

Monday

Tuesday

Wednesday

Thursday

Friday

Hot Ham on a
Whole Grain Bun
Potato Wedges
Green Beans
Fruit
Milk Choice

5

Chicken Noodle Soup
or Cream of Broccoli Soup
Whole Grain Dinner Roll
Garden Bar
Fruit
Milk Choice

6

Hamburger on a
Whole Grain Bun
Baked Potato Chips
Steamed Corn
Coleslaw
Fruit
Milk Choice

7

Chicken Alfredo
Steamed Broccoli
Whole Grain Bread Stick
Garden Bar
Fruit
Milk Choice

8

French Toast Sticks
Chicken Sausage
String Cheese
Hash Brown Patty
Fresh Cauliflower
Fruit
Milk Choice

9

Chicken Nuggets
Potato Wedges
Baked Beans
Fruit
Milk Choice

12

Nacho Supreme
Sliced Peppers
Garden Bar
Fruit
Milk Choice

13

Chicken Teriyaki
Brown Rice
Steamed Broccoli
Colored Pepper Slices
Whole Grain Dinner Roll
Fruit
Milk Choice

14

Italian Meatball Sub
on a Whole Grain Bun
Marinara Sauce
Garden Bar
Fruit
Milk Choice

15

Whole Grain Pancakes
Chicken Sausage
Cauliflower
Celery Sticks
Fruit
Milk Choice

16

No School
Faculty In-Service

19

Chicken Fajita
Whole Grain Tortilla
Sautéed Peppers & Onions
Garden Bar
Fruit

20

Pulled Pork
Whole Grain Bun
Herb Roasted Potatoes
Steamed Carrots
Fruit
Milk Choice

21

Stuffed Bread Sticks
Marinara Sauce
Garden Bar
Fruit
Milk Choice

22

Turkey & Cheese Sub
on a Whole Grain Bun
Baked Chips
Baby Carrots & Cauliflower
Fruit
Milk Choice

23

Pasta, Meat Sauce
Or Marinara Sauce
Garden Bar
Whole Grain Bread Stick
Fruit
Milk Choice

26

Chicken Noodle Soup
or Cream of Broccoli Soup
Whole Grain Dinner Roll
Garden Bar
Fruit
Milk Choice

27

Beef Taco in a Shell
Refried Beans
Spanish Rice
Garden Bar
Fruit
Milk Choice

28

Pepperoni Pizza or
Cheese Pizza
Cucumbers
Garden Bar
Fruit
Milk Choice

29

French Toast Sticks
Chicken Sausage
String Cheese
Hash Brown Patty
Fresh Cauliflower
Fruit
Milk Choice

30