

The Way of Light stations are a way of prayerfully journeying through Eastertide by meditating on scenes from Scripture relating to Jesus' resurrection, ascension and the gift of the Holy Spirit.

Some suggestions on praying with the stations:

- ✗ Print the station and put it in the place where you pray
- ✗ Begin by lighting a candle as a remembrance that Christ is the light of the world
- ✗ Start each time with an opening prayer ~ either the one provided below or your own
- ✗ Slowly read and meditate on the scripture passage for the station
- ✗ You may want to notice a word or phrase that captures your heart and attention and ask what the Holy Spirit is inviting you to in this word or phrase (similar to Lectio Divina)
- ✗ Imagine yourself in the scene as one of the people or as a bystander
- ✗ Spend time with the reflection offered with each station
- ✗ Close this time holding space for specific prayer intentions and conclude with the closing prayer provided below or one of your own

Opening Prayer:

Heavenly Father,

We thank you for the gift of the Resurrection. Walk with us as we follow in faith where you lead us, that we may understand and be a witness to all that has taken place. Allow these reflections to awaken our faith and give us the desire not only to walk with you but to be a witness of your blessings to all those who you place in our path. Give us the gift of understanding that we too may experience your blessings in a time of uncertainty just as the apostles did as you journeyed with them to Pentecost. We ask this through Christ our Lord. Amen

Closing Prayer

Lord Jesus look favorably on all those who follow you. Help us to carry out the plan of your salvation as we let the whole world see and know the things you have done for all of humanity. Continue to lead us so that we may share the divine life of Jesus who humbled himself to share in our humanity. Allow us to see the glory of His Resurrection as we continue to celebrate in the mystery of the Risen Christ. Alleluia!

Here are links to wonderful Easter songs if you'd like to incorporate them into your reflection time:

Alleluia, Love Is Alive by Steve Angrisano, <https://www.youtube.com/watch?v=2mBLw5wt69U>

Hallelujah Is Our Song by Sarah Hart, <https://www.youtube.com/watch?v=BL065Ww1Z4w>