

4TH SUNDAY IN ORDINARY TIME

JANUARY 30 & 31, 2021



ST. ALPHONSUS CATHOLIC CHURCH, MT. PLEASANT, IOWA

REV. PAUL CONNOLLY, CELEBRANT

INTRODUCTORY RITES

ENTRANCE ANTIPHON

All: **Save us, O Lord our God!**
And gather us from the nations,
to give thanks to your holy name,
and make it our glory to praise you. *Psalm 106:47*

GREETING, PENITENTIAL ACT

GLORIA

Glory to God in the highest,
and on earth peace to people of good will.
We praise you, we bless you, we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King, O God, almighty Father.
Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world, have mercy on us;
you take away the sins of the world, receive our prayer;
you are seated at the right hand of the Father, have mercy on us.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High, Jesus Christ,
with the Holy Spirit,
in the glory of God the Father. Amen.

THE LITURGY OF THE WORD

FIRST READING

Deuteronomy 18:15-20

Moses spoke to all the people, saying: "A prophet like me will the LORD, your God, raise up for you from among your own kin; to him you shall listen. This is exactly what you requested of the LORD, your God, at Horeb on the day of the assembly, when you said, 'Let us not again hear the voice of the LORD, our God, nor see this great fire any more, lest we die.' And the LORD said to me, 'This was well said. I will raise up for them a prophet like you from among their kin, and will put my words into his mouth; he shall tell them all that I command him. Whoever will not listen to my words which he speaks in my name, I myself will make him answer for it. But if a prophet presumes to speak in my name an oracle that I have not commanded him to speak, or speaks in the name of other gods, he shall die.'"

The word of the Lord. **Thanks be to God.**

RESPONSORIAL PSALM

Psalm 95:1-2, 6-9

R. If today you hear his voice, harden not your hearts.

Come, let us sing joyfully to the LORD; let us acclaim the rock of our salvation.

Let us come into his presence with thanksgiving; let us joyfully sing psalms to him.

R. If today you hear his voice, harden not your hearts.

Come, let us bow down in worship; let us kneel before the LORD who made us.

For he is our God, and we are the people he shepherds, the flock he guides.

R. If today you hear his voice, harden not your hearts.

Oh, that today you would hear his voice:

"Harden not your hearts as at Meribah, as in the day of Massah in the desert,

Where your fathers tempted me;

they tested me though they had seen my works."

R. If today you hear his voice, harden not your hearts.

SECOND READING

1 Corinthians 7:32-35

Brothers and sisters: I should like you to be free of anxieties. An unmarried man is anxious about the things of the Lord, how he may please the Lord. But a married man is anxious about the things of the world, how he may please his wife, and he is divided. An unmarried woman or a virgin is anxious about the things of the Lord, so that she may be holy in both body and spirit. A married woman, on the other hand, is anxious about the things of the world, how she may please her husband. I am telling you this for your own benefit, not to impose a restraint upon you, but for the sake of propriety and adherence to the Lord without distraction.

The word of the Lord. **Thanks be to God.**

GOSPEL ACCLAMTION**Alleluia, alleluia!**

The people who sit in darkness have seen a great light;
On those dwelling in a land overshadowed by death,
light has arisen.

Alleluia, alleluia!**GOSPEL**

Mark 1:21-28

Then they came to Capernaum, and on the sabbath Jesus entered the synagogue and taught. The people were astonished at his teaching, for he taught them as one having authority and not as the scribes. In their synagogue was a man with an unclean spirit; he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!" Jesus rebuked him and said, "Quiet! Come out of him!" The unclean spirit convulsed him and with a loud cry came out of him. All were amazed and asked one another, "What is this? A new teaching with authority. He commands even the unclean spirits and they obey him." His fame spread everywhere throughout the whole region of Galilee.

