday, November 10

Mrs. Jensen's Birthday

Spirit Day

Progress Reports in FACTS FamilyPortal

Parish Evangelization Retreat

Saturday, November 11

Veteran's Day

Rake Up St. Mark's

BK Winner's Choice Dinner

Upcoming Events

Monday, November 13

5:30 p.m. School Board Meeting

7:00 p.m. Home & School

Tuesday, November 14

3:30 p.m.-6th-8th Grade Altar Server Training (optional and no need to RSVP). 4th & 5th grades will receive training during school hours.

Wednesday, November 15

8:30 a.m. Student Body Mass hosted by Ms. Murray's 3rd grade

8th grade Christmas Wreath pickup at Church

Thursday, November 16

Catholic Schools Principal/Assistant Principal Appreciation Day

Friday, November 17

\$1 Optional Spirit Day

Home & School



Paint a soup bowl for the IDAHO FOODBANK

The foodbank collects hand-painted bowls from professional and amateur artists (like us!) and sells the bowls online after Thanksgiving. The foodbank estimates they can feed 60 people with funds raised from each bowl! What an impact!

SAINT MARKS HOME AND SCHOOL PRESENTS

EMPTY BOWLS



WITH

Ceramica

1002 S Vista Ave, Boise, ID 83705

November 4th 11:00am - 1:00pm, 1:30pm-3:30pm, and 4:00-6:00

Studio spots are limited! You must sign up each person attending.

The 2 hrs your student spends painting counts toward school service hours. If parents paint, it will not count toward parent service hours. ***Please note that this is not a drop off event.***

Ceramica staff will help with supplies and painting only, they are not supervising children.

[SIGN UP HERE](#)

Click here to sign up for the Ceramica event.

ST MARK'S H&S ANNUAL CHRISTMAS CARD ART CONTEST



The home and school association needs help creating their christmas card. three winning pieces of art will be featured on the home and school Christmas cards to be sent to school patrons this Christmas. Please join in! create your masterpiece and have a chance to see your artwork in print

**DUE:
DECEMBER 4, 2023**

- Artwork must be 8.5"x11" and must be original (no tracing, copying, or adult help)
- Artwork should be religious in theme
- All flat artwork accepted, including crayons, markers, pencil, and paints. (Hint: bold colors or pictures with lots of contrast copy onto cards the best)
- Include the artist's name and grade **on the back**
- Each student may submit only one entry
- Artwork must be turned into the school office by 3pm on Monday December 4, 2023.
- Entries will be judged on content and artistry by the Home & School Board.
- A winner will be chosen from each of the following three age groups: K-2nd, 3rd-5th, 6th-8th.
- Contest winners will be announced in December
- All artwork submitted will be displayed at school during the month of December
- The three winners will receive 12 Christmas cards with their own artwork on it to send to their families.

Contact April Fagerson at almondmk@yahoo.com
with any questions



Click on the link below to sign up to help at this year's Dinner Auction.

We have immediate needs for a Tea Cup Team Lead, Procurement Helpers and Reservation Team Lead.

<https://www.signupgenius.com/go/10C0449A8A62EA2FD0-dinner#> or email Jenny Baxter at Stmarksschoolauktion@gmail.com

The Dinner Auction team is looking for photos and videos to be included in the event slideshow. We want to see our St. Mark's School Community.

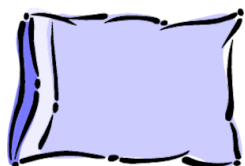
Pictures and videos can be emailed to StMarksSchoolAuction@gmail.com
Use Slideshow 2023-2024 as the subject.

We are looking for pictures from the last 40 years of Dinner Auctions. If you have any or know someone who does, please have them email the photos to StMarksSchoolAuction@gmail.com.



Seeking volunteers to help at our grandparent reception on Wednesday, November 8. Sign up on the link below.

<https://www.signupgenius.com/go/9040945AFAB2AA57-45676930-grandparent>



Are you looking for Service hours? Want to learn how to sew a pillowcase? Hoping to make a Christmas donation to the children at St. Luke's Children's Hospital, Pediatric ICU unit in Boise?

Who: 4th to 8th Grade Students with or without sewing machines.

When: Sunday, November 12; 12:30 – until we are finished.

