

Volume 8, Issue 8- October 6, 2023

SAINT MARK'S

-CATHOLIC SCHOOL-



ESTABLISHED 1967

St. Mark's Catholic School Vision

St Mark's Catholic School is dedicated to educating student disciples in body, mind and spirit, through the collaboration of families, community and the Church.

Our Mission

St. Mark's Catholic School is a ministry of St. Mark's Catholic Community that fosters academic excellence, rooted in the Catholic faith, and Christian values.

Letter from our Pastor

Dear Families and Friends of St. Mark's,

October is an important month in the life of the Church.

First: October is the month dedicated to the MOST HOLY ROSARY. We celebrate the feast of the Our Lady of the Rosary on Friday, October 7th. This feast was instituted by Pope Saint Pius V in 1571 in thanksgiving for the small Christian fleets' victory over the huge Muslim armada at Lepanto.

Second: October is the month dedicated to the MISSIONS. As we well know, the Church's mission is the responsibility of every one of us. By our baptism, we are consecrated for Christ and set apart for a holy purpose—to get to heaven ourselves and to bring as many of our brothers and sisters with us as possible. This is what we call *Evangelization*, which is really quite simple. It means simply sharing our experience of Jesus—by word and example—with all those who need to know Him, that is, everyone!

Third: And very much tied to the Rosary and Mission, October is “RESPECT LIFE” Month —from the moment of conception to the last natural breath. It really should be called “Defend Life” month since human life is under attack by our “Culture of Death”. We are killing the innocent before birth, killing innocence after birth, killing the elderly before God calls them, and, attempting every day, with an ever-greater ferocity, to kill the Family itself. Life is our greatest gift, our first priority, and must always be defended from the atheistic-secular-socialist forces that threaten it. I believe we can all say without hesitation or equivocation: *“We at St. Mark's are Pro-Life!”* So, we must all do whatever we can to defend life.

So, during this important month of October, let us—the Christian people of today—pray the Most Holy Rosary through Mary's intercession, for the Mission of the Church in defense of Life, to defeat the



“Culture of Death”!

With prayers and friendship in Jesus and Mary,

Fr. Paul

Letter from our Principal



Dear St. Mark's Families,

Thank you to all those who came out to Farmstead Wednesday night. It was a great community builder, and I literally put lipstick on a pig!

Next week, believe it or not, the first quarter ends. Mrs. Martin and I have been completing Trust Based Observations in several classrooms, and it is exciting to see the level of student engagement in science lessons, writing activities, religion discussions, and more.

If you have children in PreK-5th grade, please be sure to sign up for parent/teacher conferences being held on October 19th and 20th. Middle School parents may come at any time during conference hours.

Please be sure to read each edition of Friday Facts for important information. There is information about how to sign up for conferences and next week's activities - all of our school boards are meeting, optional flu shots are available, and a fantastic speaker is coming to the parish on Friday and Saturday.

I pray you have been enjoying the beautiful weather and that you have a blessed weekend.

Blessings,
Mrs. Gordon

THIS NEWSLETTER CONTAINS A LOT OF INFORMATION, AND THE LENGTH OF THE NEWSLETTER CAUSES IT TO BE TRUNCATED.

LOOK FOR THE LINK AT THE BOTTOM OF THE EMAIL THAT SAYS "VIEW ENTIRE MESSAGE" TO EXPAND THE EMAIL, OR [CLICK HERE](#) TO VIEW NEWSLETTER ON OUR WEBSITE.

Student Spotlight



Fr. Paul showed our Kindergarteners his vestments and explained to them which season/event he wears which colors

Has your child done something amazing? Please send a photo and explanation to schooloffice@stmarksschoolboise.com and we will feature them here.

