



St. Mark's Catholic School Vision

St Mark's Catholic School is dedicated to educating student disciples in body, mind and spirit, through the collaboration of families, community and the Church.

Our Mission

St. Mark's Catholic School is a ministry of St. Mark's Catholic Community that fosters academic excellence, rooted in the Catholic faith, and Christian values.

Letter from our Pastor

This Sunday is World Mission Sunday, so it is appropriate to reflect briefly on our common, the mission of the Church. The command to proclaim to all nations of the earth the truths revealed by God, was given to the apostles by Our Lord at the time of His ascension into heaven: *"All power is given to Me in heaven and in earth; Go, therefore, teach all the nations: baptizing them in the name of the Father and of the Son, and of the Holy Spirit. And behold, I am with you always, even to the end of the world."* (Mt 28: 18-20). For this reason, the Church has never turned aside from fulfilling her mission of preaching the Gospel. It is in consequence of the command given by Our Lord to the apostles that, from the beginning until today, the Church has sent missionaries to the nations to preach the Good News.



The mission of the Church, of course, is carried out not only by missionaries—priests and nuns etc sent to far-flung regions—but mostly by normal Catholic Christians in the course of their daily lives. As Saint Pope John Paul II pointed out in *Redemptoris Mission* (The Mission of the Redeemer)—missionaries, *per se*, will always be needed, but the greatest need is for all baptized Catholics like us to understand our unique and vital part in the Church's evangelization efforts. And what is evangelization but a simple sharing of our experience of Jesus with others, the Way to the Truth about Life? We all preach "Jesus"—whether we know it or not—first by example but also with our words. After that, sharing the biblically-based truths or dogmas of the Church follows naturally. Even if we are not called to travel to foreign lands as missionaries, by our common baptism we are all called by Christ to participate in the Church's mission of sharing the Good News of salvation with all.

Fr. Paul

Letter from our Principal

Dear St. Mark's Families,



It was wonderful to see so many parents and students during parent-teacher conferences! We respect your role as primary educators and want to foster a strong partnership with you to best meet your child's needs. We greatly appreciate your support and thank you for trusting us with your children.

We are working with FACTS to customize our report cards to give you the most comprehensive picture of your child's academic performance. We hope to have it completed by the end of the second quarter.

Thank you, Mrs. Rosania and all our parent/grandparent volunteers, for hosting our annual book sale! All proceeds will go directly to the library as we continue to grow our collection.

This Sunday, our students will host the 8:30 am Mass. I pray you can all attend. Next week, each class will visit our new chapel to spend time in prayer and submit a written prayer that will be part of a blessing ceremony performed by the Bishop. The blessing will be recorded, made available to classroom teachers, and posted in Friday Facts. On Sunday, October 29th, from 9:30 am to 11:00 am, we will host an open house in gratitude for our supporters and for completing the Journey with Us projects.

I pray you have a blessed weekend.

Peace,
Donna

THIS NEWSLETTER CONTAINS A LOT OF INFORMATION, AND THE LENGTH OF THE NEWSLETTER CAUSES IT TO BE TRUNCATED.

LOOK FOR THE LINK AT THE BOTTOM OF THE EMAIL THAT SAYS "VIEW ENTIRE MESSAGE" TO EXPAND THE EMAIL, OR [CLICK HERE](#) TO VIEW NEWSLETTER ON OUR WEBSITE.

Student Spotlight

Has your child done something amazing? Please send a photo and explanation to schooloffice@stmarksschoolboise.com and we will feature them here.

