

**ST. MARY OF THE KNOBS
YOUTH BASKETBALL LEAGUE
RULES –2B/2G DIVISION**

1. 2B and 2G Divisions will consist of 1st through 2nd grade kids.
2. There will be a boys division (2B) and a girls division (2G).
3. Games will be played on 8' goals.
4. We will use 28.5" basketballs.
5. Referees will be used.
6. No coaches are allowed on the floor during the game.
7. There will be 5 minute quarters with the clock stopping on all whistles.
8. There will be 1 minute between quarters and a 5 minute halftime.
9. Two timeouts per half will be allowed with no carry over and 1 additional per overtime.
10. First overtime will be two minutes. Thereafter will be sudden death overtimes (two minutes per overtime). Coaches will receive one timeout per overtime. Any five players can play.
11. The 1 plus 1 will be in effect on the seventh team foul per half.
12. Each player will be allowed 6 fouls. 6th foul will result in removal from the game.
13. Free throws will be shot from 9 feet.
14. Zone defense is not allowed. Any form of zone defense or double teaming will result in a warning. After two illegal defense warnings against one team, referees will be able to levy a team technical foul for any subsequent violations. The offense will receive two free throws and retain possession of the ball.
15. Full court defense is not allowed.
16. Double teaming is not allowed however "help and recover" defense in and around the lane will be allowed.
17. Stealing of the dribble is not allowed.
18. Stealing of the pass is allowed. A "hand-off" is considered as a pass.
19. If the offensive player picks up his/her dribble, and the defensive player ties up the ball in an attempt to either steal it or force a jump ball (alternating possession), this will be treated the same as if the defensive player had tried to steal the ball off the dribble and will not be allowed. The referee will simply stop play and give the ball back to the offense to resume play.
20. Obvious travels and double dribbles will be called.
21. On free throws, players in marked lane spaces will be able to move into the lane when the ball is released by the free-throw shooter.
22. Each player must play at least two quarters. No player can play three quarters unless every other player has played at least two. No player can play four quarters unless every other player has played at least three.
23. Substitutions are not allowed mid-quarter unless of injury or foul out.
24. Unsportsmanlike conduct by a player or coach will result in a technical foul and immediate ejection from the game. This can include, but is not limited to the following: taunting, swearing, arguing with referees, throwing or kicking balls and hitting, kicking or biting another player with malicious intent. Multiple incidents or ejections by the same player or coach may result in ejection from the league, by vote of the league committee.
25. Teams with only four players can still play, but the game will be played 5 on 4. The team with more players should not double team, one player will play as a "rover" on the court. Teams with three or less players will forfeit. Picking up players from other teams or age groups is not allowed.
26. A one hour practice slot per week will be assigned and each team will have a half court during that hour.

St. Mary of the Knobs Youth Basketball League's mission is to offer an inviting and positive atmosphere where young kids of the parish and local community can learn fundamentals and be introduced to the game of basketball.