Lion Pride Recognition



LionPRIDE

Practice
MAKES
Saints

	CLASSROOM	HALLWAYS	LUNCH ROOM	PLAYGROUND	BATHROOMS	CHURCH
PERSEVERANCE <i>Every Day - Every Time</i>	Be Prepared Be On Time Be On Task Be Present	Be Timely Be Courteous Model Good Behavior Walk Slowly	Use Your Manners Be Patient Wait to be Excused	Be Safe Obey the Rules Play Fair Share Space & Equipment Be a Good Sport	Throw Away Trash Keep it Clean Flush Toilet Wash Hands	Be Engaged Pray, Not Play Behave Appropriately
RESPECT <i>Others, Self & Property</i>	Be Positive Listen to Others Be Prompt Follow Dress Code Care for School Property	Be Quiet Keep Your Hands to Yourself Keep Clean	Clean up Messes Share Space Eat Only Your Food Keep Voices Low Keep your Hands to Yourself	Use Kind Words Use Equipment as Intended Keep Your Hands to Yourself	Give Others Privacy Use Appropriate Volume	Listen Attentively Enter and Leave Quietly Treat Church Materials with Care
INTEGRITY <i>Honesty in All You Do</i>	Be Honest Be Accountable Do Your Own Work Set & Meet Goals Honor Due Dates	Do the Right Thing Respect Posters & Displays	Use Manners Don't Be Wasteful Pay for Purchases	Notify Staff if Problems Arise Follow Staff Directions	Return to Class Promptly & Quietly Report any Inappropriate Behavior Use at Appropriate Times	Be Kind Be on Time
DISCIPLESHIP <i>Following Jesus' Example</i>	Support Others Cooperate with Others Be Honest Share Christ's Love	Help Others in Need Say Thank You to Our Custodians	Sit by Those Sitting Alone Engage in Appropriate Conversations	Encourage Others to be Kind Be Inclusive Lead by Example Help Others When Needed	Use Only as Needed Report Supply Shortages Clean Up After Yourself	Be Reverent Actively Participate Be Involved Show Appreciation
EXCELLENCE <i>Strive for Success</i>	Do Your Very Best Work Challenge Yourself Learn Beyond the Classroom Ask Questions	Set a Good Example Greet People Politely	Follow Cafeteria Rules Use an Inside Voice	Solve Issues in a Peaceful Manner Line Up on Time Stay in Assigned Areas	Use During Non-Instructional Times Report Problems to an Adult	Be the Best Version of Yourself Follow Dress Code for Mass

SAINT MARK'S
-CATHOLIC SCHOOL-

Congratulations to this week's winners:

Alma R, Noelle G, Halle R, Peter B, Matthew V, Caleb W, Jackson R

Weekly Calendar

Sunday, October 8

Pastor Appreciation Day

Monday, October 9

National School Lunch Week

Fire Prevention Week

BK Homecoming Week

5:30 p.m. School Board Meeting

7:00 p.m. Home & School Meeting

Tuesday, October 10

6:30 p.m. Quarterly Education Foundation Meeting at School

Mrs. Brittany Brady's Birthday

Wednesday, October 11

8:30 a.m. Student Body Mass presented by Mr. Newton's 6th grade

Mrs. Boroff's Birthday

Thursday, October 12

Flu Shots by Albertsons (must have signed Consent Form to receive shot)

Cub Scout Parking Lot Popcorn Sale

Friday, October 13

End of 1st Quarter - Full Day of School

\$1 Optional Spirit Day

6:00-7:00 p.m. Dr. John Bergsma at Church

Saturday, October 14

9:00-11:30 a.m. Dr. John Bergsma at Church

Upcoming Events

Monday, October 16

Mrs. Rosania's birthday

National School Bus Safety Week

1:00-3:00 p.m. BFD visits K-1st

Wednesday, October 18

8:30 a.m. Student Body Mass presented by Mrs. Turner's 5th grade

Thursday, October 19

3:00-7:00 p.m. Parents Teacher Conferences - Noon Dismissal

Friday, October 20

8:00 a.m.-Noon Parent/Teacher Conferences - No School

Home & School

We had 182 St. Mark's School family members join us at the Farmstead on Wednesday night so we raised \$182 for the school. Thank you for supporting this family fun community night!

Watch the video below to see Mrs. Gordon kiss the pig!



Saint Mark's Home & School Meeting Monday, October 9

6:30pm Social

7:00pm Meeting

Mrs. Schutte's Room (middle school)



Topics include:

Principal Report

Treasurer Report

Trunk or Treat

Community events

Dinner Auction

St Mark's Foundation & School Board

**TWO free dress passes will be raffled
to parents in attendance**



ST MARKS HOME & SCHOOL

invites you to a

Halloween

TRUNK OR TREAT

OCTOBER 28



4 - 6 PM

Saint Mark's School Parking Lot

Cost is free. Trunk-or-treating begins at 5:00. Bring candy to share. Prizes awarded for best child costume, best adult costume, and best decorated trunk!





Click on the link below to sign up to help at this year's Dinner Auction.

We have immediate needs for a Tea Cup Team Lead, Procurement Helpers and Reservation Team Lead.

<https://www.signupgenius.com/go/10C0449A8A62EA2FD0-dinner#> or email Jenny Baxter at Stmarksschoolauction@gmail.com



Dinner Auction Dessert SignUp

- There are 2 more dessert spots left, after these are full, no more dessert donation

- opportunities will be added.
- Click <https://www.signupgenius.com/go/10C0449A8A62EA2FD0-44728529-stmarks> to sign up to bring a dessert.