Lion Pride Recognition



LionPRIDE

Practice
MAKES
Saints

	CLASSROOM	HALLWAYS	LUNCH ROOM	PLAYGROUND	BATHROOMS	CHURCH
PERSEVERANCE <i>Every Day - Every Time</i>	Be Prepared Be On Time Be On Task Be Present	Be Timely Be Courteous Model Good Behavior Walk Slowly	Use Your Manners Be Patient Wait to be Excused	Be Safe Obey the Rules Play Fair Share Space & Equipment Be a Good Sport	Throw Away Trash Keep it Clean Flush Toilet Wash Hands	Be Engaged Pray, Not Play Behave Appropriately
RESPECT <i>Others, Self & Property</i>	Be Positive Listen to Others Be Prompt Follow Dress Code Care for School Property	Be Quiet Keep Your Hands to Yourself Keep Clean	Clean up Messes Share Space Eat Only Your Food Keep Voices Low Keep your Hands to Yourself	Use Kind Words Use Equipment as Intended Keep Your Hands to Yourself	Give Others Privacy Use Appropriate Volume	Listen Attentively Enter and Leave Quietly Treat Church Materials with Care
INTEGRITY <i>Honesty in All You Do</i>	Be Honest Be Accountable Do Your Own Work Set & Meet Goals Honor Due Dates	Do the Right Thing Respect Posters & Displays	Use Manners Don't Be Wasteful Pay for Purchases	Notify Staff if Problems Arise Follow Staff Directions	Return to Class Promptly & Quietly Report any Inappropriate Behavior Use at Appropriate Times	Be Kind Be on Time
DISCIPLESHIP <i>Following Jesus' Example</i>	Support Others Cooperate with Others Be Honest Share Christ's Love	Help Others in Need Say Thank You to Our Custodians	Sit by Those Sitting Alone Engage in Appropriate Conversations	Encourage Others to be Kind Be Inclusive Lead by Example Help Others When Needed	Use Only as Needed Report Supply Shortages Clean Up After Yourself	Be Reverent Actively Participate Be Involved Show Appreciation
EXCELLENCE <i>Strive for Success</i>	Do Your Very Best Work Challenge Yourself Learn Beyond the Classroom Ask Questions	Set a Good Example Greet People Politely	Follow Cafeteria Rules Use an Inside Voice	Solve Issues in a Peaceful Manner Line Up on Time Stay in Assigned Areas	Use During Non-Instructional Times Report Problems to an Adult	Be the Best Version of Yourself Follow Dress Code for Mass

SAINT MARK'S
-CATHOLIC SCHOOL-

Congratulations to this week's winners:

Kaylin R, Carter S, Olivia L, Alexa C, Declan K, Genevieve S, Connor D

Weekly Calendar

Sunday, October 22

8:30a.m. School Mass hosted by 7th grade

Wednesday, October 25

8:30 a.m. Student Body Mass presented by Mrs. Dressler's 4th grade

Friday, October 27

8:30-9:30 a.m. Individual Student Retakes

Saturday, October 28

4:00-6:00 p.m. Trunk or Treat at School

Upcoming Events

Monday, October 30

Red Ribbon Week - Rally against drugs and wear Red Shirt and uniform bottoms
Mr. Newton's Birthday

Tuesday, October 31

Happy Halloween
Red Ribbon Week - Say "BOO" to drugs and wear your Halloween Costume (no masks or weapons)

Wednesday, November 1

8:30 a.m. Student Body Mass (All Saints Day) hosted by Ms. Ouimet's 4th grade
Red Ribbon Week - Striving for SAINTHOOD, Dress like your favorite Saint (not what they are a patron of).

Thursday, November 2

All Souls Day

Red Ribbon Week - From head to toe we say NO to drugs! Wear your favorite hat and shoes. Crocs are allowed! Shoes must be close toed and have a back on them. If you have PE on this day, you must bring tennis shoes to change into.

Friday, November 3

Teacher Inservice - No School

Saturday, November 4

St. Mark's Community Event at 11:00 a.m.-1:00 p.m. and 1:30-3:30 p.m. Empty Bowls Painting at Ceramica

Home & School



ST MARKS HOME & SCHOOL

invites you to a

Halloween

TRUNK OR TREAT

OCTOBER 28



4 - 6 PM

Saint Mark's School Parking Lot

Cost is free. Trunk-or-treating begins at 5:00. Bring candy to share. Prizes awarded for best child costume, best adult costume, and best decorated trunk!





Paint a soup bowl for the IDAHO FOODBANK

The foodbank collects hand-painted bowls from professional and amateur artists (like us!) and sells the bowls online after Thanksgiving. The foodbank estimates they can feed 60 people with funds raised from each bowl! What an impact!

SAINT MARKS HOME AND SCHOOL PRESENTS

EMPTY BOWLS



WITH

Ceramica

1002 S Vista Ave, Boise, ID 83705

November 4th 11:00am - 1:00pm, 1:30pm-3:30pm, and 4:00-6:00

Studio spots are limited! You must sign up each person attending.

The 2 hrs your student spends painting counts toward school service hours. If parents paint, it will not count toward parent service hours. ***Please note that this is not a drop off event.***

Ceramica staff will help with supplies and painting only, they are not supervising children.

[SIGN UP HERE](#)

Click here to sign up for the Ceramica event.



Click on the link below to sign up to help at this year's Dinner Auction.

We have immediate needs for a Tea Cup Team Lead, Procurement Helpers and Reservation Team Lead.

