

## Examination of Conscience for Children

### Using the Lord's Prayer

#### **Our Father who art in heaven, hallowed be Thy name.**

*How often do I think about God?*

*How often do I say my prayers?*

*Do I pay attention and participate at Mass?*

#### **Thy kingdom come, Thy will be done on earth as it is in heaven.**

*Am I kind to others?*

*Do I do what Jesus wants me to do?*

*Do I share with others?*

*Am I helpful to my family and neighbors?*

*Do I show respect to my teachers and classmates?*

#### **Give us this day our daily bread.**

*Do I remember to say thank you?*

*Am I sometimes greedy?*

*Do I appreciate the good things I have in my life?*

*Do I think of ways to help those who have no food, clothes, shelter or money?*

*Do I take things that don't belong to me?*

#### **Forgive us our trespasses as we forgive those who trespass against us.**

*Do I say I'm sorry when I have been wrong?*

*Do I forgive and forget when someone does something bad to me?*

*Do I help solve problems between my friends or do I cause more trouble?*

*Do I say bad things about people who have hurt me?*

#### **Lead us not into temptation, but deliver us from evil.**

*Do I play fairly in sports and games?*

*Do I cheat in school?*

*Do I tell the truth?*

*Do I let other kids tempt me to do things I know I shouldn't do? Do I tempt others?*