

Volume 10, Issue 4-September 5, 2025



St. Mark's Catholic School Vision

St Mark's Catholic School is dedicated to educating student disciples in body, mind and spirit, through the collaboration of families, community and the Church.

Our Mission

St. Mark's Catholic School is a ministry of St. Mark's Catholic Community that fosters academic excellence, rooted in the Catholic faith, and Christian values.

Letter from our Pastor

Dear Students, Families, and Community of St. Mark's School

In our gospel reading for this coming weekend (23rd Sunday in Ordinary Time), the writer Luke captures the words of Jesus in what can seem at first to be a confusing or controversial statement. When reflecting deeper, we come to see at least two profound lessons he is teaching.



The gospel reading (Lk 14: 25-33) includes the statements:

"If anyone comes to me without hating his father and mother, wife and children, brothers and sisters, and even his own life, he cannot be my disciple.

Whoever does not carry his own cross and come after me cannot be my disciple."

First, Jesus is most definitely NOT suggesting we should hate anyone...especially family members, nor ourselves. Rather, our love for Him, our desire to be close to and serve our Lord must be so intense that it will make our love for family and self to appear as the opposite of love. Ironically, it is in seeking to truly and completely love our Lord, that we are equipped and able to love others and respect ourselves. We really can't demonstrate the fullness of love for another without loving him first. He is the source of love.

Second, Jesus is teaching us that we have to be willing to "carry our own cross" each day. That cross can take the form of being patient with someone who is really trying our patience. It can take the form of doing the extra little bit beyond that which is required to ensure a good result. Doing the extra to help everyone benefit. It can take the form of self imposed disciplines in how we spend our time each day that will help us grow in mind, body, and soul.

Fr. Celestine and I are so overjoyed with each of you as we begin this school year. Let's continue to rise and win together.

Fr. Celestine and Fr. John

Letter from our Principal

Dear St. Mark's Families.

We had a very productive short week at St. Mark's!

- Middle school students completed two of their three MAP tests.
- Students finished their IXL benchmark assessments.
- Teachers spent a day collaborating on how to track student data and live out our Together We Rise theme with one another, our students, and our families.



Please see the pictures below to catch a glimpse of how we are rising together at school!

As I mentioned at Back-to-School Night, one way we can live out our theme is through open communication. To support this, we've introduced the Rise & Share Google Form.

Here's how it works:

- If you have a question or concern and prefer to share it through the form, I will check responses every morning.
- If you'd like a reply, you can include your contact information, and I'll respond as soon as
 possible.

Example: A parent recently asked how billing works for Homework Club when their child attends an after-school activity like Art Club or Choir. Thanks to our Office Administrator Marie, I was able to confirm:

- The first 15 minutes after an extracurricular activity are free (just like after school dismissal).
- After that, the charge is \$6.00.

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It was a great question that helped us clarify something important for all families! Please don't hesitate to reach out by email or through the Rise & Share form with ANY question or concern. Together, we continue to rise as a community of faith and learning.

Have a blessed weekend.

Peace.

Donna

This is How We Rise



5th Grade students were asked, "What is one way I can lift someone up this





Middle school students were asked, 'What are some things you're looking

THIS NEWSLETTER CONTAINS A LOT OF INFORMATION, AND THE LENGTH OF THE NEWSLETTER CAUSES IT TO BE TRUNCATED.

LOOK FOR THE LINK AT THE BOTTOM OF THE EMAIL THAT SAYS "VIEW ENTIRE MESSAGE" TO EXPAND THE EMAIL, OR **CLICK HERE** TO VIEW NEWSLETTER ON OUR WEBSITE.



Policy Highlight



A reminder that young ladies may wear one pair of studded earrings only. For safety reasons, no hoops, or dangling earrings allowed. Thank you.



Sunday, September 7 Thank you Grandparents for all of
your support of our students and school

Upcoming Dates:

9/10- Wednesday: Student Body Mass @ 8:30am hosted by Ms. Huss's 6th grade
 9/12- Friday: Adoration in the school chapel 9:45am-12:15pm
 9/17- Wednesday: Altar server training @ 3:30pm See below for more information

Please join us for Adoration

Friday, September 12th at 9:45am

St. Mark's Catholic School Chapel



We are blessed to have Adoration in our school chapel on the second Friday of each month. Each class takes turns spending time in Adoration during the day.

We would like to extend a warm invitation to any parents who wish to join us during this special time of prayer.