Volunteer Opportunities

Parent Weekly Library Volunteers

Mondays - 12:00-3:00 p.m.

Tuesdays - 12:30-2:45 p.m.

Thursdays - 1:00-3:00 p.m.

Fridays - 9:30 a.m. - 12:30 p.m.

Volunteers will put books in order, shelve them and help with class check outs. Contact Mrs. Rosania at brosania@stmarksschoolboise.com if you would like to volunteer.

**It's
Book Fair
Time!**

Book Fair is Friday, October 13-Friday, October 20
(Parent Volunteers Needed)

Click here to sign up for a time slot to volunteer.

Rake Up St. Mark's is coming on Saturday, November 11. Parents and students can rake leaves and do Fall cleanup on the school grounds. Watch for the sign up coming closer to the event.

Lunch Room Volunteers

NEXT WEEK'S LUNCH HELPERS

Monday (9)—Jower, Bauer, Garcia

Tuesday (10)—Shark, Cavazos, Garcia

Wednesday (11)—Binns, LaMott, Sanchez

Thursday (12)—Speck, Storli, Cavazos

Friday (13)—Binns, Antonoplos, Bauer, Paz

St. Mark's offers a healthy, delicious hot lunch to students and staff EVERY FULL DAY OF SCHOOL!

4 LUNCHROOM HELPERS ARE NEEDED EACH DAY from 10:45-12:45 to load lunches on to trays and deliver the trays to the classrooms. Volunteers are given a free lunch.

Please call (208) 375-6654 or email the School Office to volunteer.

Daily Lunch Schedule: 11:15 a.m. (PS-2); 11:35 a.m. (3-5); 12:00 p.m. (6-8)

News



**Parent/
Teacher
Conference**

Parent/Teacher Conferences will be held on Thursday, October 19 and Friday, October 20. **Click here to visit the PTCfast website to sign up for your conference(s).**

Middle School teachers will be in the gym in a round robin format for parents to conference with teachers on both days, so you will not have a homeroom sign up.



HELP US BRING CLEAN WATER TO KASTEN!

MUFFIN SALE



**\$25 FOR 5
MUFFINS**

PUMPKIN CHOCOLATE CHIP
LEMON BLUEBERRY
LEMON POPPYSEED
BANANA BLUEBERRY
CARROT OAT BRAN
*APPLESAUCE MUFFIN

OCT. 4TH - 11TH

WEEKDAYS

**2:00 -
6:30 P.M.**

SATURDAY

**1:00 -
4:00 P.M.**

SUNDAY

**1:00 -
6:00 P.M.**

**1108 EAST LEWIS STREET
BOISE, ID 83712**

**WE'RE ON THE CORNER OF WALNUT & LEWIS, BY MUNICIPAL PARK.
LOOK FOR THE HORSES IN THE YARD!**



This is the Wise Family, Martin and Cosette are St. Mark's School students. Mom writes "Every year our family devotes a week to help more people access clean water. This past summer we all traveled to Kasten and saw this water source and the need for a sustainable clean water for this village."

"Our muffin sale continues for one week- ending next Wednesday, October 11th. This is our 7th annual muffin sale. We are grateful for all the years that have given thousands of people access to clean water."

Mrs. (Mini)Van has 3 tickets available for the **ENCANTO: THE SING-ALONG FILM CONCERT** on Sunday, October 8 @ 2:00 p.m. at the Morrison Center Tickets are on the Floor, Row L. First family to email rvanpaepegthem@stmarksschoolboise.com gets the tickets. Winner can make a donation to this year's Dinner Auction for the tickets or just come and enjoy the show.

8th grade Legacy Project

Outdoor Winter Greens by JanLar Florists

M. WREATH 20" \$39.75

Fresh Evergreens with cones and bow.
Also available:

28" \$ 47.29

32" \$ 65.18

42" \$ 79.19

48" \$ 92.11

60" \$ 237.34

72" \$ 299.95



CC. CANDY CANE \$47.65

Fresh Evergreens with cones and bow.
Approx. 28" in length.



CR. CROSS \$47.65

Fresh Evergreens with cones and bow.
Approx. 28".



G. GARLAND 10' \$38.87

Cedar adds a warm welcome to
guests. 2 Bows included.

Also Available:

25' \$ 71.55

(3 Bows)

75' \$196.56

(6 Bows)



Hand tied bows will vary
in pattern and color

Prices include Idaho sales tax

**The 8th grade Legacy Christmas Wreath Sale continues
through Monday, October 16.**

The proceeds from this sale help to fund the 8th grade legacy project. This is a project that the 8th graders vote on. It is something that will benefit the school and it allows our 8th graders to say thank you for all the wonderful years they have had here at St. Marks.

