

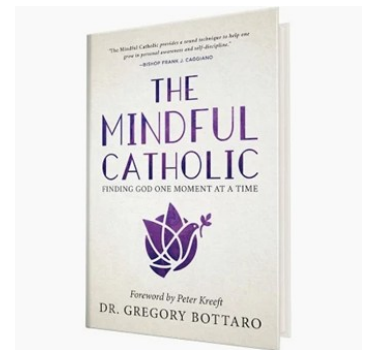
You are cordially invited

St. Agnes invites everyone to the special study of the trilogy of books to help with various spiritual and physical life issues. This study doesn't offer therapy, but it does point to amazing Catholic resources.

We'll begin with:

The Mindful Catholic

Finding God One Moment at a Time



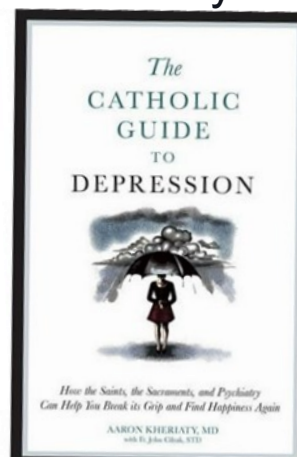
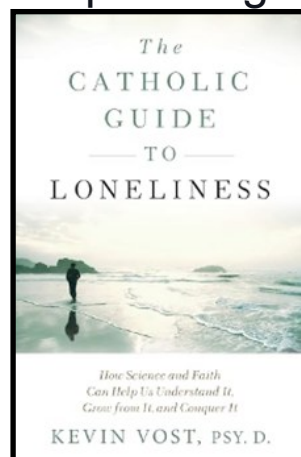
Every **Monday November 3 - December 29** at
6:30pm in the **Resource Center**

Sign up at: rc@stagnesparish.org or call: **262-781-9521**



*We are undeniably body, mind, and soul; the mindfulness that Dr. Greg advocates for and brings to life in his book and his program, seeks to **unite** every part of who we are. By the nature of its practice, Catholic mindfulness gives us the opportunity to be body, mind, and soul before God. Dr. Greg says that this approach to living our lives makes it **more “complete.”***

Upcoming books in the study:



MASS OF *Thanksgiving*



CELEBRATION OF ARCHBISHOP JEFFREY S. GROB RECEIVING THE PALLIUM IN ROME

With grateful hearts, let us come together
in thanksgiving to God for the unity of the
Archdiocese of Milwaukee and the Holy See
made visible in this sign bestowed by Pope Leo XIV.

Monday, November 3, 2025

6 p.m. Mass

CATHEDRAL OF ST. JOHN THE EVANGELIST
812 N. Jackson Street, Milwaukee, Wis.

Reception following Mass in Atrium

VISIT US!

EXPERIENCE EXCELLENCE



START YOUR JOURNEY TO BECOME A CRUSADER TODAY!

- ☐ Schedule a **SHADOW DAY!**
- ☐ Schedule a **PRIVATE PARENT TOUR!**
- ☐ Get involved in **Jr. CRUSADER PROGRAMS!**

WAYS TO EXPERIENCE CATHOLIC MEMORIAL

SHADOW DAY

Experience Catholic Memorial High School firsthand by scheduling a shadow day. On a shadow day, 8th grade students are matched with a current CMH student and will spend the school day together. Visiting shadows will attend classes, meet faculty and staff, tour the facilities and receive free lunch!

PRIVATE TOUR

There is no better way to get a feel for the experience of a school day at Catholic Memorial High School than to see it for yourself. During a private tour, parents will have the opportunity to walk through Catholic Memorial's welcoming facilities, meet faculty and staff, and observe classes. Learn about CMH's philosophy that will help students achieve more and rise higher than they ever thought possible. Private tours typically last around one hour.

WHERE YOU RISE[®]

14:1 - Student-Teacher Ratio

8 Years Running - Recognized as a top STEM School in the U.S. by Project Lead The Way

98% - of students participate in at least one extracurricular activity

#1 - The only school awarded as an Exemplary School for Academic Excellence by the Archdiocese of Milwaukee

117 - State Championships

\$18.5+ - million in scholarships earned by the class of 2025



SCAN TO
REGISTER
FOR A VISIT OR
AN EVENT

CATHOLICMEMORIAL.NET | 262-542-7101

Bring your MARRIAGE *Home!*

During this Jubilee Year, Archbishop Jeffrey S. Grob extends a special invitation to civilly married couples to explore having their marriage recognized by the Catholic Church, known as convalidation.

Common situations this applies to could include:

- Getting civilly married outside the Church
- Getting married in the outdoors or other wedding venue*
- A Catholic getting married in a non-Catholic Church*
- A Catholic getting married by a non-Catholic minister*

**without prior authorization from the Catholic Church*

The Catholic Church cares for you and desires you to have all the graces available and to allow you to return to the reception of the sacraments.

➤ **Talk to your parish priest to learn more.**