Beginning next month, parents will have the opportunity to sign up for a time slot for Adoration. You are welcome to choose a time that coincides with your child's class or select a different time that works best for you.

St. Mark's School Altar Server Training

Wednesday
September 17th @ 3:30
St. Mark's Catholic Church

Fr. John is excited to offer an Altar Server training for students in grades 4-8 who have received their First Holy Communion to help as Altar Servers during our Holy Mass. This training can be for those new to Altar Serving or as a refresher for those who have already been trained.

Please meet in the Church Sanctuary at 3:30. Training is expected to last 30-45 minutes.

Sign up **HERE**

Student Spotlight



Does your student having an amazing talent, participated in an event or received an award? Please send a description and photo to **schooloffice@stmarksschoolboise.com**.

Lion Pride Recognition

THE STATE OF THE S	Lion	ıPR]	IDE		F	ractice SMAKES aints
	CLASSROOM	HALLWAYS	LUNCH ROOM	PLAYGROUND	BATHROOMS	CHURCH
PERSEVERANCE Every Day - Every Time	Be Prepared Be On Time Be On Task Be Present	Be Timely Be Courteous Model Good Behavior Walk Slowly	Use Your Manners Be Patient Wait to be Excused	Be Safe Obey the Rules Play Fair Share Space & Equipment Be a Good Sport	Throw Away Trash Keep it Clean Flush Toilet Wash Hands	Be Engaged Pray, Not Play Behave Appropriately
RESPECT Others, Self & Property	Be Positive Listen to Others Be Prompt Follow Dress Code Care for School Property	Be Quiet Keep Your Hands to Yourself Keep Clean	Clean up Messes Share Space Eat Only Your Food Keep Voices Low Keep your Hands to Yourself	Use Kind Words Use Equipment as Intended Keep Your Hands to Yourself	Give Others Privacy Use Appropriate Volume	Listen Attentively Enter and Leave Quietly Treat Church Materials with Care
INTEGRITY Honesty in All You Do	Be Honest Be Accountable Do Your Own Work Set & Meet Goals Honor Due Dates	Do the Right Thing Respect Posters & Displays	Use Manners Don't Be Wasteful Pay for Purchases	Notify Staff if Problems Arise Follow Staff Directions	Return to Class Promptly & Quietly Report any Inappropriate Behavior Use at Appropriate Times	Be Kind Be on Time
DISCIPLESHIP Following Jesus' Example	Support Others Cooporate with Others Be Honest Share Christ's Love	Help Others in Need Say Thank You to Our Custodians	Sit by Those Sitting Alone Engage in Appropriate Conversations	Encourage Others to be Kind Be Inclusive Lead by Example Help Others When Needed	Use Only as Needed Report Supply Shortages Clean Up After Yourself	Be Reverent Actively Participate Be Involved Show Appreciation
EXCELLENCE Strice for Success	Do Your Very Best Work Challenge Yourself Learn Beyond the Classroom Ask Questions	Set a Good Example Greet People Politely	Follow Cafeteria Rules Use an Inside Voice	Solve Issues in a Peaceful Manner Line Up on Time Stay in Assigned Areas	Use During Non- Instructional Times Report Problems to an Adult	Be the Best Version of Yourself Follow Dress Code for Mass

Congratulations to this week's winners:

Jaxson W, Logan L, Andrew B, Caleb R, Roman S, Caiden D, Julianna W, Alma R, Jayden K, Catalina W, Bri S, Isla A, Adam P, Colby R (2), Holden B, Liam C, Sam A, Tyler C, William D

SAINT MARK'S

Weekly Calendar

Saturday, September 6

Idaho Women's Conference

Sunday, September 7

Grandparent's Day

Monday, September 8

MAP Testing

5:30 p.m. School Board Meeting

7:00 p.m. Home & School Meeting

Tuesday, September 9

MAP Testing

Wednesday, September 10

8:30 a.m. Student Body Mass presented by Ms. Huss's 6th grade MAP Testing 6:30 p.m. SEW class @ school

Thursday, September 11

MAP Testing

Friday, September 12

MAP Testing Spirit Day

Upcoming Events

Monday, September 15

6th grade to MOSS MAP Testing

Tuesday, September 16

6th grade at MOSS MAP Testing

Wednesday, September 17

8:30a.m. Student Body Mass presented by Mr. Groninger's 7th grade 6th grade at MOSS MAP Testing

Thursday, September 18

6th grade at MOSS MAP Testing

Friday, September 19

6th grade returns from MOSS MAP Testing Progress Reports in FACTS FamilyPortal 7:00-9:00 p.m. 7/8th grades TVCS Dance @ St. Mary's

Saturday, September 20

5:00 p.m. Student Sponsored Mass hosted by 7th & 8th grades Parish Picnic

Home & School



Volunteer Opportunities

TO VOLUNTEER IN ANY CAPACITY AT ST. MARK'S SCHOOL, YOU MUST TAKE A LIVE SEW CLASS AND PASS A BACKGROUND CHECK.

