

# SEPTEMBER | 2019



St Monica School Lunches Full Price \$3.00 Reduced Price \$.40  
Milk \$.50

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

<p><b>2</b></p>	<p><b>3</b> BBQ Chicken Sandwich Steamed Broccoli Mandarin Oranges Milk</p>	<p><b>4</b> Beef Burger on Bun Sandwich Fixins' Oven Potatoes Choices from Fixins' Bar Chilled Peas Optional Fresh Fruit Milk</p>	<p><b>5</b> Cheese Filled Breadsticks Dipping Sauce Carrots and Dip Apple Slices Choices from Fixins' Bar Milk</p>	<p><b>6</b> Breaded Chicken Sandwich Sandwich Fixins' Pinto Bean Cup Choices from Fixins' Bar Seasoned Corn Peaches Milk No Salad Bar on Fridays Salads available</p>
<p><b>9</b> Chicken or Beef Nachos Nacho Toppings (Shredded Romaine and Tomato Choices from Fixins' Bar Refried Beans Whole Fruit Cup Milk</p>	<p><b>10</b> Turkey and Noodles Mashed Potatoes Dinner Roll Seasoned Green Beans Choices from Fixins' Bar Chilled Peaches Milk</p>	<p><b>11</b> Pork Fritter Sandwich Sandwich Fixins' Small Spinach Salad Choices from Fixins' Bar Mandarin Orange Cup Milk</p>	<p><b>12</b> Corndog Baked Beans Carrots and dip Choices from Fixins' Bar Applesauce Cup Milk WG Cookie</p>	<p><b>13</b> No School  Eat Smart! Play Hard!</p>
<p><b>16</b> Rice Bowl Fajita Chicken Cheese sprinkles Fajita Veggies Seasoned Corn Choices from Fixins' Bar Chilled Corn Milk</p>	<p><b>17</b> Chicken and Noodles Seasoned Green Beans Choices from Fixins' Bar Dinner Roll Spiced Peas **Fresh Fruit Option Milk Brownie</p>	<p><b>18</b> Beef Burger on Bun Sandwich Fixins' Steamed Carrot Blend Choices from Fixins' Bar Oven Fries Chilled Fruit Cup Milk</p>	<p><b>19</b> Cheese Filled Breadsticks Dipping Sauce Leafy Green Salad Fresh Grapes Milk</p>	<p><b>20</b> Hot Dog with Bun Potato Smiles Choices from Fixins' Bar Whole Fruit Cup  Milk No Salad Bar on Fridays. Salads available</p>
<p><b>23</b> Chicken Nachos Nacho Toppings (shredded romaine + tomato) Pinto Beans Choices from Fixins' Bar Chilled Pineapple Cup Milk</p>	<p><b>24</b> Baked Italian Style Chicken Sandwich (with cheese) Steamed Broccoli Choices from Fixins' Bar Oranges and Apples Milk WG Cookie</p>	<p><b>25</b> SMS PIZZA! Leafy Green Salad Seasoned Peas Choices from Fixins' Bar Chilled Peaches **Fresh Fruit Option Milk</p>	<p><b>26</b> Corndog Baked Beans Carrots + Dip Choices from Fixins' Bar Applesauce Cup **Fresh Fruit Option Milk</p>	<p><b>27</b> Breaded Chicken on Bun Sandwich Fixins' Pinto Bean Cup Seasoned Corn Choices from Fixins' Bar Chilled Pear Mix Milk (No Salad Bar. Salads available)</p>
<p><b>30</b> Rice Bowl Cheese sprinkles Fajita Chicken Fajita Style Veggies Seasoned Corn Choices from Fixins' Bar Chilled Pineapple Mix Milk</p>	<p><b>1</b> Turkey and Noodles Mashed Potatoes Seasoned Green Beans Choices from Fixins' Bar Dinner Roll Peach Banana Mix AppleCake Milk</p>	<p><b>2</b></p>	<p><b>3</b></p>	<p><b>4</b></p>

**St Monica students continue to make good choices from the Fixins' Bar / Salad Bar. They are choosing veggies of different colors and therefore adding more nutrients to their lunch. Good Job Eagles!**

**Volunteer at school lunch and receive service hours. Call Mrs. Metzler 317-919-3853 for information**

\*\*Fresh Fruit Options are limited.