

**Volume 8, Issue 5-
September 15, 2023**

SAINT MARK'S
-CATHOLIC SCHOOL-



ESTABLISHED 1967

St. Mark's Catholic School Vision

St Mark's Catholic School is dedicated to educating student disciples in body, mind and spirit, through the collaboration of families, community and the Church.

Our Mission

St. Mark's Catholic School is a ministry of St. Mark's Catholic Community that fosters academic excellence, rooted in the Catholic faith, and Christian values.

Letter from our Pastor

A good habit or virtue helps us to always do what is right with ease. The virtue of prayer, for example, developed into a daily habit, helps us to pray easily, even when we don't feel like praying. The virtue of prayer expresses honesty and trust between God and ourselves. Prayer must necessarily be truthful because its object is Truth Himself. Jesus revealed Himself to be "the Way, the Truth, and the Life." In other words, He is the Way to the Truth about Life. If this is so, for our spiritual life, truthfulness is also a necessity for our social life. Human beings cannot live together without communicating their thoughts to one another. This means we must be able to trust one another. But as in the case of prayer, trust is impossible unless we tell the truth to one another.

Next week I will write about the opposite of truth: lying.

With prayers and friendship in Jesus and Mary

Fr. Paul



Letter from our Principal

Dear St. Mark's Families,

Congratulations to our newly elected Student Council representatives (please see the announcement below). This year, Mrs. Turner, Mrs. Dabelich, and Mrs. Lynch will be the student council advisors. I am so proud of all the students who chose to run this year and were willing to volunteer their time to make St. Mark's the



best we can be!

Thank you to our School Advisory Board, Home and School Association, and The Education Foundation for all meeting this week! I am so excited about the level of participation and feel so blessed to be in partnership with all of you as we live our mission to foster excellence in all we do.

Next Week

- 4th - 8th grade students will receive their username and password to access their grades in FACTS. This will improve communication with you and their teachers and help with accountability.
- Mrs. Martin and I will train with the creator of Trust-Based Observations, Craig Randall. He will be at our school on Monday, along with three other Catholic school administrators, as we learn how to implement his research-based techniques to help empower teachers toward innovation and improved practice.
- Saturday, September 23, is the parish picnic (formerly Oktoberfest)! Our students will host the 5:00 p.m. Mass with fun, fellowship, and festivities to follow. I hope to see you all there.

Have a blessed weekend.

Donna Gordon

THIS NEWSLETTER CONTAINS A LOT OF INFORMATION, AND THE LENGTH OF THE NEWSLETTER CAUSES IT TO BE TRUNCATED.

LOOK FOR THE LINK AT THE BOTTOM OF THE EMAIL THAT SAYS "VIEW ENTIRE MESSAGE" TO EXPAND THE EMAIL, OR [CLICK HERE](#) TO VIEW NEWSLETTER ON OUR WEBSITE.

Student Spotlight



This past weekend, Liam and Kaylin R. camped overnight at the Intermountain Bird Observatory (IBO) on Lucky Peak. They got to watch researchers lure hawks, capture owls, and net songbirds! They learned about safe capture practices, migration flyways, what ornithologists do, and why bird research matters. And—highlight—they were able to hold birds for release after banding!

