

Examination of Conscience for Parents

You must love the Lord your God with all your heart...

- How do I think of God? An almighty power I must placate?
- A severe judge who might condemn me to hell?
- A stickler for rules? Or as my loving heavenly Father?
- Am I open to God's presence in my life?
- Do I listen carefully to God's word in the Bible?
- How important is the Eucharist in my life?
- Do I really want God to direct my life?
- Do I spend time in quiet prayer seeking God's will for me?
- Am I too concerned for myself, my own interests, my own inclinations and desires, and does this crowd God out?

You must love your neighbor as yourself...

- Do I only love people who are nice to me? Does my love have to be earned?
- Do I take more trouble with "important" people than with "ordinary" people?
- Is there anyone whom I do not wish well? Anyone of whom I am jealous? Anyone whom I do not forgive?
- Do I treat my family with love and care?
- Do I demonstrate love and respect for my wife, my husband, my children, my parents?
- Am I concerned about other people, especially those less fortunate than myself?
- Am I thoughtless? Am I selfish? Am I proud?
- Do I speak out on behalf of the needy?
- Do I share what I have with them?
- Do I respect other people's property?
- Am I truthful and honest in my dealings with others?
- Do I judge others? Do I spread gossip about others?
- Am I inclined to blame others when something goes wrong?
- Do I sin against purity in mind or action?
- Am I a committed follower of Jesus Christ?