

FORMED: Helping you grow in your faith

By Linda Barrington

By now, you have probably checked out the FORMED website that St. Agnes Parish subscribes to. If you haven't had a chance to do that yet, I suggest you make time. The breadth of resources is surprising, and it may be difficult to figure out where to begin. But, don't let that discourage you from browsing to find things you like.

For adults: FORMED Daily Reflections (3 minutes) with Dr. Tim Gray. Sign up at [FORMED Daily](#) to receive these reflections directly to your Inbox each day.

Do you want to go on a pilgrimage but may not feel comfortable traveling now or can't afford an expensive trip? Check out these options found in Documentaries under the "Movie" heading.

[The Faithful Traveler in the United States: East Coast Shrines - FORMED](#)

[The Faithful Traveler in the Holy Land - FORMED](#)

[The Faithful Traveler in Portugal - FORMED](#)

Heroism is not some unattainable ideal. Heroism is a worthy goal that lies within our grasp. That is the central message of [Everyday Heroes](#), a new documentary film featuring the witnesses of remarkable Brother Knights whose courage, faith and commitment to charity embody the mission of the Knights of Columbus. From the college football star who selflessly put the needs of others before his own to the Special Olympics athlete who gives witness to the dignity of all human life – these stories demonstrate how the betterment of our world ultimately begins with the individual human heart.



Shelly Fellin mentioned this one in the January newsletter: [Guadalupe: The Miracle and the Message - FORMED](#)

This is another one she recommended to me. [God's Doorkeeper: St. André of Montreal - FORMED](#) (His feast day was on Jan. 6. This is a good documentary about his life!)

Here are three more:

[Catholic Answers: Ready Reasons - FORMED](#) (This is found under Apologetics in the "Movie" heading...lots of other good short video clips about the faith in this section!)

[ECHO with Bishop Donald Hying - FORMED](#) (This is found under Faith Formation in the "Programs" heading. This was probably taped in Wisconsin.)

[Footprints of God with Stephen Ray - FORMED](#) (Stephen Ray has been on Relevant Radio -- always entertaining and engaging.)

For children: Check out [The Wonderful World of Benjamin Cello](#). Benjamin Cello is a winsome country gentleman, who leads his friends on song-filled adventures through the Land of the Baptized Imagination. Whether it's dancing in the art-full beauty of Pennywhistle Park, hearing the hallelujah hoedowns of the Big Ol' Barn, or reading deeply in the mysterious and elevated Book Endless Book Tower, [The Wonderful World of Benjamin Cello](#) will captivate your children



with the beauty and purity of a God-breathed imagination! Season One is available and Season Two as episodes are released.

[The Saints and Heroes Collection](#)

Heroes of the Faith. The Stories of real-life Saints & Christian Heroes all come to life in CCC of America's award-winning animated film series. Featuring authentic role models that today's child can truly believe in.



How do you use FORMED? What programs do you like and why? Do you have recommendations to share?

Send your comments to Shelly Fellin at fellinm@stagneparish.org. We would like to share your recommendations with others.