<https://www.signupgenius.com/go/10C0449A8A62EA2FD0-dinner#> or email Jenny Baxter at Stmarksschoolauktion@gmail.com

The Dinner Auction team is looking for photos and videos to be included in the event slideshow. We want to see our St. Mark's School Community.

Pictures and videos can be emailed to StMarksSchoolAuktion@gmail.com Use Slideshow 2023-2024 as the subject.

Check out fun information about our Dinner Auction Facebook page at <https://fb.me/e/3GOpFsyx1>

[Volunteer Opportunities](#)



Rake Up St. Mark's is coming on Saturday, November 11 from 9:00 a.m.- Noon. **Click here** to sign up. Students earn Community Service Hours and Parents earn Volunteer Hours. Bring your rakes, gloves, blowers and other yard equipment.

Donations of goodies are being accepted for the Bake Sale to benefit the Library on Thursday, October 26. Bring your kid friendly, nut free items to the library on Wednesday after school or on Thursday morning. Earn 1 hr of Volunteer Hours for each \$20 of donation.



Lunch Room Volunteers

NEXT WEEK'S LUNCH HELPERS

Monday (23)—Gorney, Binns, Bauer
Tuesday (24)—Cavazos, Anderson, Schaller
Wednesday (25)—LaMott, Gorney, Binns
Thursday (26)—Speck, Cavazos, Storli
Friday (27)—Binns, Gorney, Cavazos, Bauer

St. Mark's offers a healthy, delicious hot lunch to students and staff EVERY FULL DAY OF SCHOOL!

4 LUNCHROOM HELPERS ARE NEEDED EACH DAY from 10:45-12:45 to load lunches on to trays and deliver the trays to the classrooms. Volunteers are given a free lunch.

Please call (208) 375-6654 or email the School Office to volunteer.

Daily Lunch Schedule: 11:15 a.m. (PS-2); 11:35 a.m. (3-5); 12:00 p.m. (6-8)

News

Retake Day is Friday, October 27 from 8:30- 9:30 a.m. If you missed Picture Day or don't like your photos (**you must return your picture packet to the school to have the photo retaken and not be charged**). Students may wear their picture clothes to school but must change into uniform after the picture is taken.



It's the time of the year for our Holiday Feast. Parents of students in PreSchool through 2nd grade are invited to have a special Holiday Lunch with their student(s) on Wednesday, November 29.

LUNCH TIMES

11:00 a.m. - Preschool
11:10 a.m. - Kindergarten
11:20 a.m. - First Grade
11:30 a.m. - Second Grade

Click here to sign up for the Parent Lunch.

Students in Grades 3-8 will also be able to participate in hot lunch that day at their regularly scheduled lunch time.



Students are hosting a Bake Sale on Thursday, October 26 to benefit our Library. Sale will be held before school and during morning recess. **Donations of goodies are being accepted for the sale (counts towards Volunteer Hours)**. Bring your money to buy a snack and help support our library.

Parents are invited to join teachers on Tuesdays for weekly Morning Prayer in the Chapel at 7:40 a.m. We use part of the Magnificat Morning Prayer--copies will be available to follow along. Please join us!



YEARBOOK

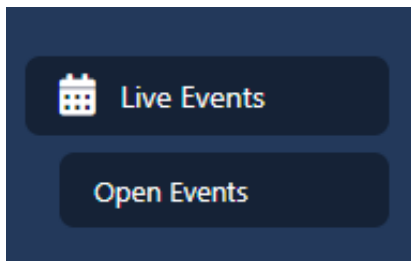
A yearbook committee informational meeting will be held on Monday, October 23rd at morning recess in Mrs. Schuette's room. This meeting is open to all seventh and eighth grade students who are interested in participating in creating the yearbook.

Click here to view the November Lunch Menu.

November is a busy month, **click here** to check out this month's calendar.

ALL VOLUNTEERS MUST HAVE COMPLETED THE SAFE ENVIRONMENT WORKSHOP (SEW) AND HAVE AN APPROVED BACKGROUND CHECK THROUGH THE DIOCESAN OFFICE.

A Live SEW class will be held on Wednesday, September 13 @ 6:30 p.m. at the School . THE COST OF A DIOCESAN BACKGROUND CHECK ranges between \$13.00-\$85.00, depending on several factors including the number of states in which an applicant has lived. One live Safe Environment Workshop has been completed in person, then an annual online renewal each year after that is required by the Diocese of Boise. Please visit <http://boise.CMGconnect.org> to set up an account and sign up for the class.



