

Journey of the Heart Mission Trip 2022

What is Journey of the Heart?

Journey of the Heart is our parish's annual summer teen Mission Trip

History of Journey of the Heart at St. Ann Parish

Our parish has been taking teens on a mission trip for 24 years! This trip originally involved going to Kentucky to work with the Maryknoll Sisters and serve in the community. About 13 years ago we started working with a company called Youthworks, a Christian organization that provides Mission Trips for teens. This year we will be going with a NEW organization called Catholic Heart Workcamp. They will provide us with an amazing Mission experience that includes service opportunities, accommodations, food, an evening program, musicians, summer staff, a nurse and Priest onsite. Catholic Heart's mission is:

To share the love of Christ as we serve the neglected, brokenhearted
and the marginalized in any way needed.

Equally, to inspire participants to live as disciples of Christ
through serving others as a way of life;

and to foster the Catholic faith of each participant through the
Sacraments, prayer and involvement in social service.

We are very excited to partner with this Catholic mission group as we head to Kansas City this summer.

Who can go?

- Students who are currently enrolled in 8th through 12th grade are eligible to attend JOTH this summer 2022.
- Families must be registered members of St. Ann parish.

How many teens can go on this Mission Trip?

We have reserved 15 spots and 7 spots are still available. Priority will be given to those in older grades since they are only eligible to go until their Senior year. (see How do I sign up at the end of this handout)

Where and When are we going?

Kansas City, Kansas July 9 -16, 2022
Saturday, July 9th - depart mid- afternoon
Saturday, July 16th - return late afternoon

How do we get there?

Arrangements will be made to rent minivans that will be driven by parent chaperones. Kansas City is approximately 511 miles from Stoughton. It's about an 8 hour drive that will be split over a day and a half.

Where do we stay?

The first day we will travel about 5 hours and stay at a hotel. Then we'll travel the last 3 hours the next morning and arrive in Kansas City to check in with Catholic Heart by early afternoon. In Kansas City our homebase will be St. James Academy in Lenexa, Kansas. This is where we will sleep, eat breakfast/dinner and participate in the evening program while in Kansas City. (They have air conditioning! Whoot, whoot!)

What do we do while we are on Mission in Kansas City?

The Mission motto is love, serve, connect. During the day the chaperones and teens will be working together with teens from all over the country to serve in various projects to provide home improvement, outdoor work, food pantries and other centers for those in need. We will have opportunities to attend Mass daily. The evening program is big fun and high energy filled with musicians, skits, testimonies and more! This part of the trip is unique to Catholic Heart and communicates that the Catholic faith is NOT boring!

What else do we do on the trip?

We will have a free day on Friday to go someplace FUN in the area! There are lots of options in KS like amusement and water parks.

What will this trip cost?

Cost is currently budgeted at \$836.00 This amount includes everything from the time the group leaves until their return. A per person breakdown of the cost is as follows:

Catholic Heart Fee (Covers meals for the week, lodging, site materials, staff, etc)	\$405.00
Vehicle Rental	\$127.00
Vehicle Insurance	\$ 15.00
Fuel and tolls	\$ 42.00
Meals during travel	\$ 62.00
Activities on free day	\$ 25.00
Lodging during travel	\$ 50.00
Misc expenses (supplies)	<u>\$ 10.00</u>
	\$736.00
Chaperone fees	\$ 110.00
<i>Anonymous donor</i>	<u>- 136.00</u>
Total amount to fundraise	\$700.00

How do we raise money to cover this trip?

Fundraising opportunities are held on a regular basis – new ideas are always welcome. Our parishioners love to support us!

- Individual goal is to raise \$700 per student.
- We have fundraisers scheduled throughout the whole year.
- When we have a fundraiser:
 - Donations received on behalf of a student are credited to that student's account.
 - At the beginning of a fundraiser we will attempt to make you aware of the fundraising potential. This will not be possible for all fundraisers
 - The final amount raised by each student will be posted only after all money for that fundraiser is collected.
 - If a parent chairs a fundraiser, \$50 will be credited to their student's account. This money will come from donations made to the program.
 - Past fundraisers have included:
 - Kringle Sale – \$1,600 (credit for profit on their sale)
 - Syttende Mai - \$1,250 (credit for hours worked)
 - Rent-A-Teen - \$1,000 (credit for hours worked)
 - Pizza Sale - \$1,500 (credit for profit on their sale)
 - Plant Sale - \$550 (credit for profit on their sale)
 - Knights of Columbus - \$1,400 (credit for hours worked)
 - Raise the Flag - \$300/day (credit for hours worked)
 - Silent Auction – \$3,200 (credit for any items they donated)
 - Pancake Breakfast--\$900 (credit for hours worked)
 - Stoughton Jr. Fair Concessions - \$300/day (credit for hours worked)
 - Aluminum Cans - \$150 (credit for taking to recycling center)
 - Water Softener Salt Sale -- \$1,800 (credit for profit on their sale)
 - Bowl-A-thon - \$2,650 (credit for what they raise)
 - Bake Sale - \$641 (divided by all participants)
 - If a student reaches their goal, we ask that you continue to help raise funds in order to cover any shortfalls and general operating expenses.
 - A spreadsheet for each student's funds will be continually updated and students can also keep track of their accounts on the Student Participation Sheet (sample attached).

What is expected of me (student and parents)?

- The STUDENT must be committed to making this trip because they want to NOT because their parents want them to.
- Students must raise \$700 to cover the expense of the trip or pay the remainder out of pocket.
- Students must be involved in Journey of the Heat programs throughout the year.

- Parents and students are expected to attend meetings and communicate with organizers.
- Students are expected to attend a Journey of the Heart Retreat in the Spring that runs from approximately 2pm through 5:15 pm Mass.

How do I SIGN UP!

To reserve a spot on this trip, parents and students must complete and return a commitment form and the Student/Family Information Sheet. Families are also asked to make a **\$100 deposit** to Journey of the Heart (if fundraising goal is reached, this deposit will be returned). Spots will be given first to older students and then on a first-come, first-served basis.

In about March, Medical Release forms and Activity Release forms will be distributed that need to be completed by the parents of all participants. With these forms we will need a copy of your Health Insurance card. Students and Chaperones are also asked to sign a Commitment form.

Who do I contact if I have more questions?

Judy Apel, Coordinator of Religious Education and Youth Ministry
judy.apel@stanns-school.org or 608-873-7633

Check out this website and watch the promo videos

[Catholic HEART Workcamp - Mission Trips For Teens](http://CatholicHEARTWorkcamp-MissionTripsForTeens) go to: heartworkcamp.com