There are many different types and sizes of wreaths available. You may purchase a

wreath from any 8th grader or leave your order and check with the school office. Please make checks out to St Mark's School.

Wreaths will be delivered on November 15th and pick up will be at St. Mark's Church. Thank you in advance for your support of our 8th graders!! If you have any questions, please contact Kristin Godfrey at kegodfrey@stmarksschoolboise.com.

Book Fair October 16-20

- Students will be making wish lists and are able to purchase books (if they have money) during their classroom library time during the week
 - Teachers will be making wish lists for their classrooms and the library for parents to purchase
 - Book Fair will be open until 3:30 p.m. Monday-Wednesday for after school shopping
 - Book Fair will be open on Thursday and Friday during Parent/Teacher Conferences for parents to shop
-

Cub Scouts Popcorn

Please support St Mark's
Cub Scout Pack 94!



PROCEEDS FROM THESE SNACKS
GO TOWARDS SUPPORTING
**YOUR LOCAL
SCOUT TROOP!**



Gourmet popcorn will be sold in the parking lot after school on **Thursday, October 12th**, with popcorn on hand, plus orders taken for additional items to be delivered in late November, in time for holiday gifting.





Parents are invited to join teachers on Tuesdays for weekly Morning Prayer in the Chapel at 7:40 a.m. We use part of the Magnificat Morning Prayer--copies will be available to follow along. Please join us!

Sacred Heart is hosting at JUMP in November- a viewing of **Screenagers**. They had a family donate the viewing and are hoping that parents may find this information informative and insightful. The donor has seen the video and was so impacted by it they wanted to make it available to all of our students and families in the community. The event is free. This is a public event and JUMP will be advertising it as well, so get your free ticket early.

**SCREEN
AGERS**
GROWING UP IN THE DIGITAL AGE



Congratulations to this week's Knight of the Week!

Josh Packer (St. Mark's Graduate and BK Sophomore) - Community - Josh gave up a Saturday to volunteer with team members to assist with the FitOne Race. His navigation skills were critical in getting us all in place and on-time as course marshals.

TVCS Events/Sports

Click here for the TVCS athletic schedule.

It is not too late to register for our early winter activities. Practices for 7th and 8th grade girls basketball and wrestling begin Monday, October 9th. If you have not registered yet, please follow the registration link on the TVCS Website. If you have already registered, we look forward to seeing you at practice on Monday/Tuesday.

7th grade girls - Practices begin Tuesday - Coaches will be using the first week of practice to establish the A and B teams

We are still working on solidifying the practice locations and time based on availability.

8th grade girls - Practices begin Monday at St. Joseph's. Coaches will be using the first week of practice to establish A and B teams.

Practices will be: Monday and Wednesday (First two weeks only) 7:30-9:00
Tuesday, Thursday and Friday - 6:00 - 7:30

7th and 8th Grade Girls basketball games begin the week of October 23. Games will primarily be played on Mondays and Wednesdays. End of year tournament is December 11-13th

Wrestling - Wrestling season is just around the corner and it is not too late to join. Practice is held at Bishop Kelly High School in the wrestling room. To start the season we will practice Mondays 4:30 to 6:00 and Tuesday to Friday 5:30-7:15. We will have our first practice this upcoming Monday, 10/09/23. We are flexible and encourage multisport athletes to come to the room and wrestle while they are finishing or competing in other activities. This will be a fun season with a great mix of seasoned wrestlers and new wrestlers alike.

Wrestling is such an amazing sport that provides youth an opportunity to learn things that will help them throughout their lifetime. It helps to develop strong minds and strong bodies. It helps youth to learn to set and work to achieve goals. It is a great sport that I am very grateful to have competed in, and I am still very fortunate to be able to continue to coach and pass along lessons that I have learned along the way. If you are a parent of wrestlers, I hope that you continue to

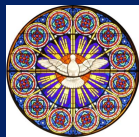
encourage them to work hard. If you are a parent of a youth that doesn't wrestle, I encourage you to encourage them to try out wrestling. Even if they only do it for a short time, they will be forever changed.

We look forward to seeing you on the mat,
Coach Blue
cblue@bk.org

Preschool Happenings



Our Cubs are having so much fun learning. Here some are showing their letter of the week (Ii) finds while two show how they built the letter. I is for insect, iguana, ice cream and more!



Church Connection

If you would like to receive the Parish Newsletter [text](#) BOISESTMARKSNEWS to 42828 to sign up **OR** [Click here](#) to sign up.

