

OCTOBER 2021 BREAKFAST

EAT BREAKFAST AND LUNCH MEALS AT NO CHARGE


Monday

Tuesday

Wednesday

Thursday

Friday

				<p>1. BREAKFAST Yogurt Cup Banana Juice Cinnamon Mini Biscuit Milk</p>
<p>4. NO SCHOOL</p>	<p>5. NO SCHOOL</p>	<p>6. BREAKFAST Mini Bagels Bacon Strips - optional Fresh Orange Milk SNACK Chicken Nuggets Juice</p>	<p>7. BREAKFAST Choice of Cereal or Granola Bar Banana/ Juice Cup Milk SNACK Yogurt Cup WG Cookie</p>	<p>8. BREAKFAST Waffles Apple Slices / Juice Milk SNACK Cereal + Milk</p>
<p>11. BREAKFAST Pastry Tart Cheese Stick Juice, Applesauce Cup Milk SNACK Mlni Corndogs Juice</p>	<p>12. BREAKFAST WG Toast Slices Sausage Patty Small Fruit Cup/Juice Milk SNACK Cheez It Crackers Mozzarella Stick Cheese</p>	<p>13. BREAKFAST Biscmuffin (Egg, cheese and bacon on mini biscuits) Peach Slices Milk SNACK Berry Bar Milk</p>	<p>14. BREAKFAST Choice of Cereal Bowl OR Hot Oatmeal Bowl with Granola topping Choice of Fruit Milk SNACK Ham and Cheese Roll Up Mandarin Pineapple Cup</p>	<p>15. BREAKFAST Cinnamon Bread Ring Small Yogurt + Fruit Cup Juice Cup Milk SNACK Small Pizza Snack Small Juice</p>
<p>18. BREAKFAST Waffles Juice Cup Milk SNACK: Granola Bar, Milk</p>	<p>19. BREAKFAST Cheerio Cereal Bowl Fresh Strawberry Cup Banana Milk SNACK:Muffin, Fruit Cup</p>	<p>20. BREAKFAST Pancakes Sausage Patties Fruit Cup Milk SNACK: Popcorn, Juice</p>	<p>21. BREAKFAST Choice of Cereal Bowl Fresh Banana Juice Milk SNACK: Grahams + Milk</p>	<p>22. NO SCHOOL</p>
<p>25. NO SCHOOL</p>	<p>26. BREAKFAST Choice of Cereal Bowl Fruit Cup Juice Milk SNACK: Popcorn Apple Slices</p>	<p>27. BREAKFAST Pancakes or Waffles Strawberry Cup Juice Milk SNACK: Whole Grain Chips, Salsa Juice</p>	<p>28. BREAKFAST Choice of Cereal Bowl OR Hot Oatmeal Bowl Juice Milk SNACK: Mini Turkey Sandwich Mandarin Pineapple Cup</p>	<p>29. BREAKFAST Pumpkin Muffin Banana Juice Milk SNACK Pizza Bites or Slice Juice</p>



Happy Autumn!

BREAKFAST
At NO CHARGE in
the the Cafeteria!

Be Sure to stop by!

LIFE
WITHOUT
BREAKFAST
CAN BE KIND'A.....

spooky!

