

School Lunch Program

Our school lunch program offers a well balanced meal to our students daily. We operate under a program called Offer Versus Serve.

What is Offer versus Serve?

Offer versus Serve is a concept that applies to menu planning and to the determination of reimbursable school meals. Offer versus Serve allows students to decline up to 2 of the 5 components offered in a school lunch.

We use the option for various reasons: There is:

- ◆ Less food waste.
- ◆ A cost savings when preparing less food.
- ◆ Increased customer satisfaction.
- ◆ Students eat better when they are allowed choices.

As a school:

- We offer daily serving sizes of all 5 food components every day. Meat or Meat Alternative, Grain, Fruit, Vegetable, Milk.
- Students may decline two food items; however, **students must take a fruit or vegetable.** Students can opt to take a smaller portion of the fruit or vegetable.

Options include:

- ◇ A 1/2 cup serving of fruit, OR
- ◇ 1/2 cup serving of vegetable, OR
- ◇ 1/4 cup serving of fruit and a 1/4 cup serving of vegetable to equal 1/2 cup total AND
- ◇ With any of the above options, students must select two other components.
- Students may take smaller portions of declined food items.
- We have more fresh fruits and vegetables.
- We try new recipes.
- We DO NOT serve or offer peanut butter any longer.
- We are required to reduce the amount of salt, sugar and fat.
- We need to increase whole grain servings.