



COVID-19 School Reference Guide

In the event a school has a positive case of COVID-19, the school community and those individuals exposed will be notified as soon as possible. The school will consult with the Diocese of Orlando and the local health department for guidance and directives. The nature of the circumstance will determine a school's response. Each situation is unique and will be addressed accordingly.

What if I have COVID-19 like symptoms?

- Stay home and contact your healthcare provider.
- If the medical diagnosis is something other than COVID-19, (e.g. stomach virus, ear infection, sinus infection) follow the normal school illness policies and return to school when symptoms improve.
- Either a medical doctor's note or a negative PCR or rapid antigen COVID-19 test from a COVID-19 testing center or healthcare provider is required to return to school*. If neither options are possible, stay home for 5 days and after that wear a mask for 5 days. Updated 1-5-2022



What if I have been exposed to someone positive for COVID-19?

- If fully vaccinated or positive for COVID-19 within the past 90 days, continue to attend school and monitor for symptoms. Wear a mask for 10 days. Updated 1-05-2022
- If not fully vaccinated, quarantine for 5 days. After that, return to school and wear a mask for 5 additional days. Updated 1-05-2022
- If symptoms develop during this 10 day window, stay home and obtain a PCR or rapid antigen COVID-19 test from a COVID-19 testing center or healthcare provider*. Remain home awaiting test results and notify the school if positive.

What if I am positive for COVID-19? *

- Stay home and isolate for 5 days since the positive PCR or rapid antigen COVID-19 test from a COVID-19 testing center or healthcare provider*. After that, wear a mask for an additional 5 days. Updated 1-5-2022
- If you have a fever, remain home until your fever clears.
- The school will coordinate with the local health department to determine a safe return date to school.
- A copy of the original positive test, a medical doctor's note, or letter from the health department indicating safe return date is required to return to school.

What if I cannot find a diagnostic test, can I use a home test?

- Due to the current limited access to a diagnostic PCR or rapid antigen test from a facility, a positive on a home test may be used as "presumed positive" for COVID-19 in order to quickly mitigate the spread of the virus in our schools. Home tests may not be used to provide verification of testing negative for COVID-19. Updated 1-5-2022

*Documentation of a COVID-19 test must include: name of person tested, date tested, type of test, and name of clinical entity issuing the results (e.g. CVS, health department, medical facility, healthcare provider or COVID-19 testing site). The local health department does not recognize a home test result or antibody result as verification of presence of COVID-19 or record of past infection, however due to limited access of a diagnostic test from a facility a positive on a home test will be accepted as a "presumed positive" in order to quickly mitigate the spread of the virus due to the inability to obtain a test. Updated 1-5-2022