Lion Pride Recognition



LionPRIDE

Practice
MAKES
Saints

	CLASSROOM	HALLWAYS	LUNCH ROOM	PLAYGROUND	BATHROOMS	CHURCH
PERSEVERANCE <i>Every Day - Every Time</i>	Be Prepared Be On Time Be On Task Be Present	Be Timely Be Courteous Model Good Behavior Walk Slowly	Use Your Manners Be Patient Wait to be Excused	Be Safe Obey the Rules Play Fair Share Space & Equipment Be a Good Sport	Throw Away Trash Keep it Clean Flush Toilet Wash Hands	Be Engaged Pray, Not Play Behave Appropriately
RESPECT <i>Others, Self & Property</i>	Be Positive Listen to Others Be Prompt Follow Dress Code Care for School Property	Be Quiet Keep Your Hands to Yourself Keep Clean	Clean up Messes Share Space Eat Only Your Food Keep Voices Low Keep your Hands to Yourself	Use Kind Words Use Equipment as Intended Keep Your Hands to Yourself	Give Others Privacy Use Appropriate Volume	Listen Attentively Enter and Leave Quietly Treat Church Materials with Care
INTEGRITY <i>Honesty in All You Do</i>	Be Honest Be Accountable Do Your Own Work Set & Meet Goals Honor Due Dates	Do the Right Thing Respect Posters & Displays	Use Manners Don't Be Wasteful Pay for Purchases	Notify Staff if Problems Arise Follow Staff Directions	Return to Class Promptly & Quietly Report any Inappropriate Behavior Use at Appropriate Times	Be Kind Be on Time
DISCIPLINESHIP <i>Following Jesus' Example</i>	Support Others Cooperate with Others Be Honest Share Christ's Love	Help Others in Need Say Thank You to Our Custodians	Sit by Those Sitting Alone Engage in Appropriate Conversations	Encourage Others to be Kind Be Inclusive Lead by Example Help Others When Needed	Use Only as Needed Report Supply Shortages Clean Up After Yourself	Be Reverent Actively Participate Be Involved Show Appreciation
EXCELLENCE <i>Strive for Success</i>	Do Your Very Best Work Challenge Yourself Learn Beyond the Classroom Ask Questions	Set a Good Example Greet People Politely	Follow Cafeteria Rules Use an Inside Voice	Solve Issues in a Peaceful Manner Line Up on Time Stay in Assigned Areas	Use During Non-Instructional Times Report Problems to an Adult	Be the Best Version of Yourself Follow Dress Code for Mass

Congratulations to this week's winners:

Parker F

Weekly Calendar

Wednesday, September 20

8:30 a.m. Student Body Mass presented by Mrs. Paz's 7th grade

Friday, September 22

\$1 Optional Spirit Day

Saturday, September 23

5:00 p.m. School Mass hosted by 8th grade

Upcoming Events

Monday, September 25

6th grade leave for MOSS (will be in school until departure)

Tuesday, September 26

6th grade at MOSS

Wednesday, September 27

8:30 a.m. Student Body Mass presented by Mrs. Summer's 5th grade

6th grade at MOSS

Thursday, September 28

6th grade at MOSS

Friday, September 29

1:00(ish) p.m. 6th grade returns from MOSS

Home & School



If you would like to sign up early to volunteer, please follow the link below

<https://www.signupgenius.com/go/10C0449A8A62EA2FD0-dinner#/> or email Jenn Baxter at Stmarksschoolauktion@gmail.com

Remember you need 6 Volunteer Hours for the Dinner Auction.

ST MARK'S DAY AT THE
Farmstead



2500 S EAGLE RD, KUNA, ID 83634

**OCTOBER 4, 2023
4:00-9:00PM**

DISCOUNTED COST IS: \$12 + TAX

(REGULAR PRICE IS \$17)

AT THE TICKET OFFICE, MENTION ST MARKS TO
RECEIVE THE DISCOUNT. \$1 FROM EVERY
ADMISSION GOES BACK TO OUR SCHOOL!

**MRS GORDON IS SCHEDULED
TO KISS THE PIG AT 7:30!**



INCLUDES: CORN MAZE, COW & GRAIN TRAIN RIDES, BEE
LINE ZIPLINES, FARM ANIMALS, HAYRIDES, AND IDAHO
POTATO SACK SLIDE, CORN POPPERS, AND MORE

WWW.LOWEFAMILYFARMSTEAD.COM

Looking for Volunteers to help with Coffee Hour treats and working during the Coffee Hour.

Coffee Hour Dates:

September 24th: 1st Grade

October 22nd: 2nd Grade

November 26th: 3rd Grade

(No Coffee Hour in December)

January 28th: 4th Grade

February 11th: 5th Grade

March 10th: 6th Grade

April 28th: 7th Grade

Bring in one to two dozen baked goods for coffee hour, each \$20 equals 1 hour of Volunteer Hours. Bring the baked goods to the school on the Friday before coffee hour and your items will be picked up and taken to the church. If you can help after the 11am Mass to help serve and clean up, please contact Cheryl Hutchinson at chutchinson@bk.org.