THE LUNCHROOM NEEDS VOLUNTEERS! Parents, grandparents...are all welcome to volunteer weekly, monthly, occasionally (must be SEW trained). Contact **schooloffice@stmarksschoolboise.com** with the dates you can volunteer to get signed up. Time volunteered counts toward your Volunteer Hours.

Library Helpers (Parent Volunteers) are needed during the following times:

- Tuesdays @ 1:30-3:00 p.m.
- Wednesdays @ 11:15 am.-1:15 p.m. and 1:15-2:45 p.m.
- Thursdays @ 9:00-11:15 a.m.

Contact Mrs. Rosania at brosania@stmarksschoolboise.com.



In light of recent events, we are looking for more parents to help walk us to and from Mass on Wednesdays. We are also welcoming crossing guards to help students cross safely across Northview. Please email **schooloffice@stmarksschoolboise.com** if you would like to volunteer. Time counts toward Volunteer Hours.

Lunch Room Volunteers

NEXT WEEK'S LUNCH HELPERS

Monday (8)—Perez, Carroll, Corcoran, Miller Tuesday (9)— Wednesday (10)—LaMott, McDonald Thursday (11)—Antonoplos Friday (12)—Cavazos, Antonoplos (2)

St. Mark's offers a healthy, delicious hot lunch to students and staff EVERY FULL DAY OF SCHOOL!

4 LUNCHROOM HELPERS ARE NEEDED EACH DAY from 10:45-12:45 to serve lunches and clean tables in the lunchroom. Volunteers are given a free lunch.

Please come into the School Office and sign up in the black "lunch" binder, call (208) 375-6654 or **email** to volunteer.

Daily Lunch Schedule: 11:15 a.m. (PS-2); 11:35 a.m. (3-5); 12:05 p.m. (6-8)

<u>News</u>



The next LIVE SEW class will be held on Wednesday, September 10 @ 6:30 p.m. in the Middle School. THIS LIVE CLASS IS REQUIRED 1 TIME and then each year thereafter

you will be required to view a video to keep your status current. Go to **virtusonline.org**, create an account, click on register for training, find the class at St. Mark's on September 11 and sign up.

Join the St. Mark's School Foundation Board!

The St. Mark's School Foundation is seeking new board members - no prior experience required, just a love for our school and community! Serving on the board helps secure the future of St. Mark's and can fulfill your family's annual volunteer hour requirement. Learn more and submit an interest form by clicking below!

Submit by October 1: Foundation Board Interest Form



Are you looking for a chance to be a part of the St. Mark's community? Do you like playing basketball in a low stress environment? Do you want to give back to St. Mark's school? We have a great opportunity. Our next adult recreational "pick up" basketball game is open to anyone affiliated with St. Mark's school or the parish. For a \$5 drop in fee, you can come play "pick up" basketball, get some exercise and meet

others in our community. 100% of proceeds will go back to St. Mark's school. Come join us Sunday, 9/14, from 12:30-2:30pm after mass. For more information, please reach out to jamescjower@yahoo.com.

TVCS Events/Sports



Click here for the TVCS athletic schedule.

Preschool Happenings



This week was short, but we still learned a lot! On Thursday, we practiced being safe at school by practicing a fire drill. We learned that we don't have to clean up in a fire drill, we just line up quietly!