Dr. John Bergsma presents:

October 13th 6–7pm

Converted by the Eucharist:
A Protestant Pastor's journey

October 14th 9–10am

How the Whole Bible leads to the Eucharist

October 14th 10:30–11:30am

Not just a meal to remember Jesus:
The Eucharist as Center of Cosmic History

*There will be a chance to purchase Dr.
Bergsma's books before and after each talk.

Register at: www.stmarksboise.org



We would love to have an estimate of how
many people will attend this free event!
Please register here: <https://forms.gle/b8ENEVDKVufUNzXA7>



“Card Bingo”

Saturday, October 7th

Sponsored by Red Hat Angels



Tickets: \$10.00

Tickets available at the door



Fun from 1:00 to 3:00 pm



St. Marks Donoghue Hall

7960 Northview



All monies go to St. Mark's student tuition fund

NO experience needed!!!

For more information and tickets contact: Faith Ann Swayne

faithannswayneccw@gmail.com - 208-373-2971

Flu shot clinic

Get a **FREE** flu shot*
with most insurances.

10% off groceries with every immunization**

Date: 10/12/2023

Time: Morning Classes

Location: St. Mark's School

Additional Information:

- Bring completed consent form to clinic
- Bring insurance card(s) to clinic. If you do not have insurance, flu shot is still covered.
- Wear clothing that will allow access to upper arm

Shots administered by the Pharmacy Team from your neighborhood



* No co-payment unless required by your plan.
** Restrictions apply. Visit pharmacy for details.

ALBCIV201079_Rx_FluClinic_ClinicFlyer_V23_Flu_NoQR_10off_Blue_B2BOnly

[Click here](#) to download and print the Consent Form.

Return the Consent Form to the School Office prior to October 12. Forms can also be found on our website at stmarksboise.com under School Forms.

If you wish for your student not to receive the flu shot, DO NOT RETURN THE FORM, no form means no shot.

Through the St. Alphonsus School Health Program, **Mrs. Bostenero**, RN, BSN, is at St. Mark's on Mondays and Wednesdays, **Mrs. Fuchs**, RN, BSN, is at St. Mark's on Thursdays and **Mrs. Placido**, CNA, SASHP Assistant is here on Tuesdays.



Notes from the Counselor

Hello St. Mark's Families -

Now that we are halfway through the first quarter of the school year, classwork and homework assignments are back in full swing, as well as many after school activities.

So let's look at how much after school activity is right for students.

Developing interests outside of school such as arts, music, and sports can help a child learn and grow. Organized activities can help build a child's skills, self-esteem and ability to get along with others as well as develop talents and passions and help them learn how to push themselves.

Studies have also shown that after school activities can enhance brain development and physical well being. Play, in particular, helps children learn how to solve problems, identify interests and work with others.

Having some free time is also important because it can allow time for kids to play, use their imagination and relax.

Deciding which and how many after school activities are appropriate for a particular child can be challenging. Here are some suggestions for finding the right balance:

- Recognize that all children are different. Consider each child's needs, skills and interests when choosing activities.
- Encourage children to explore a variety of activities to find out what they enjoy.
- Make sure your child has enough unstructured time to either play, read a book, be with friends or relax.
- Be careful about imposing your own wishes on your child. Just because you played piano or soccer does not mean it is right for your child.
- Be open-minded. Your child may choose activities that are unfamiliar to you.
- Encourage your child to let you know when there is too much going on and they just need a break.
- If your child repeatedly resists an activity, talk to them about their thoughts and feelings. Is this the right activity or just the right amount for them?

Some children and teens are overscheduled. Too many commitments can interfere with schoolwork, family time, self-directed interests or rest. Early warning signs that a child may be too busy or feeling overwhelmed include:

- Making excuses or refusing to go to the activity
- Feeling over-tired or not having enough time to sleep
- Having problems with organization or meeting deadlines
- Declining school grades
- Unexplained physical symptoms such as headaches or stomach aches
- Increased anxiety

Some children and teens can also be under-scheduled. Some of these children are good at managing their free time and are self-directed. But for others, having too much free time can cause problems such as “

- Isolation
- Boredom
- Excess screen time
- Lack of physical activity or obesity

Most kids like to be active and busy. Finding the right balance between organized activity and free time can help promote social and emotional growth and development.

Have a great weekend!

Sarah Lynch
St. Mark's School Counselor

Dr. Joe Lipetzky, our school psychologist, is at St. Mark's on Monday and Friday mornings.

Sarah Lynch, our school counselor, is at St. Mark's on Mondays, Tuesday, Wednesdays and Thursdays.

St. Mark's School | 7503 W. Northview St., Boise, ID 83704

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