Parent Weekly Library Volunteers

Mondays - 12:00-3:00 p.m.

Tuesdays - 12:30-2:45 p.m.

Thursdays - 1:00-3:00 p.m.

Fridays - 9:30 a.m. - 12:30 p.m.

Volunteers will put books in order, shelve them and help with class check outs. Contact Mrs. Rosania at brosania@stmarksschoolboise.com if you would like to volunteer.



Book Fair is Coming
(Parent Volunteers Needed)

Click here to sign up for a time slot to volunteer. Book Fair runs from Friday, October 13 (set up) through Friday, October 20.

Log your Volunteer Hours in your FamilyPortal.

Each family is required to give a minimum of 24 hours per school year, 18 of which to help with various tasks as identified by the principal and staff, and 6 of which to contribute to the success of our annual dinner auction. These hours directly support the operations of the school and are separate from the parish ministry requirement for families applying for the In-Parish tuition benefit.

Lunch Room Volunteers

NEXT WEEK'S LUNCH HELPERS

Monday (18)—Mojica, Maus

Tuesday (19)—

Wednesday (20)—Anderson, Gorney, Binns, Corcoran

Thursday (21)—Storli

Friday (22)—Antonoplos, Paz, Gorney, Binns

St. Mark's offers a healthy, delicious hot lunch to students and staff EVERY FULL DAY OF SCHOOL!

4 LUNCHROOM HELPERS ARE NEEDED EACH DAY from 10:45-12:45 to load lunches

on to trays and deliver the trays to the classrooms. Volunteers are given a free lunch.

Please call (208) 375-6654 or email the School Office to volunteer.

Daily Lunch Schedule: 11:15 a.m. (PS-2); 11:35 a.m. (3-5); 12:00 p.m. (6-8)

News

The Student Council at St. Mark's Catholic School is organized for students in grades 4th through 8th. The purpose of the organization is to provide an active student government, establish favorable student/teacher relationships, develop scholarship, promote school loyalty, and develop potential leadership.

Throughout the year the Student Council sponsors several activities. Among these activities are Red Ribbon Week, spirit weeks, campus tours, the annual talent show, and various fundraisers to benefit the community and the school.

Congratulations to this year's Student Council elected officers and representatives. We are excited to serve our great school this year!

President: Michael T

VP: Daniella D

Treasurer: Clara J

Secretary: Hayden P

Community Service: Faith H

Social Events: Felicity Q

8th Grade Rep: Bryden C

7th Grade Reps: Andrew C and Luke G

6th Grade Reps: Pilar M and Greta W

5th Grade Reps: Diana C and Emma B

4th Grade Reps: Katherine B, Colton S and Cailyn J

Student Council Advisors: Mrs. Turner, Mrs. Dabelich and Mrs. Lynch

Thank you to all the students who ran for office and their willingness to serve our student body.

Do Good Day

Saturday, September 16th

*A DAY TO HONOR BRADEN CALDWELL
THROUGH RANDOM ACTS OF "GOODNESS"*



Braden and his 2 sisters were former students at St. Mark's. Braden was killed in a tragic car accident last summer and his family has dedicated this day to honor Braden to Do Good for your community. [Click here](#) to record your Acts of Goodness.

Thursday was the first day our flag flew on the new flagpole that was installed this summer.



If you ordered Student Photos that were taken on August 25, they were sent home this week. You can still order pictures by logging into parkerportraitsonline.com and use your Access Key. Orders



placed now are subject to postage and will be shipped to your home.

Retakes will be taken on Friday, October 27 from 8:30- 9:30 a.m. If you missed the original Picture Day or don't like your photos (you must return your picture packet to the school to have the photo retaken and not be charged), students may wear their picture clothes to school but must change into uniform after the picture is taken.

Carpool Wanted – 3rd grade parent would like to join/share daily carpool coming from the Linder/State Street area. Contact Ellen Burke @ 208-963-1159.