Church Connection

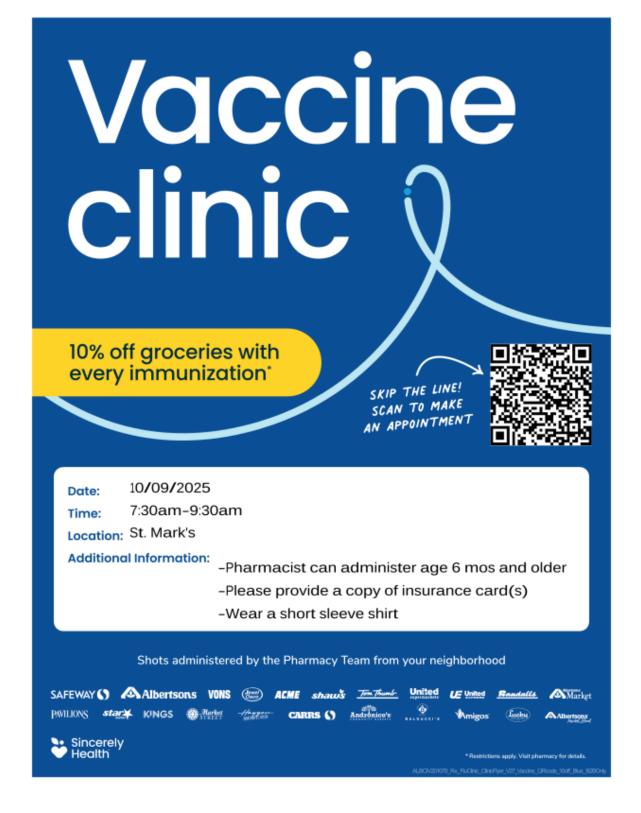
If you would like to receive the Parish Newsletter $\underline{\text{text}}$ BOISESTMARKSNEWS $\underline{\text{to}}$ 42828 to sign up **OR Click here** to sign up.



Please sign up to help with this event here:

https://www.signupgenius.com/go/20F044BAEA92AABFC1-58097809-parish#/

Notes from the Nurse



Click on this link to download and complete the flu shot consent. The cost of the vaccine is free, but please attach a copy of your insurance card. Students not having consents will not be given a vaccine.

Saint Alphonsus School Health Program

Through the St. Alphonsus School Health Program, Mrs. Lewchenko-Colin, our school nurse, is at St. Mark's on Monday, Tuesday, Wednesday and Friday and Mrs. Placido, CNA, SASHP Assistant is here on Thursdays.



A computer with a lifetime guarantee.

Barry Neil Kaufman, one of our leading psychologists, believes, "The way to change a person's behavior is to first change the way he sees the world." Kaufman tells us that people generally do the very best they can, taking into consideration the way they see themselves and the way they see the world.

Other leading psychologists tell us the same thing in other ways. They say that our behavior is controlled by our self-concept. They say that to change a person's behavior, we must first change the self-concept. The self-concept, obviously, is very important. In fact, it is considered one of the great discoveries in psychology.

Dennis Waitley describes the importance of self-concept when he discusses 2 levels of the mind, the conscious and the subconscious. The conscious level functions much like a judge, collecting and evaluating information. The subconscious level functions much like a computer, storing information making it available at a later date. The subconscious never attempts to sort out fact from fiction or truth from misperception. When information flows from the subconscious, it comes forth as fact. Therefore, all our misperceptions eventually become truth and are treated as fact by our conscious level of thinking.

Children spend monumental effort trying to understand their parents as well as their environment. They are great observers, but horrible interpreters. This is understandable, considering they have immature brains and limited experience. But it is sad that when we become adults, all our perceptions, both accurate and inaccurate become our reality. A child who misperceives that his parents prefer his brother does not grow up to say to his parents, "When I was young, I thought you loved my brother more than me." He grows up to say, "You always liked my brother better than me." What was once a mistaken idea has now become his truth.

This says that a child is constantly observing, interpreting, and storing information in the subconscious. These billions of thoughts and experiences later become the truth that runs and directs his or her life. It is a challenge to help children interpret what they see and hear in ways that will later affirm that they are capable, lovable, and responsible. I often wonder what misperceptions are stored in the subconscious minds of youngsters who constantly make poor decisions, involve themselves in self-destructive behavior, and who are turned off to learning. It makes me wonder how many of them misinterpret their parents' love in the following ways:

Some parents show their love by hovering over their child and rescuing him or her from the harsh world. The child often misinterprets that as, "My parents know I could never handle the world without help. I am incapable."

Some parents show their love through control. They constantly tell their children how to lead their lives. This is often interpreted by the child as, "My parents know I am not capable of thinking for myself or being responsible."

I know some parents who show their love by always being available with advice. They allow their children to make many of their own decisions. This is often interpreted as, "My parents know that I can think for myself!" These children grow up to believe that somewhere within themselves is a computer with a lifetime guarantee.

From article by Jim Fay in love and logic. V. 1 #1.

Have a good week,

Joe Lipetzky, Psy. D.

Dr. Joe Lipetzky, our school psychologist, is at St. Mark's on Monday and Friday morning.

Sarah Lynch, our school counselor, is at St. Mark's on Monday, Tuesday, Wednesday and Thursday.

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