Once you have created an account, click on this icon then click "START". This will take you to a page showing 7 documents you must click on, read and take a quiz.

You will be taken to a page where you can find the date of the class and location that you want to take and enroll in that class.

Open Events

Home / Events Search Add Export

Event	Location	Address	City	Start Date & Time	Contact Name	Contact No
Safe Environment	St Mark Elementary School	7503 Northwinds St	BOISE	06/24/2021 12:00 PM	Kristin Godfrey	2085778495

Coming Soon!



Your child's art on custom keepsakes!

square1art.com/shop

Square1Art catalogs will be arriving soon. Each student in K-8 created a unique piece of work that can be transferred onto a selection of different materials and items to make their work come to life. All items are high quality. Enjoy celebrating your student's work for years to come! The annual Square1Art fundraiser supports the art program at St. Mark's and helps supply students with the materials necessary to have a fun and fulfilling art education. Thank you for your support in this year's Square1Art fundraiser.



St. Mark's Lego Robotics Club
Tuesdays and Thursdays (Fall/Winter Sessions)
3:15pm-4:15pm Room 213 (Mrs. Turner's Classroom)

Experiment with Scratch Code + Develop Problem Solving Skills + Teamwork+ Engineering Design + Math and Reading + Using Lego SPIKE Prime Robots

Grade Levels	Dates
3rd-5th	Oct. 24, 26, 31 Nov. 2, 7, 9, 14, 16
K-2nd	Nov. 28, 30 Dec. 5, 7, 12, 14, 19, 20
6th-8th	Jan. 2024 9, 11, 16, 18, 23, 25, 30 Feb. 1

- **Space is limited to 15 students**
- **Cost is \$75 (scholarships available)**
- ***Make Payment in the St. Mark's Office Prior to the start of class.***
- **To signup, please click the grade level link.**



Click here to sign up for Robotics Club. Please only sign up for your child's grade appropriate class.

One More Week until....

ST. MARK'S RED RIBBON WEEK 2023

Monday 10/30

Rally against
Drugs and wear
RED!



Red shirts &
uniform bottoms

Tuesday 10/31

Say "BOO" to
drugs and wear
your Halloween
costume.



No masks. No
weapons.

Wednesday 11/01

Striving for
SAINTHOOD
Dress like a
Saint, not what they are a
patron of.



Dress like a Saint
or Mass dress.

Thursday 11/02

From head to toe
we say NO to
drugs!



Wear your favorite hat and
shoes. Crocs are allowed!
Shoes must be close toed and
have a back on them. If you
have PE on this day, you must
bring athletic shoes to
change into.

Staff Change - In the best interest of our students, the administration decided to make a staff change in fifth grade. We are actively pursuing qualified candidates to fill this position and hope to have an announcement soon. St. Mark's will continuously strive to live our mission to foster excellence.

Congratulations to this week's Knights of the Week!



Ryan Maloney (St. Mark's Graduate and BK Senior) – Partnership
Ryan handles his tasks seriously and in a professional manner. He is proactive, respectful, and knowledgeable when helping answer questions.



has 2 positions open, **Cashier** and **Embroidery Tech**. Click on the links to see the job descriptions.



Truewood

By Merrill Gardens

Invites you and your family to
our Trick or Treat

October 31, Tuesday 6:00 pm
to 7:30 pm

2600 Milwaukee St., Boise
Idaho

Front Lobby

Trick or Treaters Welcome

5

Truewood is an Assisted Living facility across the street from St. Mark's Church although their front door is on Milwaukee. We have partnered with them in the past for our students to visit with the residents to form lasting relationships. They love visits from St. Mark's students.

TVCS Events/Sports



Click here for the TVCS athletic schedule. Girl's basketball starts on October 23.

5th Grade Girl's Basketball

Game	Date/Time	Location
St. Mark's v. St. Joe's 1	October 23 @ 4:15 pm	St. Joe's
St. Mark's v. Sacred Heart	October 30 @ 6:30 pm	Sacred Heart
St. Joe's 1 v. St. Mark's	November 1 @ 6:30 pm	St. Mark's
St. Mark's v. St. Joe's 2	November 6 @ 4:15 pm	St. Joe's
Sacred Heart v. St. Mark's	November 8 @ 6:30 pm	St. Mark's
St. Mark's v. St. Joe's 2	November 13 @ 4:15 pm	St. Joe's

Preschool Happenings



Preschool was so excited to have Boise Fire Department visit us for Fire Safety Week!



