

## Volume 8, Issue 6- September 22, 2023

# SAINT MARK'S -CATHOLIC SCHOOL-

EDUCATIONAL EXCELLENCE

ESTABLISHED 1967

### St. Mark's Catholic School Vision

**St Mark's Catholic School is dedicated to educating student disciples in body, mind and spirit, through the collaboration of families, community and the Church.**

### Our Mission

**St. Mark's Catholic School is a ministry of St. Mark's Catholic Community that fosters academic excellence, rooted in the Catholic faith, and Christian values.**

### Letter from our Pastor

**Dear Families and Friends of St. Mark's,**

Last week I wrote about being truthful in our prayer lives. This week, the opposite, lying, is important to understand.

We all remember the story of the boy who cried "Wolf!" once too often, with disastrous results. If society and our own individual lives are to function smoothly, we must be able to believe one another. Lying, then, is sinful. The sinfulness of the lies may vary according to the conditions and the seriousness of the matter about which the lie is told. Some people often confess what they call "little white lies," which may be less grave but are nonetheless dangerous because they are untruths and may easily lead to habitual lying. Others lie because they fear the truth may not be accepted or may cause an adverse reaction. So, for lack of courage many times we fail to tell the truth. But remember the Eighth Commandment: You shall not bear false witness against your neighbor. This prohibits lying, perjury, gossip, spreading rumors, defamation of character, hypocrisy, and boasting.

Our Lord, before Pilate, said that the primary reason for His coming was "to witness to the truth". He called the devil "a liar from the beginning" and insisted that "the truth will set you free." We know that "the truth hurts" mainly because it can be used as a club to beat us with. The truth sets us free when it is communicated with Christ-like love. That should always be our goal—witnessing to the truth with love.

**With prayers and friendship in Jesus and Mary,**

*Fr. Paul*



## Letter from our Principal



Dear St. Mark's Families,

Happy fall! We completed a fantastic 6th week of school. Thank you for having such incredible children who come to school ready to learn, share their ideas, and be beautiful examples of Christ. God is good!

Erin Martin, our assistant principal, and I spent three days training with the creator of Trust-Based Observations, Craig Randall. We are so excited to bring this innovative observation tool to St. Mark's that will directly affect teachers' practice and student learning.

Tomorrow, our 8th graders are hosting the 5:00 p.m. Mass, which will be followed by the parish picnic. There will be bouncy houses, games, music, and Italian food in honor of St. Padre Pio's feast day. The parish is still looking for volunteers. The sign-up Genis is posted below.

Next week, our sixth graders are heading to The McCall Outdoor Science School (MOSS). They will spend the week learning outdoors with University of Idaho graduate students, canoeing, hiking, bonding with classmates, and so much more! A huge thank you to our Home and School Association's fundraising efforts that pay for the trip each year and to all those who contribute to the fundraisers.

I pray you have a blessed weekend.

Peace,  
Donna Gordon

**THIS NEWSLETTER CONTAINS A LOT OF INFORMATION, AND THE LENGTH OF THE NEWSLETTER CAUSES IT TO BE TRUNCATED.**

**LOOK FOR THE LINK AT THE BOTTOM OF THE EMAIL THAT SAYS "VIEW ENTIRE MESSAGE" TO EXPAND THE EMAIL, OR [CLICK HERE](#) TO VIEW NEWSLETTER ON OUR WEBSITE.**



Please pray for our 6th graders, their teachers and chaperones who leave on Monday for MOSS and return on Friday. Pray that they have safe travels and a fun week of learning and fellowship.

## Student Spotlight



St. Mark's TVCS Cheerleaders - from left to right - Clara J, Sophia D, Bentley H, Bella W, Addie R, Faith H and Raquel C. You will see them cheering on the Black Knights at all football games this fall.

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Has your child done something amazing, please send a photo and explanation to [schooloffice@stmarksschoolboise.com](mailto:schooloffice@stmarksschoolboise.com) and we will feature them here.

