



# ST. KATHARINE DREXEL EXTRA- CURRICULAR OFFERINGS

**SPORTS** *page 1-3*

**CLUBS/ACTIVITIES** *page 4-5*

**PARISH CENTER ACTIVITIES** *page 6-7*



St. Katharine Drexel School and Parish are proud to offer a variety of extra-curricular activities for our students. It is our firm belief that students who participate in activities outside the classroom develop a strong sense of school spirit and are generally more successful in school. Because these are extra-curricular activities, students are only allowed to represent our school if they meet high academic and citizenship standards. Please be reminded that all who volunteer for activities must fulfill the Safeguarding requirements.



## SPORTS

**ATHLETICS/SPORTS** are divided into FALL, WINTER, and SPRING seasons. Each season lasts 8-14 weeks from the first practice to the last contest. Outside of the season, coaches will offer voluntary open gyms, camps or leagues to any student-athletes who want the opportunity to improve. It is the goal that all students get a relatively equal playing time, assuming the student athlete has been attending practices and not being a disruptive force. St. Katharine Drexel is part of the Madison Area Independent Sports League (MAISL). It is made up of Catholic, Christian and Private schools in the Madison area. We follow the policies established by the Archdiocese of Milwaukee and the league policies.

### SPORTS INFORMATION GUIDE

	VOLLEYBALL	BASKETBALL	TRACK
<b>Grades Eligible</b>	Grades 5-8	Grades 5-8	Grades 5-8
<b>Season</b>	Fall (Aug-Nov)	Winter	Spring (late March- mid May)
<b>How/When to Sign Up</b>	Late Spring	Early October	Early March
<b>Length of Season</b>	~2 months	~3 ½ months	~2 months
<b>Practice Information</b>	2-3 practices per week. Practices are 1 ½ hours long and the time depends upon availability of each coach.	2-3 practices per week. Practices are 1 ½ hours long and the time depends upon availability of each coach.	2-3 practices per week. Practices are 1 ½ hours long and the time depends upon availability of each coach.
<b># of Games/Matches/Meets</b>	Typically 1-2/week. Usually on Saturday mornings. Total number of matches is usually 10.	Typically 1-2 on Saturday & Sunday during the season. Games begin after Thanksgiving. There may be games on the weeknights, too.	There will be about 4-5 Saturday meets at surrounding communities along with 2-3 weeknight meets mostly in Beaver Dam.
<b># of Teams</b>	If possible, 1 team/grade. Otherwise 5/6 grade and 7/8 are combined.	If possible, 1 team/grade. Otherwise 5/6 grade and 7/8 are combined. Boys are separate from girls.	1 team, but the athletes will compete against other athletes from their grade or one grade above or below. We all practice together.
<b># of Athletes</b>	Team sizes may range from 6-14	Normally team sizes are 6-13	All kids are encouraged to participate
<b>Equal Playing Time</b>	The goal is to try to create fair playing time for all provided the student athlete has been attending practices and not being a disruptive force.	The goal is to try to create fair playing time for all provided the student athlete has been attending practices and not being a disruptive force.	All will participate in any events with a maximum of 4 events/athlete/contest by WIAA rules.
<b>Physical Needed**</b>	Yes, on alternate years.	Yes, on alternate years.	Yes, on alternate years.
<b>Cost</b>	\$25.00	\$35.00	\$25.00

\*This document is meant to serve as a guide for parents/students to better understand each sport. It is however just a guide. Coaches/Administrators will change details based on circumstances. Contact a coach/administrator for questions.

\*\* PHYSICALS: ALL STUDENTS who participate in a sport, including any open gym practices, must have a complete and up-to-date physical on file with the school before any physical activity may take place. Parent permission and student insurance are also required.

\*\*\*PARENT EXPECTATIONS/COMMITMENTS- Volleyball and Basketball have an end of year tournament on the year SKDS hosts the conference tournament; All parents are expected to donate time over the course of one week and one weekend. (Parent help is also needed at each game for things like concessions, clock, scoreboard, line judge, etc.). Parents are also required to get their athlete to the games. There is no school transportation.

SKDS Athletic Director: Mr. Matt Warmka

## **VOLLEYBALL**

Volleyball is a FALL SPORT for girls in 5<sup>th</sup>-8<sup>th</sup> grade. Everyone is encouraged to participate. An informational letter will be sent home to families in May describing the sport (practices, length of season and commitments). Students will then have the opportunity to sign up in the classroom prior to the end of the school year. Depending on turnout, each grade could have their own team, or 5/6<sup>th</sup> grades will be combined into one team and 7/8<sup>th</sup> grades will be combined into one team. Typically, there are a few optional open gym times in July. The regular practice schedule of 3 practices per week will begin in August. Practices will be 1 ½ hours long and practice times will depend on the availability of each coach. Once games begin, our game and practice schedule will be adjusted to not exceed 3 commitments per week. Games are typically on Saturday mornings and/or Monday evenings. There are about 10 matches per season. There is an end of year tournament at the end of October. Please contact the SKDS Athletic Director for additional information.

