



# NEWS

August  
2021

## Food Service Update!

For Parents & Students at  
St. Katharine's

### YOUR FOOD SERVICE PROGRAM FOR THE 2021-2022 SCHOOL YEAR

**Taher, Inc. welcomes you to the 2021-2022 school year!** We are excited to be starting our second year serving the students and families of St. Katharine's.



#### HIGHLIGHTS of the Dining Program include:

##### LUNCH ~ Each day we will offer...

- From-Scratch Hot Entrees, Burgers, Homemade Pizza, Chicken Sandwiches and more
- All you can eat fresh fruits and veggies with meal
- Deli sandwich, wrap, salad or another cold entrée option

### HARVEST OF THE MONTH ~ "HEALTHY TO A T" NEWSLETTER

We promote our Harvest of the Month Program to expose students to fresh, healthy foods and try something they may not normally try at home. We give out samples to try! Educational fact flyers are prominently displayed in the café with fun facts aimed to garner interest and attention to the food.

Our "Healthy to a T" newsletter, which will be posted in the dining room, incorporates tips on a healthy lifestyle, and features interesting facts and a recipe for you to try at home for either the featured fruit, vegetable, spice or herb.

### WHAT WE WILL BRING TO YOU

Taher's Food4Life menu offerings incorporate the following:

- Chef-developed, made-from-scratch items that are trans-fat free.
- Fruit and vegetable selections which complement our menu offerings, rotating daily.
- Harvest of the Month program which features a specific fruit, vegetable, and herb or spice each month, along with educational flyers.
- A dedicated and trained staff who focus on customer service, attention to detail and a desire to serve people in a friendly and welcoming atmosphere.



### 2021-2022 MEAL PRICES

We are currently in the  
SSO Program for **FREE**  
Lunch and

**FREE Breakfast** for  
all K-12 students!

There will still be a charge  
for 2nds & milk carton.