### **Lion Pride Recognition**



# LionPRIDE

Practice  
MAKES  
Saints

	CLASSROOM	HALLWAYS	LUNCH ROOM	PLAYGROUND	BATHROOMS	CHURCH
<b>PERSEVERANCE</b> <i>Every Day - Every Time</i>	Be Prepared Be On Time Be On Task Be Present	Be Timely Be Courteous Model Good Behavior Walk Slowly	Use Your Manners Be Patient Wait to be Excused	Be Safe Obey the Rules Play Fair Share Space & Equipment Be a Good Sport	Throw Away Trash Keep it Clean Flush Toilet Wash Hands	Be Engaged Pray, Not Play Behave Appropriately
<b>RESPECT</b> <i>Others, Self &amp; Property</i>	Be Positive Listen to Others Be Prompt Follow Dress Code Care for School Property	Be Quiet Keep Your Hands to Yourself Keep Clean	Clean up Messes Share Space Eat Only Your Food Keep Voices Low Keep your Hands to Yourself	Use Kind Words Use Equipment as Intended Keep Your Hands to Yourself	Give Others Privacy Use Appropriate Volume	Listen Attentively Enter and Leave Quietly Treat Church Materials with Care
<b>INTEGRITY</b> <i>Honesty in All You Do</i>	Be Honest Be Accountable Do Your Own Work Set & Meet Goals Honor Due Dates	Do the Right Thing Respect Posters & Displays	Use Manners Don't Be Wasteful Pay for Purchases	Notify Staff if Problems Arise Follow Staff Directions	Return to Class Promptly & Quietly Report any Inappropriate Behavior Use at Appropriate Times	Be Kind Be on Time
<b>DISCIPLESHIP</b> <i>Following Jesus' Example</i>	Support Others Cooperate with Others Be Honest Share Christ's Love	Help Others in Need Say Thank You to Our Custodians	Sit by Those Sitting Alone Engage in Appropriate Conversations	Encourage Others to be Kind Be Inclusive Lead by Example Help Others When Needed	Use Only as Needed Report Supply Shortages Clean Up After Yourself	Be Reverent Actively Participate Be Involved Show Appreciation
<b>EXCELLENCE</b> <i>Strive for Success</i>	Do Your Very Best Work Challenge Yourself Learn Beyond the Classroom Ask Questions	Set a Good Example Greet People Politely	Follow Cafeteria Rules Use an Inside Voice	Solve Issues in a Peaceful Manner Line Up on Time Stay in Assigned Areas	Use During Non-Instructional Times Report Problems to an Adult	Be the Best Version of Yourself Follow Dress Code for Mass

SAINT MARK'S  
-CATHOLIC SCHOOL-

## Congratulations to this week's winners:

Max B, Jude Q, Lucas L, Landry B, Luke D

## Weekly Calendar

### Monday, September 25

6th grade leave for MOSS (will be in school until departure)

### Tuesday, September 26

6th grade at MOSS

### Wednesday, September 27

8:30 a.m. Student Body Mass presented by Mrs. Summer's 5th grade  
6th grade at MOSS

### Thursday, September 28

6th grade at MOSS

### Friday, September 29

1:00(ish) p.m. 6th grade returns from MOSS

## Upcoming Events

### Monday, October 2

School Custodian Appreciation Day

### Wednesday, October 4

8:30 a.m. Student Body Mass present by Ms. Hatfield's 6th grade



4:00-9:00 p.m. St. Mark's Community Night at Farmstead  
7:30 p.m. Mrs. Gordon kisses a pig at Farmstead

**Friday, October 5**

Spirit Day

**Saturday, October 6**

Mrs. Paz Birthday

**Home & School**



Click on the link below to sign up to help at this year's Dinner Auction.

<https://www.signupgenius.com/go/10C0449A8A62EA2FD0-dinner#>

or email Jenn Baxter at [Stmarksschoolauction@gmail.com](mailto:Stmarksschoolauction@gmail.com)

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ST MARK'S DAY AT THE  
**Farmstead**



**2500 S EAGLE RD, KUNA, ID 83634**

**OCTOBER 4, 2023**  
**4:00-9:00PM**

**DISCOUNTED COST IS: \$12 + TAX**  
(REGULAR PRICE IS \$17)

AT THE TICKET OFFICE, MENTION ST MARKS TO  
RECEIVE THE DISCOUNT. \$1 FROM EVERY  
ADMISSION GOES BACK TO OUR SCHOOL!