## **BASKETBALL**

Basketball is a WINTER SPORT for boys and girls in 5<sup>th</sup>-8<sup>th</sup> grade. Everyone is encouraged to participate. An informational letter will be sent home to families in early October describing the sport (practices, length of season and commitments). Students will then have the opportunity to sign up in the classroom. Depending on the turnout, each grade and each gender could have their own team or if that is not possible, the 5/6<sup>th</sup> grade boys or girls will be combined as would the 7/8<sup>th</sup> grade. If numbers are too low to field a team at a specific level, then there is no team. Team size is completely dependent on the number of students who sign up. The regular practice schedule begins in November with practices 2-3 times per week depending on the coach's schedule. Practices will be 1 ½ hours long. Once games begin, our game and practice schedule will be adjusted to not exceed 3 commitments per week. Games begin after Thanksgiving. Games are typically on Saturdays/Sundays (1-2 games) with occasional games during the week. There is an end of the year tournament in February.

## **TRACK**

Track is a SPRING SPORT for boys and girls in 5<sup>th</sup>-8<sup>th</sup> grade. Everyone is encouraged to participate. Track is a very individual sport that is mixed with a team atmosphere. All student athletes participate in numerous events no matter what ability. There is no limit to the number of athletes allowed on the team. An informational letter will be sent home to families in late February or early March describing the sport (practices, length of season and commitments). Students will then have the opportunity to sign up in the classroom. Practice will be two times/week at the high school track (depending on the weather). Practices are 1 ½ hours long and the time depends upon availability of the coach. There will be about 4-5 Saturday meets at surrounding communities along with 2-3 weeknight meets mostly in Beaver Dam. Be aware that track is an outdoor sport, so your child must be prepared for all types of weather. We are from Wisconsin so we should be prepared for cold, rain, sun, snow, etc. We typically get 4-5 track meets from area schools. Most are held on Saturday mornings until early afternoon. Parents are expected to transport their child to and from the meets. We are usually invited to the Beaver Dam Middle School track meets, too, which are held during the week. We also host one meet early in the season on a Saturday. All parents of track participants are expected to help at that meet.

## **CROSS COUNTRY**

CROSS COUNTRY is a FALL SPORT that is offered through the public school. Any students interested in participating in Cross Country should contact the Beaver Dam Middle School.

## **FOOTBALL**

FOOTBALL is a FALL SPORT that is offered through the City of Beaver Dam. Information is sent home through the school folder at the beginning of the school year. This program is open to 3-8 grade students.



## CLUBS/ACTIVITIES

**ACTIVITIES** are CLUBS or ORGANIZATIONS offered through the St. Katharine Drexel School. 920-885-5558

CLUB/ACTIVITIES GUIDE					
	BAND	JAZZ BAND	FORENSICS	BUILDERS CLUB	YEARBOOK
<b>Grades Eligible</b>	Grades 4-8	Grades 6-8	Grades 6-8	Grades 6-8	Grades 6-8
<b>Season</b>	Yearlong	School Year	November- March	School Year	Mid-February through the first week of May
<b>How/When to Sign Up</b>	End of 4 <sup>th</sup> grade	Fall (Mid Oct). Information given out in band class.	Letter, description, permission slip sent home in family folder	Usually in the fall, but can join anytime	Typically there is an "interest survey" at the end of the year, for the following year, but in late January or early February, a signup is made available to students in their homerooms.
<b>Length of Season</b>	Yearlong	School Year	November- March	School Year	Mid-February through the first week of May
<b>Practice Information</b>	Tuesday, Wednesday, Friday	Wednesdays after school from 3:20-4:20	Three optional practices Mon.- Thurs.: 3:15-5:00 p.m. These are optional and students choose which dates work for them.	Meetings held once a week (on Monday) during lunch recess	We usually have yearbook 1-2 nights a week to allow enough students to participate.
<b># of Meets</b>	Parades-Marching Band, Concerts, Festival of Music	Concerts, Festival of Music	~7 are offered; students choose best dates for them	N/A	N/A
<b>Parent Commitments</b>	Three Band Guild Meetings, Pancake Breakfast/Silent Auction	Transportation to performances and snack once a year. SKDS Jazz Fest, BDHS Jazz Fest.	Parents help by driving, judging and coaching students	None	None to participate but the book is sold to the middle school students with an approximate cost of \$10.00 per book.
<b>Cost</b>	Band Guild Membership, lesson fee, instrument rental	Only if non band member	\$5.00 per meet	No Cost	None
<b>Contact</b>	Ms. Lopas	Ms. Lopas	Mrs. Turner	Mrs. Scott or Mrs. Warmka	Mrs. Wilson

