



mobile prayers



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Liturgy of the Hours
LITURGY OF THE HOURS

EVENING PRAYER II

February 21, 2021

{ First Sunday in Lent }



Stand and make sign of cross

L God, come to my assistance.

ALL — Lord, make haste to help me.

ALL Glory to the Father, and to the Son,
and to the Holy Spirit:

as it was in the beginning, is now,

and will be for ever. Amen.

HYMN

ALL When I survey the wondrous cross

On which the Prince of glory died,

My richest gain I count but loss,

And pour contempt on all my pride.

Forbid it, Lord, that I should boast,

Save in the death of Christ my God;

The vain delights that charm me most:

I sacrifice them to his blood.

See from his head, his hands, his feet

What grief and love flow mingling down;

Did'er such Love and sorrow meet,

Or thorns compose so rich a crown?

Were all the realm of nature mine,

That were a present far too small;

Love so amazing, so divine,

Demands my soul, my life, my all.

*Melody: Rockingham L.M.; Music: Adapted by Edward Miller, 1731-1807, from
A. Williams' A Second Supplement to Psalms in Minature, Oxford, c. 1780; Text:
Isaac Watts 1674-1748, slightly adapted*

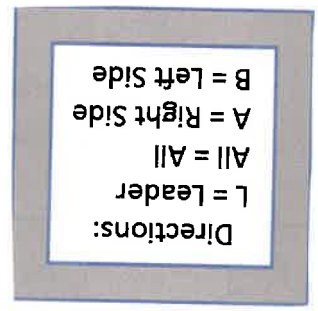
Sit or stand

PSALMODY

Antiphon 1

Worship your Lord and God; serve him alone.

L



RECITE,
NOT SING

Psalm 110:1-5, 7

The Messiah, king and priest

*Christ's reign will last until all his enemies are made subject to him
(1 Corinthians 15:25).*

- A** The Lórd's revelátion to my Máster: †
"Sít on my right: *
your fóes I will pút beneath your féet."
- B** The Lórd will wíeld from Zíon †
your scépter of pówer: *
rúle in the mídst of all your fóes.
- A** A prínce from the dáy of your bírth †
on the hólý móuntains; *
from the wómb before the dáwn I begót you.
- B** The Lórd has sworn an óath he will not chángé. †
"You are a príest for éver, *
a príest like Melchízedeck of óld."
- A** The Máster stánding at your ríght hand *
will shatter kíngs in the dáy of his wráth.
- B** He shall drínk from the stréam by the wáyside *
and thérefore he shall líft up his héad.
- A** Glory to the Father, and to the Son, *
and to the Holy Spirit:
- B** as it was in the beginning, is now, *
and will be for ever. Amen.

Antiphon

ALL Worship your Lord and God; serve him alone.

Antiphon 2

L This is the time when you can win God's favor; the day when you can be saved.

Psalm 114

The Israelites are delivered from the bondage of Egypt

You too left Egypt when, at baptism, you renounced that world which is at enmity

ACKNOWLEDGEMENTS

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with God (Saint Augustine).

A When Israel came forth from Egypt,
Jacob's sons from an alien people,
Judah became the Lord's temple,
Israel became his kingdom.

B The sea fled at the sight:
the Jordan turned back on its course,
the mountains leapt like rams
and the hills like yearling sheep.

A Why was it, sea, that you fled,
that you turned back, Jordan, on your course?
Mountains, that you leapt like rams,
hills, like yearling sheep?

B Tremble, O earth, before the Lord,
in the presence of the God of Jacob,
who turns the rock into a pool
and flint into a spring of water.

A Glory to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and will be for ever. Amen.