**MRS GORDON IS SCHEDULED  
TO KISS THE PIG AT 7:30!**



INCLUDES: CORN MAZE, COW & GRAIN TRAIN RIDES, BEE  
LINE ZIPLINES, FARM ANIMALS, HAYRIDES, AND IDAHO  
POTATO SACK SLIDE, CORN POPPERS, AND MORE

**[WWW.LOWEFAMILYFARMSTEAD.COM](http://WWW.LOWEFAMILYFARMSTEAD.COM)**

[Volunteer Opportunities](#)

[Parent Weekly Library Volunteers](#)

Mondays - 12:00-3:00 p.m.  
Tuesdays - 12:30-2:45 p.m.  
Thursdays - 1:00-3:00 p.m.  
Fridays - 9:30 a.m. - 12:30 p.m.

Volunteers will put books in order, shelve them and help with class check outs. Contact Mrs. Rosania at [brosania@stmarksschoolboise.com](mailto:brosania@stmarksschoolboise.com) if you would like to volunteer.

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## Book Fair is Coming

(Parent Volunteers Needed)

**Click here** to sign up for a time slot to volunteer. Book Fair runs from Friday, October 13 (set up) through Friday, October 20.

## Lunch Room Volunteers

### NEXT WEEK'S LUNCH HELPERS

Monday (25)—Jower (2)  
Tuesday (26)—Schaller  
Wednesday (27)—Corcoran, Rubalcava, Binns, Gorney  
Thursday (28)—Storli, Speck  
Friday (29)—Antonoplos, Paz, Binns, Gorney

St. Mark's offers a healthy, delicious hot lunch to students and staff EVERY FULL DAY OF SCHOOL!

4 LUNCHROOM HELPERS ARE NEEDED EACH DAY from 10:45-12:45 to load lunches on to trays and deliver the trays to the classrooms. Volunteers are given a free lunch.

Please call (208) 375-6654 or email the School Office to volunteer.

Daily Lunch Schedule: 11:15 a.m. (PS-2); 11:35 a.m. (3-5); 12:00 p.m. (6-8)

## News

The weather is turning colder,  
make sure your students come to school with a  
jacket, gloves and hat for outside recesses.



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*thank  
you*

Thank you to our 8th grade parents for the delicious Home & School lunch last week. We were truly spoiled and loved it!

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Peter Green, St. Mark's Church, will be hosting EM training Sunday, October 1st after both the 8:30 and 5:00 Masses. He will also be leading another training on Monday, October 9th at 3:30 in hopes of training St. Mark's School families. No need to register, just come to the training.

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**Tardiness** – Punctual arrival at school is important. Students shall be considered tardy if they are not in their classroom prior to the starting time. If a child will be late, please

contact the office via telephone or email. Students who are tardy are expected to sign in at the office prior to heading to their classroom. Failure to check in at the office will be marked absent for the day.

Tardies are tracked on a quarterly basis. Students will serve a lunch detention / or pay a \$10 fine after accumulating 3 unexcused tardies within a quarter. Repeated unexcused tardies in all grades will result in appropriate action by the administration.

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### St. Mark's School Choir

Any 5th - 8th grade student is welcome to join choir! Rehearsals are Mondays and Tuesdays after school from 3:00pm-3:45pm in the Music room. No audition needed and even if the student can go once a week to start due to sports, please just come! **Email Mrs. Cooper** if you have any questions.

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# 8<sup>th</sup> grade Legacy Project

Outdoor Winter Greens by JanLar Florists

## M. WREATH 20" \$39.75

Fresh Evergreens with cones and bow.  
Also available:

- 28" \$ 47.29
- 32" \$ 65.18
- 42" \$ 79.19
- 48" \$ 92.11
- 60" \$ 237.34
- 72" \$ 299.95



## CC. CANDY CANE \$47.65

Fresh Evergreens with cones and bow.  
Approx. 28" in length.



## CR. CROSS \$47.65

Fresh Evergreens with cones and bow.  
Approx. 28".



## G. GARLAND 10' \$38.87

Cedar adds a warm welcome to guests. 2 Bows included.