TREASURE VALLEY &
CHILDREN'S THEATER
proudly present

MOUNTAIN
AMERICA
CREDIT UNION

Disney

NEWSIES JR!



Music by
Alan Menken

Lyrics by
Jack Feldman

Book by
Harvey Fierstein

Based on the
Disney film written by
Bob Tzudiker and Noni White

ADMISSION BY DONATION

FRI • SEPT 29

6PM

Settler's Park
3245 N Meridian Rd
Meridian

SAT • SEPT 30



2PM

6PM

JUMP
1000 W Myrtle St
Boise

*We invite the community to bring umbrellas,
shade, camp chairs, blankets, and a picnic to
enjoy while watching.*

Denotes performance is interpreted in American Sign Language.

Disney's *Newsies JR.* is presented through special arrangement with and all authorized materials are supplied by Music Theatre International, New York, NY 212-541-4684
mtishows.com

supported by



TREASUREVALLEYCHILDRENSTHEATER.COM

Emma Torkelson, St. Mark's Graduate (Student Body President) and BK Sophomore, is an actress/understudy in this show.



RAISE DAYS

SEPT 21 - 22

135+ Bonuses • Earnings up to 22%

Things to Know

- 2 days only. 135+ brands on bonus.
- Bonuses apply to eGift cards and reloaded gift cards only.
- Participants must have an online account to participate.

How to Participate

Already have a RaiseRight participant account?

View and shop bonuses September 21-22 on the RaiseRight mobile app or at [RaiseRight.com](https://www.RaiseRight.com).

Don't have a RaiseRight yet?

Follow the easy steps to get started at [RaiseRight.com/m/StartEarning](https://www.RaiseRight.com/m/StartEarning). Check with your program coordinator to get your organization's unique enrollment code.

Get a Sneak Peek of all Raise Days bonuses

Exclusively in the RaiseRight mobile app, Wednesday, September 20



St. Mark's Enrollment Code:

3F76DEEB22554



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Scrip is another word for substitute money. Every time you purchase Scrip you earn cash for our school, and it's at no cost to you! Begin using Scrip today, and earn money for our school.

This sale is only for e-cards and reloading gift cards purchased through RaiseRight (formerly Scrip).

Medical/Dental Appointments -Medical/dental appointments should, whenever possible, be made outside the school day. When an appointment can be made at no other time, requests for school absences will be honored. Please provide advanced notice of the appointment to the school office either by telephone call, e-mail, or written note. The student will be released from class only after the parent/ guardian arrives at St. Mark's Catholic School or you may call the school office 10 minutes before you arrive and the student will be called to the office. A doctor's note is required upon the student's return to school.

Tardiness - Punctual arrival at school is important. Students shall be considered tardy if they are not in their classroom prior to the starting time. If a child will be late, please contact the office via telephone or email. Students who are tardy are expected to sign in at the office prior to heading to their classroom. Failure to check in at the office will be marked absent for the day.

Tardies are tracked on a quarterly basis. Students will serve a lunch detention / or pay a \$10 fine after accumulating 3 unexcused tardies within a quarter. Repeated unexcused tardies in all grades will result in appropriate action by the administration.

Flu shot clinic

Get a **FREE** flu shot*
with most insurances.

10% off groceries with every immunization**

Date: 10/12/2023
Time: Morning Classes
Location: St. Mark's School

Additional Information:

- Bring completed consent form to clinic
- Bring insurance card(s) to clinic. If you do not have insurance, flu shot is still covered.
- Wear clothing that will allow access to upper arm

Shots administered by the Pharmacy Team from your neighborhood



* No co-payment unless required by your plan.
** Restrictions apply. Visit pharmacy for details.

To download and print the Consent Form, click on the above flyer. [If you wish for your student not to receive the flu shot, DO NOT RETURN THE FORM, no form means no shot.](#)

TVCS Events/Sports

[Click here](#) for the TVCS athletic schedule.

Preschool Happenings



We had a fun week learning about the Letter Ff. We counted fish, played with fish, caught fish, and if it was Lent we might have eaten fish.



