

## **HOPE AND ENCOURAGEMENT: 2021**

### **DON'T LET GO OF HOPE...**

**Hope gives you the strength to keep going,  
when you feel like giving up.**

**Don't ever quit believing in yourself.  
As long as you believe you can,  
you will have a reason for trying.**

**Don't let anyone hold your happiness in their hands;  
hold it in yours, so it will always be within your reach.**

**Don't measure success or failure by material wealth,  
But by how you feel;  
Our feelings determine the richness of our lives.**

**Don't let bad moments overcome you;  
Be patient, and they will pass.**

**Don't hesitate to reach out for help;  
We all need it from time to time.**

**Don't run away from love but towards love,  
Because it is our deepest joy.**

**Don't wait for what you want to come to you.  
Go after it with all that you are,  
Knowing that life will meet you halfway.**

**Don't feel like you've lost  
When plans and dreams fall short of your hopes.  
Anytime you learn something new  
About yourself or about life,  
You have progressed.**

**Don't do anything that takes away  
From your self-respect.  
Feeling good about yourself  
Is essential to feeling good about life.**

**Don't ever forget how to laugh  
Or be too proud to cry.  
It is by doing both that we live life to its fullest.**

**~ Nancye Sims**