Also Available:  
25' \$ 71.55  
(3 Bows)  
75' \$196.56  
(6 Bows)



Hand tied bows will vary  
in pattern and color

Prices include Idaho sales tax

It's beginning to look a lot like Christmas! Our 8th grade class has begun the annual Christmas wreath sales. The Sale continues through Monday, October 16. The proceeds from this sale help to fund the 8th grade legacy project. This is a project that the 8th graders vote on. It is something that will benefit the school and it allows our 8th graders to say thank you for all the wonderful years they have had here at St. Marks.

There are many different types and sizes of wreaths available. You may purchase a wreath from any 8th grader or leave your order and check with the school office.

Please make checks out to St Mark's School. Wreaths will be delivered on November 15th and pick up will be at St. Mark's Church.

Thank you in advance for your support of our 8th graders!! If you have any questions, please contact Kristin Godfrey at [kegodfrey@stmarksschoolboise.com](mailto:kegodfrey@stmarksschoolboise.com).



If parents arrive at school at 3:15 or later to pick up your student in K-8 you will pick them up from Homework Club. Go to the west end of the building and ring the doorbell.

Homework Club charges are as follows:

3:15-3:30 p.m. - \$2.00 per child per timeslot  
3:31-4:30 p.m. - \$6.00 per child per timeslot  
4:31-5:30 p.m. - \$6.00 per child per timeslot

We do not offer Homework Club for Preschool. Preschool after care was arranged during enrollment and is not a drop in service. Preschoolers need to be picked up no later than 3:15 from the classroom. If you would like to add after care for your preschooler, please contact the school office.

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### **Viewing Grades in FamilyPortal**

- Log into your FamilyPortal account
- Click on "Student" on left side of the page
- On right side of page under "Classes", click on the number grade under the "Grade" tab
- To change classes, at the top of "gradebook Student Progress Report" click on the toggle "Select a Class"
- To change a student, click on the "Student" toggle at the top of the page

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Retake Day is Friday, October 27 from 8:30- 9:30 a.m. If you missed Picture Day or don't like your photos (you must return your picture packet to the school to have the photo retaken and not be charged). Students may wear their picture clothes to school but must change into uniform after the picture is taken.



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**Click here** to view the October Lunch Menu.

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October is a busy month, **click here** to download the October calendar.

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# Here I am Lord. Send Me.

- Isaiah 6:8

Fall Pledge Drive  
October 18-20  
7AM - 6PM

St. Mark's is on the air  
Wednesday, October 18  
3-6PM



**WWW.SALTANDLIGHTRADIO.COM**  
**CALL & PLEDGE 208-344-4774**



Salt & Light Catholic Radio's fall pledge drive is October 18-20 daily from 7am-6pm. **St. Mark's will be highlighted on Wednesday, October 18 from 3-6PM.** The theme is "Here I Am Lord. Send Me." and will focus on stories about following God's call. Tune in to 102.3 FM, 1140 AM, our new Salt & Light Radio App, or listen online and find the complete parish pledge schedule at [saltandlightradio.com](http://saltandlightradio.com).

## [TVCS Events/Sports](#)

**Click here** for the TVCS athletic schedule.

## [Preschool Happenings](#)





This week we fit in a little apple theme for the Cubs to explore.



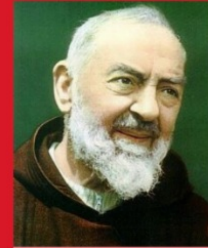
### **Church Connection**

If you would like to receive the Parish Newsletter [text BOISESTMARKSNEWS to 42828](#) to sign up **OR** [Click here](#) to sign up.



# Save the Date for St. Mark's Parish Picnic

- Takes place on St. Padre Pio's Feast day; we will celebrate him with an Italian theme!
- Italian Food
- Wine/Beer Garden
- Bounce Houses for the kids!
- This will replace the Oktoberfest



Saturday, September 23, 2023

AFTER THE 5PM MASS

School Hosted Mass

We need more volunteers to help with the bounce houses, clean up, and kids' games.

This is the link for the sign-up: <https://www.signupgenius.com/go/20F044BAEA92AABFC1-parish>

Time volunteered counts toward your parish ministry, not Volunteer Hours at the school.

Notes from the Nurse



# Flu shot clinic

Get a **FREE** flu shot\*  
with most insurances.

