

Confirmation Sponsor Selection & Confirmation Name Selection Guidelines

Confirmation Sponsor Selection Guidelines

While each prospective candidate is assigned to a Small Group Catechist, the custom of the youth selecting his/her own personal Confirmation Sponsor is maintained. The Confirmation Sponsor, like the small group catechist, supports the candidate in any way he/she can during (and after) the Confirmation program. As a representative of the larger adult faith community (like the small group catechist), the Confirmation sponsor should be selected by the youth with certain qualities in mind. These qualities are listed below. The confirmation sponsor must:

- Be a full member of the Roman Catholic Church, that is, must have celebrated all three sacraments of Christian Initiation: Baptism, Eucharist, Confirmation;
- Be an active, practicing Catholic who is not prohibited by Church law from exercising the role of sponsor;
- Be sufficiently mature for the role of sponsor;
- Not be the candidate's parent; sex of the sponsor is immaterial. In cases of necessity, a parent may serve as proxy for the sponsor;
- People highly recommended: Baptismal Godparents, Parish adult or peer helper, Those who meet the above requirements and with whom the candidate is comfortable sharing his/her faith life.

Confirmation Name Selection Guidelines

It is currently recommended by the Church that a candidate select:

- Baptismal name (given first name); or
- Chosen, Christian name (different name which has special significance to candidate)