

**1 PINT OF  
BLOOD CAN  
SAVE UP TO  
2 OF OUR  
PATIENTS'  
LIVES.**



**DONATE BLOOD TODAY!**

Every month, Children's Hospital Los Angeles has to collect 2,000 units of blood products to meet the needs of its patients. Please schedule an appointment for our upcoming blood drive, where each donation can help two children, and you can double your efforts by bringing a friend!

**Donor Requirements**

- At least 17 years old and weigh at least 110 pounds
- Must provide valid photo ID (driver's license preferred)
- Should be well-hydrated and feeling healthy

Please contact us if you are on any medications, have an existing medical condition or recently traveled outside the United States.

**Date** \_\_\_\_\_

**Time** \_\_\_\_\_

**Location** \_\_\_\_\_

To schedule an appointment, visit [CHLAdonateblood.org](http://CHLAdonateblood.org) or call us at **323-361-2441**.