Where: We will be meeting at St. Marks School, Middle School, Religion Classroom (Thank you, Wendy Behrend.)

What: We will be teaching a french seam pillow cases, to donate to St. Luke's Children's Hospital, Pediatric ICU unit, in Boise this Christmas season.

** We do have a limited number of sewing machines available to borrow (Thank you, Wendy Behrend) or you can bring your own. Please request a machine, if needed with your reservation.

Materials List, will be provided when you reserve your seat.

To reserve a seat and/ or a machine and get your materials list, please contact Sunny by phone or text at (925) 705-2852

Official delivery to St. Luke's is scheduled for Dec 6, after school.



Rake Up St. Mark's is coming on Saturday, November 11 from 9:00 a.m.- Noon. [Click here](#) to sign up. Students earn Community Service Hours and Parents earn Volunteer Hours.

Bring your rakes, gloves, blowers and other yard equipment.

Lunch Room Volunteers

NEXT WEEK'S LUNCH HELPERS

Monday (6)—Shark, Bauer, Cavazos

Tuesday (7)—Antonoplos, Jower, Bauer

Wednesday (8)—LaMott, Gorney, Binns, Bauer

Thursday (9)—Speck, Cavazos, Fitzgerald, Storli

Friday (10)—Antonoplos, Paz, Gorney, Binns

St. Mark's offers a healthy, delicious hot lunch to students and staff EVERY FULL DAY OF SCHOOL!

4 LUNCHROOM HELPERS ARE NEEDED EACH DAY from 10:45-12:45 to load lunches on to trays and deliver the trays to the classrooms. Volunteers are given a free lunch.

Please call (208) 375-6654 or email the School Office to volunteer.

Daily Lunch Schedule: 11:15 a.m. (PS-2); 11:35 a.m. (3-5); 12:00 p.m. (6-8)



Don't forget to set your clocks back one hour on Saturday night.



Please Join Us For A

Grandparents Reception


Wednesday, November 8th, 2023

Immediately following the 8:30 a.m. School Mass

St. Mark's Catholic Church

7960 W Northview St.

Boise, Idaho 83704



You are invited to sit with your grandchild at the 8:30 a.m. Mass. Following Mass, students will return to school and you're welcome to stay at the church for the reception. Come enjoy coffee, baked goods and meet other grandparents.

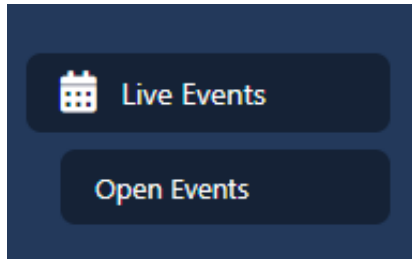
No RSVP required



Lost and Found is overflowing and we don't have any more room for your child's lost items. Please take the time to come into the building and claim your coats, jackets, lunch bags, water bottles, etc.

WORKSHOP (SEW) AND HAVE AN APPROVED BACKGROUND CHECK THROUGH THE DIOCESAN OFFICE.

A Live SEW class will be held on Wednesday, November 8 @ 6:30 p.m. at the School . THE COST OF A DIOCESAN BACKGROUND CHECK ranges between \$13.00-\$85.00, depending on several factors including the number of states in which an applicant has lived. One live Safe Environment Workshop has been completed in person, then an annual online renewal each year after that is required by the Diocese of Boise. Please visit <http://boise.CMGconnect.org> to set up an account and sign up for the class.



Once you have created an account, click on this icon then click "START". This will take you to a page showing 7 documents you must click on, read and take a quiz.

You will be taken to a page where you can find the date of the class and location that you want to take and enroll in that class.

Open Events							
Home / Events							
Search Add Export							
Event	Location	Address	City	Start Date	Start Time	Contact Name	Contact No
Safe Environment	St Mark Elementary School - BOISE ID	7503 Northview St	BOISE	08/24/2021	12:00 PM	Kristin Godfrey	2085778495



It's the time of the year for our Holiday Feast. Parents of students in PreSchool through 2nd grade are invited to have a special Holiday Lunch with their student(s) on Wednesday, November 29.