10% off groceries with every immunization\*\*

**Date:** 10/12/2023

**Time:** Morning Classes

**Location:** St. Mark's School

**Additional Information:**

- Bring completed consent form to clinic
- Bring insurance card(s) to clinic. If you do not have insurance, flu shot is still covered.
- Wear clothing that will allow access to upper arm

Shots administered by the Pharmacy Team from your neighborhood



\* No co-payment unless required by your plan.  
\*\* Restrictions apply. Visit pharmacy for details.

ALBCIV201079\_Rx\_FluClinic\_ClinicFlyer\_V23\_Flu\_NoQR\_10off\_Blue\_B2BOnly

Click on the flyer to download and print the Consent Form. Return the Consent Form to the School Office prior to October 12. Forms can also be found on our website at [stmarksboise.com](http://stmarksboise.com) under School Forms.



If you wish for your student not to receive the flu shot, **DO NOT RETURN THE FORM, no form means no shot.**

Through the St. Alphonus School Health Program, **Mrs. Bostenero, RN, BSN**, is at St. Mark's on Mondays and Wednesdays, **Mrs. Fuchs, RN, BSN**, is at St. Mark's on Thursdays and **Mrs. Placido, CNA, SASHP Assistant** is here on Tuesdays.

Some parents ask what to do **if the kids have too much screen time** . They are quick to want phones and tablets, computers, or screens of some sort. Research is supporting that having time on screens makes people more reactive, short tempered, and less tolerant of things that require effort. There are several ways to set boundaries on your children's use of technology. Here are some Love and Logic options:

### 1 Make the timing work for you.

Some parents decide to take care of the screen problems while the kids are out of the house. The kids then come home, and it is not around. The parents may keep the devices at a friend's house. The parents may need the support of other parents or friends around when the kids return that day and throw a fit. It is good to plan this with some back up from your spouse or friends if needed because the reaction is an emotional wave that will pass. I can not be upset just because my child is upset. Hold on to the idea that this is a temporary reaction, and it will pass. That way you can be calm and agree it is hard, but it will not kill them and they will calm down. They also learn that when you say something it will happen.

### 2 If you are not an IT person get help from a non-kid .

Many parents have told us they did a favor for a tech-savvy friend who agreed to help them set up internet access, phone access, monitoring systems, passwords and more. Too many families have their teen as their IT person and then are helpless when it's time to turn off, pause or limit access to a service. It's best when we are able to pause or block service on short notice from our own device. The tech-savvy friend can also help mitigate problems like "I need it for school/homework" by having options already in place.

### 3 Be willing to take the phone away .

We provide these devices as long as they don't cause problems. When they cause problems, we must take the device away. Yes, some kids will try to punish us emotionally. Yes, some kids will threaten that we won't be able to find/contact them when we need to. Some parents decide to have a phone with limited calling (these are often much cheaper) available to mitigate that problem. There are plenty of excuses to be found if we look for them. The bottom line is that we are the adults, we are the leaders in the home and we pay for/provide these things for our kids. There is a remarkable history of kids getting cell phones taken away because they were abusing the privilege in some way and 1) Surviving the ordeal and 2) Being more responsible when they got the privilege back.

### 4 Wait longer than you think to return the privilege .

One other common mistake we see made is giving in to pressure and returning the device or access to service too soon. The adults need to decide the limit and the expectation – and it's ok to be vague so that you are in total control of the expectation. We like the phrase "when I don't have to worry about ..." instead of a time period like a week (not long enough in most cases).

We know a mom who said, I'll discuss returning the game system when I don't worry so much about siblings fighting over it." When her kids asked when that would be, she asked, "What kinds of things would help me worry about that less?" The kids decided that if they were fighting less about other things, that would be a good sign. And mom got some bonus benefits.

**You can do this!** Make a plan. Get help from friends. Remember to set limits using enforceable statements such as "I provide phones as long as they aren't a problem" – and then hope you get a chance to follow through with action. The action you take now will pay off in the long run. It is not too late to reclaim some sanity in your home.

For more, check out the audio *Teens and Technology*. From Love and Logic.

Joe Lipetzky, Psy.D

Dr. Joe Lipetzky, our school psychologist, is at St. Mark's on Monday and Friday mornings.

Sarah Lynch, our school counselor, is at St. Mark's on Mondays, Tuesday, Wednesdays and Thursdays.



Try email marketing for free today!

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