

# First Eucharist 2021

## Session 3: The Word of God

Prayer:

Lord, teach me to be generous. Teach me to serve you as you deserve; to give and not to count the cost, to fight and not to heed the wounds, to toil and not to seek for rest, to labor and not to ask for rewards, save that of knowing that I do your will.

Amen

### Lesson 1: Overview of the Mass

<https://www.dynamiccatholic.com/first-communion/blessed-program-view-first-communion-session-3-1.html>

(Run time 6:15)

What are the 4 parts of the mass? What is a Rite? What is a Liturgy? What happens during the Liturgy of the Word? What happens during the Liturgy of the Eucharist? Why do you think these parts of the Mass are so important to our faith?

### Lesson 2: The Introductory Rites

<https://www.dynamiccatholic.com/first-communion/blessed-program-view-first-communion-session-3-2.html>

(Run time 8:15)

During the Introductory Rites at Mass, there are certain things that always happen, no matter what church we are in, or even what country we are in! Can you name the order of prayers and rituals that happen during the introductory Rites? (The Sign of the Cross, the Penitential Rite- saying we're sorry, the Gloria-singing or saying our praise of God, and the opening prayer from the Lectionary.)

### Lesson 3: The Liturgy of the Word

<https://www.dynamiccatholic.com/first-communion/blessed-program-view-first-communion-session-3-3.html>

(Run time 3:46)

After the Introductory Rites, the next part of the mass is called the Liturgy of the Word. Do you remember how Fr. Tom explained this part to Ben? What happens during this part of the mass? (Readings from the Bible, the homily, the Creed, the Intercession Prayers)

#### **Lesson 4: We Believe**

<https://www.dynamiccatholic.com/first-communion/blessed-program-view-first-communion-session-3-4.html>

(Run time 2:56)

The Creed is a prayer we say at Mass each week. In this prayer, we proclaim everything that is at the center of our Catholic faith. Do you remember anything that we say during this important prayer?

#### **Lesson 5: From the Bible- Sower of Seeds**

<https://www.dynamiccatholic.com/first-communion/blessed-program-view-first-communion-session-3-5.html>

(Run time 2:24)

What is a parable? What is Jesus trying to teach us through the parable of the Sower of Seeds? Why is that lesson so important for all of us to understand and practice?

#### **Lesson 6: Wear It Out**

<https://www.dynamiccatholic.com/first-communion/blessed-program-view-first-communion-session-3-6.html>

(Run time 10:08)

The Bible is made up of the Old Testament and the New Testament. Reading the Bible can help us to understand what God wants from us. Think of it as a map and Church as our guide along the map. God speaks to each of us in different ways. It's up to us to be ready and willing to listen! What gift does Sarah receive from her mother? Why is it such a wonderful gift? Why does Sarah's mom want her to "wear it out"?

#### **Lesson 7: Closing Prayer**

<https://www.dynamiccatholic.com/first-communion/blessed-program-view-first-communion-session-3-7.html>

(Run time 2:37)