LUNCH TIMES

- 11:00 a.m. – Preschool
- 11:10 a.m. – Kindergarten
- 11:20 a.m. – First Grade
- 11:30 a.m. – Second Grade

[Click here](#) to sign up for the Parent Lunch. Students in Grades 3–8 will also be able to participate in hot lunch that day at their regularly scheduled lunch time.

Altar Server Training at the church

- Monday, November 13th, 9:00 a.m.- both 5th grades
- Tuesday, November 14th, 3:30 p.m.-6th-8th Grades (optional and no need to RSVP)
- Wednesday, November 15th, 12:30 p.m.- both 4th grades

square1art.com/shop/upload



**It's TIME to CREATE & UPLOAD ART
so you can order Art Keepsakes!**



Mark your busy holiday calendar for **Monday, December 11 @ 6:30 p.m.** at the Church for the St. Mark's School Christmas Program, featuring K-5, Orchestra and St. Mark's School Choir.

A pink vtech watch was found 2 weeks ago on the playground and it hasn't been claimed. If this belongs to your family, please contact the school office.

Thanksgiving Break is Monday, November 20 - Friday, November 24.

Ms. Hatfield is collecting old calendars that you may have to use for 8th grade art projects. Please send the calendars to the school office.

If you take any photos during the school year of activities, parties, field trips, sports, etc. please email them to schooloffice@stmarksschoolboise.com.



Catholic Charities of Idaho is holding a 2023 Christmas Card Contest. Entries are due by noon on Thursday, November 9. [Click here](#) for details and the Consent form.

ST. MARY'S CATHOLIC SCHOOL PRESENTS

Ugly Sweater Cornhole

SATURDAY, DECEMBER 2
CHECK-IN & WARM-UP @ 11AM
BAGS FLY @ NOON

1551 11TH AVE N · NAMPA

6 Game Minimum
Double Elimination
All Ages & Skill Levels Welcome

CONCESSIONS · DRINKS · MUSIC
AIRMAIL · RAFFLES · INFLATABLE

TO REGISTER, DOWNLOAD THE SCOREHOLIO APP

Cash Prizes

\$50 per person

Advanced

Social

[TVCS Events/Sports](#)



[Click here](#) for the TVCS athletic schedule.

[Preschool Happenings](#)



Oh when the saints go marching in! Preschool was blessed with a Saintly visit from St. George, Mary, Elizabeth of Hungary, Gemma, Francis, the guardian angels, and Honoratus!



Church Connection

If you would like to receive the Parish Newsletter **text** BOISESTMARKSNEWS **to** 42828 to sign up **OR** **Click here** to sign up.



Pancake Breakfast Nov.5, 2023

Suggested Donations

Adult - \$7.50

Children – \$5.00

Family – \$20.00

**Net Proceeds help us to
support various local,
State and Global
charitable initiatives**

Breakfast is served from 9-11 am



December 2, 2023

JR HI RALLY

6th - 8th grade

Bishop Kelly High School

One-day event aimed to energize, form, and build community for our Jr. High/Middle School students. Your child wont want to miss!!

JR HI RALLY Registration is OPEN

\$70.00

...includes a full day of praise and worship, guest speakers, Reconciliation, Adoration, Mass, tee shirt, snacks, lunch & dinner

Registration

Fundraising opportunity November 12th

If your child needs a scholarship or wants to volunteer their time to help those who need funding assistance, please signup below.

JR HI RALLY - FUNDRAISER

Sign Up

St. Mark's Youth Ministry will be raising scholarship funds for the upcoming Catholic Jr. High Rally. We will again be partnering with Totally Catholic Fundraising to sell jewelry, rosaries, and crucifixes from with a 50% profit on all sales.

Registration: <https://www.jrhievents.com/rally-registration>

Fundraiser: <https://stmarksboise.flocknote.com/signup/142569?noteID=23619432>

Notes from the Nurse

November is National Diabetes Month. Whether or not you or one of your loved ones have diabetes, it probably affects someone you know. 1 in 10 people in America have Diabetes. A healthy diet and regular exercise is so important for those who have diabetes, but also is important in preventing Type 2

Diabetes. As it is getting colder, it is important to look at our exercise and eating goals, whether bundling up and walking along the Greenbelt, swimming at the YMCA, or joining an exercise class. We are already in the midst of the cold and flu season, and we are thankful for the flu shots given at each of our schools in October. If your child missed having a flu shot, it is not too



Saint Alphonus

SCHOOL HEALTH PROGRAM

late to get one from your healthcare provider or pharmacy. Flu shots especially help to protect your child, the elderly, and the immunocompromised. Also, it is important to take care of immune systems by focusing on getting enough sleep, eating lots of fruits and vegetables, limiting sugar intake, and decreasing stress through exercise and fun activities.

