

St. Joan of Arc Parish School

120 Nashotah Road
Nashotah, WI 53058

262-646-5861

www.sjarc.org



Student-Athlete Handbook



St. Joan of Arc Parish School Athletics

Mission Statement

The mission of St. Joan of Arc Athletics is to:

- Minister to youth and families
- Build teams as Christian communities
- Development character
- Grow spiritually
- Intrinsically motivate
- Promote team work and the enjoyment of sports and physical fitness

Philosophy

As a Catholic school, St. Joan of Arc upholds Christian values and principles. We recognize the value of athletics is realized only if it fosters the development of the human person—both in spirit and in body—by cultivating Christian character, strengthening personal integrity, and promoting the pursuit of excellence in all endeavors.

Participation on a team is a privilege. With this privilege come responsibilities in the areas of preparation, attitude, sportsmanship, and academics. These responsibilities exist both in and out of school, both in athletic and non-athletic settings. We recognize the need for God's support and guidance in meeting these responsibilities.

League Affiliation

St Joan of Arc participates in the Parkview Parochial League (PPL). The league is comprised of area Catholic schools that are administered to by the Archdiocese of Milwaukee. St Joan of Arc competes athletically under the rules and regulations as set forth by these two organizations.

Fees and Equipment

St Joan of Arc does not require an athletic fee for parish school and Christian formation students participating in 5th – 8th grade volleyball, cross country, basketball, and track. Fundraising and assistance from volunteers ensure all expenses to operate the program are met. In certain instances, a minimal fee may be required to purchase a uniform that the student will be able to keep.

Athletic Teams

St Joan of Arc offers the following sports for students in grades 5th – 8th. Volleyball and basketball teams compete in the PPL.

Season	Girls	Boys
Fall	Volleyball Cross Country	Volleyball Cross Country
Winter	Basketball	Basketball
Spring	Track & Field	Track & Field

Archdiocese of Milwaukee

The Athletic Association adopts the Archdiocese Rules and the By-laws of the Parkview Parochial League (PPL).

Coaching Expectations and Requirements

Coaches are first and foremost educators, and must work in coordination with the parents who are the primary educators of children. At all times, coaches must be examples of Christ and serve as role models for student-athletes to emulate. They must be messengers of the school mission and ensure that athletic programs embody the Catholic characteristics prevalent at St. Joan of Arc.

All coaches must comply with all PPL policies and regulations, and the St. Joan of Arc Family Handbook.

Parent Meeting

Prior to the start of each sport's season, the coach of each team will hold a mandatory meeting for all student-athletes and their parents. During this meeting they will introduce themselves and share their season expectations.

Coaches shall handout the PPL rule and regulations and reiterate the mission of athletics at St. Joan of Arc.

The Coach's Code

The Coach's Code is as follows:

- Create a feeling of team loyalty by encouragement and constructive criticism.
- Carefully explain and demonstrated fundamentals at a level easily understood by the players.
- Consider individual differences in both the ability to learn and perform.
- A positive coach is a Double-Goal Coach. Winning is important, but teaching life lessons is more important.
- Reward effort, not just good outcomes. Look to recognize players for unsuccessful effort.
- Emphasize that all players are representatives of the school and thus their performance reflects directly on the success of this athletic program.
- Demand courtesy and respect of each other as well as opponents and adults in competitions.
- Refrain from and prohibit profanity at all times.
- Emphasize that respect for coaches, officials and opposing teams must be maintained and that any variation from this requirement will not be tolerated.
- Encourage the players to maintain academic performance.
- Recognize that they are agents of the Athletic Board and are subject to its rules and guidelines.

Student-Athlete Expectations and Requirements

Student Expectations and Requirements

Students and parents should recognize that participation in the athletic program is a privilege to all students who possess the ability, attitude, disposition, cooperative spirit, and desire to represent the St. Joan of Arc community in a favorable way. By joining the school's athletic program, a student becomes a representative of his/her team and of St. Joan of Arc School.

Eligibility and Probation

For student-athlete eligibility

- Please see Extra-Cirrucular Activites in the Family Handbook.

For student-athlete probation and disciplinary actions

- Please see probation in the Family Handbook

All student-athletes must recognize the time commitment made to a team. One is expected to attend all practices and games. If one cannot attend a practice or game, please make sure the coach and/or athletic director has been notified in advance. Consequences for a missed practice or game will be informed by the team rules as outlined by the coach/team at the beginning of the season in addition to the natural consequences that result from missing practice instruction or game experience.

