

## A Little Light: Monday Musings with Mary Sue



### **Welcome to the end of June and beginning of July 2020!**

This weekend we decided to get together with some friends and play Bocce Ball and Crossnet. These were the perfect games to enjoy and social distance at the same time. Now, Bocce Ball was one I had played before and appreciate I can approach the game at a leisurely pace. However, Crossnet was a whole “new animal!” It is a cross between foursquare and volleyball. I was intimidated at first, but then I reconnected with my volleyball “skills” from days of yore, and had a great time! Ok, I lost every game, but I did get better and had so much fun! Most importantly, we decided it was wonderful to get outside with friends and family for laughter (often at my expense) 😊 and create lasting memories. I hope you also find time this summer to enjoy outdoor games with family and friends. I would love to see a picture and hear a story or two! **See LINKS below for Crossnet and Bocce Ball game ideas/rules and an old 1960’s favorite summer song my dad loves.**

### **FACTS:**

Bocce Ball is the third most popular sport in the world, after soccer and golf.

Bocce in its current form was played as early as 264 B.C. in Rome. No one really knows how old bocce is, but stone balls dating back to 9000 B.C. and have been found in Turkey.

Notable Bocce players have included the Roman Emperor Augustus, the ancient Greek physician Hippocrates and the astronomer Galileo. George Washington built a bocce court at Mount Vernon in the 1780s.

**LINKS:**

**Crossnet: The Basics-**

<https://www.youtube.com/watch?v=1xXJV3t6Blw>

**Bocce Ball: The Rules-**

<https://openknock.com/how-to-play-bocce-ball-rules-tips/>

**The Lovin Spoonful -- Summer In The City Video -**

<https://www.youtube.com/watch?v=lwZdDyH9LLc>

**Have a great week!**

**Blessings,**

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