<https://diabetes.org/get-involved/community/american-diabetes-month>
<https://www.cdc.gov/diabetes/index.html>

Through the St. Alphonsus School Health Program, Mrs. Bostenero, RN, BSN, is at St. Mark's on Mondays and Wednesdays, Mrs. Fuchs, RN, BSN, is at St. Mark's on Thursdays and Mrs. Placido, CNA, SASHP Assistant is here on Tuesdays.

Notes from the Counselor

Love and Logic Parenting Tip. Happy November to you all. This month we will be looking at some old but useful Love and Logic Parenting Tips from the past decades.

Reasoning with children.

"I don't know what's wrong with that child. He never listens to a thing I tell him. I might as well be talking to the wall for all he cares." Does this sound familiar? How do we get our children to listen and benefit from our experience and knowledge? Maybe it's asking too much. Or is it? As I look back at my own childhood, I realized I didn't do a very good job listening to my parents. And very few of my friends listen to their parents as they should have. We could blame this problem on the fact that kids are just headstrong and determined to learn the "hard way." It's also possible that many parents try to reason with their kids at the wrong time. This "bad timing" greatly reduces the odds of success.

The wrong time to reason with the child.

I've watched many parents, including myself, give their children a good talking to with little or no positive results. It was obvious that the adult not only had good intentions, but good advice as well. The only trouble was that the child was not in a receptive emotional state that would allow him or her to listen and make use of the adult's wisdom.

Use actions with only a few words.

The words we use with our children when they are in an emotional state are wasted. They are either never heard or they are turned against us. We all have difficulty listening during emotional times. It is natural to focus most of our energy and thoughts on the emotions rather than the words that are being spoken. As a result, we tend to remember the other person's anger more than what he or she said.

The following dinner table scene provides a good example: Georgie complains about the food and does not eat. He is reminded to eat his dinner several times without any results.

One parent might use anger and lecture to handle the situation: "What's wrong with you? How many times have I told you that it's not a cafeteria? I can't be fixing just what you want all the time. Why can't you be like your brother? Don't you dare come to this table with that attitude. I'm putting the food away and you won't get to eat until breakfast. Maybe next time you'll pay attention to me."

Another parent might handle the situation by allowing the child to experience the natural consequence of his behavior. This parent replaces anger with empathy and understanding. "We'll be picking up the food and the dishes in 5 minutes. I hope by then you'll have eaten all you need to hold you until breakfast." The youngster does not eat and nothing is said about it. 5 minutes later the food is removed and the child is sent on his or her way in a friendly manner. Later the child would probably say "I'm hungry. What can I have to eat?"

This wise parent knows that the fewer words she uses, the more her child will learn her response is. "I bet you are. That's what happens to me when I miss my dinner. I'll bet you'll be anxious for breakfast. Don't worry, we'll cook a big one."

Lectures with anger caused children to think about your anger. On the other hand, consequences with empathy caused children to think about their lives and their decisions. The youngster, in the second situation will probably think long and hard about the consequence. The child in the first situation would probably think more about how angry he is with his parent.

Use words when the child is in a thinking state.

The best time to reason with a child is when both the child and parent are happy. A good time might be in the car when all is going well. As I look back upon my life, most of the wisdom I gained from my dad came from what he shared with me during our happy times. (This was from Love and Logic volume 2, #1.)

Good luck practicing this one new thing this week and watch what changes in your self and in the child's response to you.

Joe Lipetzky, Psy. D.

Sarah Lynch, St. Mark's School Counselor
Joe Lipetzky Psy.D.

Dr. Joe Lipetzky, our school psychologist, is at St. Mark's on Monday and Friday mornings.

Sarah Lynch, our school counselor, is at St. Mark's on Mondays, Tuesday, Wednesdays and Thursdays.

St. Mark's School | 7503 W. Northview St., Boise, ID 83704

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