Procedure for Registration

A student can become a full, participating member of a St. Joan of Arc athletic team once the following documents are reviewed, signed, and turned into the school:

- Form 6145.2 (a) Medical Information & Emergency Consent
- Form 6145.2 (b) Risk Acknowledgement & Consent to Participate
- Form 6145.2 (c) Physical Examination
- Form 6145.2 (l) Parent and Athlete Concussion Acknowledgement
- Sportsmanship Pledge – Student Athlete
- Sportsmanship Pledge – Parent / Guardian

In the interest of the student-athlete's safety and per PPL rules, they will not be allowed to participate in practices or games until these criteria are met.

Dress Code/Uniforms

Student-athletes are highly visible representatives of the school and, as such, are responsible for using good judgment in their overall appearance. All teams, regardless of level, have a responsibility to ensure that their game attire speaks volumes of their class and excellence. All game shirts will be tucked in. No player should make modifications to his or her uniform. Student-athletes are to wear a school issued uniform and treat their uniform with respect. Uniforms must be returned to the athletic director within seven (7) days of the last game. Progress reports and/or report cards may be withheld until the uniform is returned. If a uniform is not returned, parents are responsible for the cost of replacing the uniform.

Sportsmanship

All student-athletes are expected to represent St. Joan of Arc School in an exemplary manner. This behavior is expected both on and off the court or field. Student-athletes are expected to display the best of Christian courtesy and manners to all officials, coaches, opposing coaches, players, and spectators. At all times good sportsmanship is the rule, not the exception. The penalty for unsportsmanlike behavior during a practice or game will be left to the discretion of the coaches for each sport along with input from the athletic director. This can range from sitting out at practice to a one-game suspension. In extreme cases when an athlete has been ejected from a game, multi-game suspensions and dismissal from the team may be appropriate. The athletic director and principal will make the final decision following a meeting with the student-athlete, coach, and parent.

Parent Expectations and Requirements

The Role of the Parent

Parent/Guardians Expectations

The role of the parent is as follows:

- Parents are their children's primary role models.
- Parents are responsible for maintaining good communication with the teachers of the student-athlete to assure that academic and behavioral standards are met.
- Parents must actively participate in the work of running the athletic program and all time will be included in the Volunteer Program as described in the Family Handbook.
- Each parent must remember that she/he is a representative of the local school. Her/his conduct at games and/or sporting events must reflect the principles of Christian behavior in respecting officials, coaches, athletes and other parents or spectators.
- Parents will not use profanity at games or sporting events.
- Parents are responsible to get their student-athlete to and from practices (barring illness) on time.
- Parents are responsible for informing the appropriate member of the school's Athletic Board if their child has not been allowed to play in a game.

The Parent's Code

The Parent's Code is as follows:

- Parents are required to attend the Parent-Athlete meeting for each sport.
- Parents are encouraged to attend all games.
- Parents are required to help at home games, i.e. admissions, kitchen, clean up, etc.
- Parents will participate in all fundraisers sponsored by the Athletic Board.

Playing Time

Basketball Playing Time

Fifth and sixth grade student-athletes will have equal playing time in all league games, as close as substitution timing will allow. For tournament games there is no guarantee of equal playing time in any tournament game. Each student-athlete shall play the equivalent one quarter in each of their tournament game.

Seventh grade student-athletes will be guaranteed one quarter (6 minutes) of playing time per game for the year. This playing time is accumulated over an entire season, not necessarily during each game. However, each student-athlete shall be guaranteed that they will play in each game with no specified time allotted. Each student-athlete shall participate in each tournament game with no specified time allotted.

Eighth grade student-athletes are guaranteed that they will play in each game with no specified time allotted. Each student-athlete shall participate in each tournament game with no specified time allotted.

Volleyball Playing Time

Fifth and sixth grade student-athletes will have equal playing time in all league matches, as close as substitution rules defined by the PPL will allow. For tournament matches there is no guarantee of equal playing time in any tournament games. However, each student-athlete shall play the equivalent of one game during tournament matches.

Seventh grade student-athletes will be guaranteed one game of playing time per match, for the year. This playing time is accumulated over an entire season, not necessarily during each match. However, each student-athlete shall be guaranteed that they will play in each match with no specified time allotted. Each student-athlete shall participate in each tournament match with no specified time allotted.

Eighth grade student-athletes are guaranteed that they will play in each match with no specified time allotted. Each student-athlete shall participate in each tournament match with no specified time allotted.

All sports

The above playing time requirements can be adjusted by the coach, the principal, or pastor for any of the following reasons: attitude, missing practices, not listening to coach, etc... Or limited in accordance with the Family Handbook.