The Gospel of the Lord. **Praise to you, Lord Jesus Christ.**

THE PROFESSION OF FAITH

**I believe in one God, the Father, the Almighty,
maker of heaven and earth, of all things visible and invisible.**

**I believe in one Lord Jesus Christ,
the only Begotten Son of God,
born of the Father before all ages,
God from God, Light from Light, true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.**

**For us men and for our salvation he came down from heaven:
and by the Holy Spirit (bow) was incarnate of the Virgin Mary,
and became man.**

**For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day,
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
who with the Father and the Son is adored and glorified,
who has spoken through the Prophets.**

**I believe in one, holy, catholic, and apostolic Church.
I confess one baptism for the forgiveness of sins
and I look forward to the resurrection of the dead,
and the life of the world to come. Amen.**

PRAYERS OF THE FAITHFUL “Lord, hear our prayer.”

LITURGY OF THE EUCHARIST

PREPARATION OF THE ALTAR AND GIFTS

Priest: Blessed are you, Lord God of all creation, for through
Your goodness we have received the bread we offer you:
fruit of the earth and work of human hands,
it will become for us the bread of life.

People: **Blessed be God for ever.**

Priest: Blessed are you, Lord God of all creation, for through
your goodness we have received the wine we offer you:
fruit of the vine and work of human hands,
it will become our spiritual drink.

People: **Blessed be God for ever.**

Priest: Pray, brothers and sisters,
that my sacrifice and yours may be acceptable to God,
the almighty Father,"

People: **May the Lord accept the sacrifice at your hands
for the praise and glory of his name,
for our good and the good of all his holy Church.**

PRAYER OVER THE OFFERINGS

EUCHARISTIC PRAYER

PREFACE The Lord be with you. **And with your spirit.**
Lift up your hearts. **We lift them up to the Lord.**

Let us give thanks to the Lord our God. **It is right and just.**
It is truly right and just.....
.....
.....And so, with Angels and Archangels,
with Thrones and Dominions, and with all hosts
and Powers of heaven, we sing the hymn of your glory,
as without end we acclaim:

HOLY **Holy, Holy, Holy Lord God of Hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

MYSTERY OF FAITH

After the words of Institution of the Eucharist, the Priest sings or says:

The mystery of faith:

All: **Save us, Savior of the world,
for by your cross and resurrection
you have set us free.**

The Eucharistic Prayer culminates and concludes when the Priest sings or says:

Through him, and with him, and in him,
O God, almighty Father, in the unity of the Holy Spirit,
all glory and honor is yours, for ever and ever.

All: **Amen.**

THE LORD'S PRAYER

All: **Our Father, who art in heaven.....
.....but deliver us from evil.**

Priest: Deliver us, Lord, we pray, from every evil, graciously
grant peace in our days, that, by the help of your
mercy, we may be always free from sin and safe from
all distress, as we await the blessed hope and the
coming of our Savior, Jesus Christ.

All: **For the kingdom, the power and the glory are yours
now and forever.**

RITE OF PEACE

Priest: The peace of the Lord be with you always.

People: And with your spirit.

The people exchange a sign of peace.

LAMB OF GOD

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

INVITATION TO COMMUNION

Priest: Behold the Lamb of God,
Behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.

All: **Lord, I am not worthy
that you should enter under my roof,
but only say the word and my soul shall be healed.**

AN ACT OF SPIRITUAL COMMUNION—*ST. ALPHONSUS LIGOURI*

(For those who are unable to physically receive Communion with us today.)

**My Jesus,
I believe that You are present in the Most Holy Sacrament.
I love You above all things,
and I desire to receive you into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there
and unite myself wholly to You.
Never permit me to be separated from You. Amen.**

COMMUNION ANTIPHON

**All: Let your face shine on your servant.
Save me in your merciful love.
O Lord, let me never be put to shame, for I call to you.**

COMMUNION PROCESSION

*If you are not of the Catholic faith, or do not wish to receive Communion today,
you may join procession, cross your arms over your chest, and receive a blessing.*



PRAYER AFTER COMMUNION

BLESSING and DISMISSAL

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