ALL This is the time when you can win God's favor; the day when you can be saved.
Antiphon

L Now we must go up to Jerusalem where all that has been written about the Son of Man will be fulfilled.
Antiphon 3

Canticle - 1 Peter 2:21-24
The willing acceptance of his passion by Christ, the servant of God

A Christ suffered for you, †
and left you an example *
to have you follow in his footsteps.
B He did no wrong; *
February 21, 2021

ALL hallowed be thy name.
Thy kingdom come.
Thy will be done on earth, as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Concluding Prayer

L Father,
through our observance of Lent,
help us to understand the meaning
of your Son's death and resurrection,
and teach us to reflect it in our lives.

Grant this through our Lord Jesus Christ, your Son,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever.

ALL — Amen.

Dismissal

L May the Lord bless us, protect us from all evil and bring us to
everlasting life.

ALL — Amen.

B no deceit was found in his mouth.
When he was insulted,*
he returned no insult.

A When he was made to suffer,*
he did not counter with threats.
Instead he delivered himself up*
to the One who judges justly.

B In his own body*
he brought your sins to the cross,
so that all of us, dead to sin, †
could live in accord with God's will.*
By his wounds you were healed.

A Glory to the Father, and to the Son,*
and to the Holy Spirit:

B as it was in the beginning, is now,*
and will be for ever. Amen.

Antiphon

ALL Now we must go up to Jerusalem where all that has been written
about the Son of Man will be fulfilled.

Sit

READING

1 Corinthians 9:24-25

L While all the runners in the stadium take part in the race, the
award goes to one man. In that case, run so as to win! Athletes deny
themselves all sorts of things. They do this to win a crown of leaves
that withers, but we a crown that is imperishable.

REFLECTION

RESPONSORY

L Listen to us, O Lord, and have mercy, for we have sinned against
you.

ALL — Listen to us, O Lord, and have mercy, for we have sinned
against you.

L Christ Jesus, hear our humble petitions,

ALL — for we have sinned against you.
 L Glory to the Father, and to the Son, and to the Holy Spirit,
 ALL — Listen to us, O Lord, and have mercy, for we have sinned against you.
 Stand

GOSPEL CANTICLE

L Watch over us, eternal Savior, do not let the cunning tempter seize us. We place all our trust in your unfailing help.

Luke 1:46-55

The soul rejoices in the Lord

Make sign of cross

ALL My soul proclaims the greatness of the Lord,
 my spirit rejoices in God my Savior
 for he has looked with favor on his lowly servant.
 From this day all generations will call me blessed:
 the Almighty has done great things for me,
 and holy is his Name.
 He has mercy on those who fear him
 in every generation.
 He has shown the strength of his arm,
 he has scattered the proud in their conceit.
 He has cast down the mighty from their thrones,
 and has lifted up the lowly.
 He has filled the hungry with good things,
 and the rich he has sent away empty.
 He has come to the help of his servant Israel
 for he has remembered his promise of mercy,
 the promise he made to our fathers,
 to Abraham and his children for ever.
 Glory to the Father, and to the Son, *



ALL Watch over us, eternal Savior, do not let the cunning tempter seize us. We place all our trust in your unfailing help.

Antiphon

and to the Holy Spirit:
 as it was in the beginning, is now, *
 and will be for ever. Amen.

INTERCESSIONS

L All praise to God the Father who brought his chosen people to rebirth from imperishable seed through his eternal Word. Let us ask him as his children:

ALL — Lord, be gracious to your people.

L God of mercy, hear the prayers we offer for all your people, may they hunger for your word more than for bodily food.

ALL — Lord, be gracious to your people.

L Give us a sincere and active love for our own nation and for all mankind,
 may we work always to build a world of peace and goodness.

ALL — Lord, be gracious to your people.

L Look with love on all to be reborn in baptism,
 that they may be living stones in your temple of the Spirit.

ALL — Lord, be gracious to your people.

L You moved Nineveh to repentance by the preaching of Jonah, in your mercy touch the hearts of sinners by the preaching of your word.

ALL — Lord, be gracious to your people.

L May the dying go in hope to meet Christ their judge, may they rejoice for ever in the vision of your glory.

ALL — Lord, be gracious to your people.

The Lord's Prayer - L

ALL Our Father who art in heaven,