### BAND

Band is part of the curriculum (It is not a club, but is being included in this guide as a reference for families). Band is open to any students in grades 4-8! Band offers students the opportunity to learn to read music and play an instrument in a band setting. Students have band class on Tuesdays, Wednesdays and Fridays. This is a yearlong commitment. The SKDS band participates in the Beaver Dam Memorial Day Event and the Columbus 4<sup>th</sup> of July parade. The cost for band includes Band Guild dues, lesson fees and instrument rental (rental amount will vary by instrument). Band students also may apply for up to \$150 summer camp scholarship. Parents are responsible for attending three Band Guild meetings during the year, transportation to some events, Concerts, Parade of Bands, Festival of Music, Memorial Day Event and 4<sup>th</sup> of July Parade. Parent support is also required to help with the Pancake Breakfast/Silent Auction. More detailed responsibilities will be

provided at the first Band Guild meeting. SAVE THE DATE- PANCAKE BREAKFAST 2020!!! Please contact Ms. Lopas with any questions. Email: [lopask@stkatharinedrexelbd.org](mailto:lopask@stkatharinedrexelbd.org)

## **JAZZ BAND**

Jazz Band is open to all students in grades 6-8! Jazz Band allows students to explore Jazz and popular music styles and methods. Information will be provided to the students each fall in band class. Students practice Wednesdays after school from 3:20-4:20. There is no cost for SKDS band members. There is a cost for any non-band members. Parents are responsible for snacks once a year, transportation to performances, which include, SKDS Jazz Fest and BDHS Jazz Fest. Please contact Ms. Lopas with any questions. Email: [lopask@stkatharinedrexelbd.org](mailto:lopask@stkatharinedrexelbd.org)

## **FORENSICS**

Forensics is open to all students in grades 6-8! Forensics offers students speaking and acting competitions in a variety of categories. The forensics season runs from December - March, with three optional practices available Monday-Thursday 3:15-5:00pm. Approximately 7 meets are offered to students and students get to select however many meets work for their schedule. The cost for forensics is \$5.00 per meet. Parent support includes transportation to meets and, if interested, judging and coaching of students. A letter, description and permission slip will be sent home in the family folder. Please contact Mrs. Turner for additional information.

## **BUILDERS CLUB**

Builders Club is a student led club whose purpose is to serve the school, community and the world. Part of the Kiwanis family, it is sponsored by the two Beaver Dam Kiwanis Clubs. Students lead the school in Advent, Lent and a fall food collections. Students raise money through bake sales and donate it to the causes that touch their hearts. Works of service are based on student interest and student leadership, but food and fun are always included in an evening of service to others. There is no cost to participate in Builders Club. Please contact Mrs. Scott or Mrs. Warmka for additional information.

## **YEARBOOK**

Students choose photos that have been taken throughout the school year and create pages for the yearbook. Each grade level creates their own School Photo page, Candid pages, Spiritually Speaking page, and Collage page. Eighth grade creates a Graduation page and Remember When... in addition. All the other pages that are not grade specific are created by the whole group: Covers, Faculty/Staff, Activities, Dedication, and Farewells. Once the book is complete, it is sent off to be printed in full color. The book is distributed to students on graduation day. There is no cost to participate in Yearbook. There is a cost to purchase a copy of the yearbook. Please contact Mrs. Wilson for additional information.



## PARISH CENTER ACTIVITIES

**PARISH CENTER ACTIVITIES** are activities offered through the St. Katharine Drexel Parish Center. 920-887-2082

ST. CECILIA'S SINGERS/CHILDREN'S CHOIR		ALTAR SERVERS
Grades Eligible	Grades 1-5	Grades 4-12
Season	October to May	All year
How/When to sign up	Children may join at any time	Training is provided annually in October
Practices	Most Thursdays 3:30-4:30	None
Weekend Commitments	Once a month (incl. Easter & Christmas)	Based on Availability
Cost	None	None
Contact Person	Mrs. Diggins	Mrs. Diggins

### ST. CECILIA'S SINGERS/CHILDREN'S CHOIR

St. Cecelia's Singers children's choir is open to any student in grades 1-5! The choir practices from October to May on most Thursdays. Students meet in the SKDS cafeteria at 3:15 for a snack and then practice is in the Church from 3:30-4:30. The choir performs at one Mass per month (including Easter and Christmas). Children are welcome to join this choir at any time. There is no cost for this activity. Please contact Mrs. Diggins to sign up or with any questions.

Email: [digginst@stkatharinedrexelbd.org](mailto:digginst@stkatharinedrexelbd.org) 920-887-2082

### ALTAR SERVERS

The Altar Server program is open to students in grades 4-12! Altar servers are trained to assist the presider at Mass. Scheduling is flexible and based upon the availability of the server. Training is offered once a year in October, but students are welcome to join this program at any time and will be trained as needed (any time of year). There is no cost for this activity. Please contact Mrs. Diggins to sign up or with any questions. Email: [digginst@stkatharinedrexelbd.org](mailto:digginst@stkatharinedrexelbd.org) 920-887-2082

### OPEN REC

Will be offered when there is enough parent support.

### MONTHLY MOVIE NIGHT

Movie Night may resurface and is open to all grades and all families! Watch for these scheduled evenings. Join us in the REC/Parish Center. There is no cost for this activity, but snack donations are welcome. Students/families are welcome to join at any time! Please contact Mrs. Adsit for additional information.

920-887-2082 Ext. 111