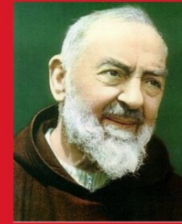
Church Connection

If you would like to receive the Parish Newsletter [text](#) BOISESTMARKSNEWS [to](#) 42828 to sign up **OR** [Click here](#) to sign up.



Save the Date for St. Mark's Parish Picnic

- Takes place on St. Padre Pio's Feast day; we will celebrate him with an Italian theme!
- Italian Food
- Wine/Beer Garden
- Bounce Houses for the kids!
- This will replace the Oktoberfest



Saturday, September 23, 2023

AFTER THE 5PM MASS

School Hosted Mass

We need more volunteers to help with the bounce houses, clean up, and kids' games.
This is the link for the sign-up: <https://www.signupgenius.com/go/20F044BAEA92AABFC1-parish>

Time volunteered counts toward your parish ministry, not Volunteer Hours at the school.

Dr. John Bergsma presents:

October 13th 6–7pm

Converted by the Eucharist:
A Protestant Pastor's journey

October 14th 9–10am

How the Whole Bible leads to the Eucharist

October 14th 10:30–11:30am

Not just a meal to remember Jesus:
The Eucharist as Center of Cosmic History

*There will be a chance to purchase Dr.
Bergsma's books before and after each talk.

Register at: www.stmarksboise.org



Notes from the Nurse

Medicine

For students requiring prescription medication at school, a parent/guardian must bring the original prescription bottle (with prescription attached) to the school office and sign a medication authorization form which will be placed on file.

If a student is to receive an over-the-counter medication (i.e. Tylenol, Advil, cough drops) at school, a parent/guardian must complete medication pages in their FamilyPortal account to allow the office staff or school nurses to administer the medication.

Through the St. Alphonsus School Health Program, Mrs. Bostenero, RN, BSN, is at St. Mark's on Mondays and Wednesdays, Mrs. Fuchs, RN, BSN, is at St. Mark's on Thursdays and Mrs. Placido, CNA, SASHP Assistant is here on Tuesdays.



Notes from the Counselor

Did you know there are **5 levels of behavior contracting** with your children. Here is the template:

Level 1: Is it a problem?

Level 2: Do you want to do something about it?

Level 3: Are you willing to do the easy things to solve it?
Level 4: Are you willing to do the hard work to solve it?
Level 5: Are you willing to do the hard work someone else's way?

Using this template, you can check where your child is in their follow through. When you get to level 5 you will have success. If the child is at level 1 or 2 they don't want to do anything about it, they are just noisy and letting you know there is something bothering them. At this point you can listen and agree it is painful or difficult. You are matching their emotion with empathy to understand they are having a hard time. This is heart language for "I care." Now, the good news is that just giving that I care message takes care of 80% of the kids level 1 and 2 problems. So you don't have to solve that issue any longer.

If they agree it is a problem and they are at level 3, you can inquire about what they want to do about it. Then again empathize and have them let you know what they want to know how that works out for them. Again this lets you give a "I care" message with less solving on your part. If they come back with level 4 problems, you can again ask them what they want to do about it and how that will work out. This is because they are starting to think and having them visualize the consequences is a useful tool to decide before I do it if that solution is worth it.

When they get to level 5 they are at a point when they tried all the things they could think of and still have the problem. It is good to ask them what they tried so far and how it worked out. Then you are not stuck with telling them something they already did. Now you can pull on your wisdom or the wisdom of other friends, family, or professionals if needed to come up with a plan that has more chance of success. The advantage is that you have more experience than your child at life and can do the research if needed to solve the problem. The idea with this template is that you don't have to solve the problem until the child knows they can not solve it and they are asking for help. This means they will not fight you to solve the problem anymore. Good luck in guiding your child to solve the problems more of the time. That is training them to be big (ready for adult life) and they want that and so do you.

Joe Lipetzky Psy.D.

Dr. Joe Lipetzky, our school psychologist, is at St. Mark's on Monday and Friday mornings.

Sarah Lynch, our school counselor, is at St. Mark's on Mondays, Tuesday, Wednesdays and Thursdays.

St. Mark's School | 7503 W. Northview St., Boise, ID 83704

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