

Our Lady of Perpetual Help St. Philomena Devotion

First Thursday of the Month



Patroness of the Living Rosary and Patroness of the Children of Mary,
Pray for us

Hymn to St. Philomena

We praise thee, Philomena
Blest Martyr and Blest Maid
Since Christ through thee works
wonders

We come to thee for aid.
Red rose of sweetest fragrance,
Glowing with charity,
Yet white with lily whiteness
Of angels' purity.

Thou well-beloved Maiden
All girl with heaven's might
Help those who sit in darkness
Thou daughter of the light,
Cheer those whose hope is waning
And warm the hearts grown cold.
Console the sad and lonely
Strengthen the weak and old.

Be thou the guide of pilgrims
Restore the steps that stray
Bring health to those who suffer
Be thou their gladsome ray
Make us who now implore thee
Loving and brave and wise
May we one day behold thee
Princess of Paradise.

Prayer to St. Philomena

O Faithful Virgin and glorious
martyr, Saint Philomena, who works
so many miracles on behalf of the
poor and sorrowing, have pity on
me. You know the multitude and
diversity of my needs. Behold me at
your feet, in great need, but full of
hope. I entreat your charity, O great
Saint! Graciously hear me and
obtain from God a favorable answer
to the request which I now humbly
lay before you... (Here specify your
petition) I am firmly convinced that
through your merits, through the
scorn, the sufferings and the death
you did endure, united to the merits
of the Passion and death of Jesus,
your Spouse, I shall obtain what I
ask of you, and in the joy of my
heart, I will bless God, who is
adored in His Saints.

Amen.

Litany to St. Philomena

(Composed by the Cure of Ars)

Lord have mercy on us. *Lord have mercy on us.*
Christ have mercy on us. *Christ have mercy on us.*
Lord have mercy. *Lord have mercy on us.*
God the Father of Heaven, *have mercy on us.*
God the Son, Redeemer of the world,

have mercy on us.
God the Holy Ghost, *have mercy on us.*
Holy Trinity one God, *have mercy on us.*
Holy Mary, Queen of Virgins, **pray for us.*

St. Philomena,*
St. Philomena, filled with the most abundant graces
from your very birth,*
St. Philomena, faithful imitator of Mary,*
St. Philomena, model of Virgins,*
St. Philomena, temple of the most perfect humility,*
St. Philomena, inflamed with zeal for the Glory of
God,*

St. Philomena, victim of the love of Jesus,*
St. Philomena, example of strength and
perseverance,*
St. Philomena, invincible champion of chastity,*
St. Philomena, mirror of the most heroic virtues,*
St. Philomena, firm and intrepid in the face of
torments,*
St. Philomena, scourged like your Divine Spouse,*
St. Philomena, pierced by a shower of arrows,*
St. Philomena, consoled by the Mother of God,
when in chains,*
St. Philomena, cured miraculously in prison,*
St. Philomena, comforted by angels in your
torments,*
St. Philomena, who preferred torments and death to
the splendors of a throne,*
St. Philomena, who converted the witnesses of your
martyrdom,*
St. Philomena, who wore out the fury of your
executioners,*
St. Philomena, protectress of the innocent,*
St. Philomena, patron of youth,*
St. Philomena, refuge of the unfortunate,*
St. Philomena, health of the sick and the weak,*
St. Philomena, new light of the church militant,*
St. Philomena, who confounds the impiety of the
world,*
St. Philomena, who stimulates the faith and courage
of the faithful,*

St. Philomena, whose name is glorified in
Heaven and feared in Hell,*
St. Philomena, made illustrious by the most
striking miracles,*
St. Philomena, all powerful with God,*
St. Philomena, who reigns in glory,*

Lamb of God, Who takest away the sins of the
world, *spare us, O Lord.*
Lamb of God, Who takest away the sins of the
world, *graciously hear us, O Lord.*
Lamb of God, Who takest away the sins of the
world, *have mercy on us.*

Pray for us, St. Philomena, *that we may be made
worthy of the promises of Christ.*

Let us Pray

We implore Thee, O Lord, by the intercession of
St. Philomena, Virgin and Martyr, who was ever
most pleasing to Thy eyes by reason of her
eminent purity and the practice of all the virtues,
pardon us our sins and grant us all the graces we
need (*name any special grace you may require*).
Amen.