Church Connection

If you would like to receive the Parish Newsletter [text](#) BOISESTMARKSNEWS [to](#) 42828 to sign up **OR** [Click here](#) to sign up.

ALL SAINTS DAY

November 1st
8:30 AM & 6:30 PM



ALL SOULS DAY

November 2nd
8 AM and
Noon at Cloverdale
Cemetery



CHRIST IS KNOCKING. HOW WILL YOU RESPOND?



Join us for this weekend of
spiritual enrichment.
All meals will be covered, and
you will return home each
evening.

Sign up to attend:

www.stmarksboise.org

Nov 10-12
St. Mark's
Evangelization
Retreat

Hello St Mark's Families!

We are seeking volunteers to sign up folks who would like to donate a Thanksgiving food box for the St. Vincent dePaul Food Box Drive at St. Mark's Catholic Church. Volunteers are needed for about 20-30 minutes before and after each mass at the four church entrances on the weekends of November 4th/5th and November 11th/12th. This is a great opportunity for service hours! If interested in helping, **click on the picture below for sign up genius link to sign up.**



Notes from the Nurse

The Effects of Blue Light on Sleep

In this time of technology and on-line schooling it is difficult for kids and adults to stop watching TV or using their electronic devices before bedtime. However, there are compelling reasons to make it happen.

- The blue light that's emitted from these screens can delay the release of sleep-inducing melatonin, increase alertness, and reset the body's internal clock (or circadian rhythms).
- For kids, especially teens whose circadian rhythms are already shifting naturally, causing them to feel awake later at night the end result is sleep - deprived or poorly rested kids.
- The reason that blue light is so problematic is that it has a short wavelength that affects levels of melatonin more than any other wavelength does. Light from LED and fluorescent bulbs can produce the same effect.
- Normally the pineal gland in the brain begins to release melatonin a couple of hours before bedtime, and melatonin reaches its peak in the middle of the night. Reading on a blue light emitting device causes a delay in falling asleep and may tend to reduce REM sleep.
- Some solutions may be to impose a digital curfew an hour or two before bedtime, dim the brightness on the screen, install an app that automatically warms up the colors on the screen, or try blue light blocking glasses.

SleepFoundations.org

Through the St. Alphonsus School Health Program, Mrs. Bostenero, RN, BSN, is at St. Mark's on Mondays and Wednesdays, Mrs. Fuchs, RN, BSN, is at St. Mark's on Thursdays and Mrs. Placido, CNA, SASHP Assistant is here on Tuesdays.

Notes from the Counselor

How to Talk to Kids When The News Is Scary

So many scary things are in the news every day, but especially lately with the situation in Israel. Scary events are hard for adults to understand so how do we talk to kids about them?

When major events occur in the world, kids tend to find out about them in some way or have a sense that something scary is happening. We have the power to help kids feel safe in these situations.

Be mindful of news exposure .

We are in control of the amount of information and exposure that is being given to our children. Turn off the tv or radio when your kids are around and monitor what is being watched on their devices and social media.

Ask the questions: “What have you heard and how are you feeling?”

While it is important to limit exposure to frightening news, some stories are too big to avoid. As kids get older, if they don't hear about news at home, they most certainly will hear something from their classmates at school.

Allow kids to ask questions about what they have heard or seen, and ask them how they are feeling and thinking about certain things. Be prepared to listen rather than dismiss or discount what they are saying. Validate their feelings.

Give kids facts.

Respond with honesty and support. Correct any misinformation.

Keep it age appropriate.

Be mindful of your wording and what your child is capable of processing. While speaking honestly, filter

the amount of information you share based on your child's age and what they know or can understand.

Ensure them that they are safe.

Reassure kids that they are safe and protected by those who love and care for them. Reiterate that while there were bad choices made in certain situations, most of the people in the world value peace and safety.

Look for the helpers.

Mr. Rogers taught us this advice from his mother: "When something scary is happening, look for the helpers. You can always find people who are helping." It is a way for us to find a bit of hope or good in a scary situation.

Pray.

For people. For peace. For understanding.

Sarah Lynch, St. Mark's School Counselor

Dr. Joe Lipetzky, our school psychologist, is at St. Mark's on Monday and Friday mornings.

Sarah Lynch, our school counselor, is at St. Mark's on Mondays, Tuesday, Wednesdays and Thursdays.

St. Mark's School | 7503 W. Northview St., Boise, ID 83704

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