

CATCHING FIRE, BECOMING FLAME:

A Guide for Spiritual Transformation

DO YOU NEED A SPIRITUAL “TUNE-UP” ?

1. The Spiritual Journey as a process of Transformation
2. Our Image of God
3. The Examen
4. Seven Principles of Prayer
5. God’s Will and Decision Making
6. The Challenge of Forgiveness



There are six sessions but we will double up and do it in three

Dates: **Monday, January 29th, 2018**

Tuesday, February 5th, 2018

Monday, March 19th, 2018

Time: **7pm – 9pm**

Place: **School Room 7**

If you wish to join us, please call **760-945-8040** or fill in form below and drop it off at the office or put it in the collection basket. **Space is limited** so first come, first served.

Name _____

Phone Number _____

Adult Education. This is a wonderful way, to prepare one’s heart for Easter.

