



Don't forget
to eat your
vegetables.

St. John Evangelist Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit
are Offered Daily on the Fruit & Vegetable Bar

November
2018

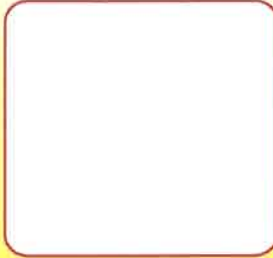
MONDAY



TUESDAY



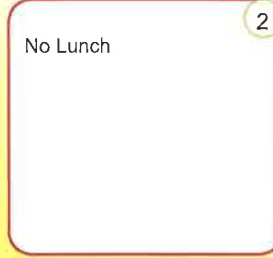
WEDNESDAY



THURSDAY



FRIDAY



HOM Sweet Potato 5
Sloppy Joe on a WGBun

Sweet Potato Fries

Crispy Chicken Tenders 6
w/French Bread Slice

Dill Seasoned Potato
Wedge

Chicken Enchilada Bake 7

Pinto Beans
Salsa

Mac & Cheese w/a side of 8
Pretzel Bites

Corn
Cookie

Cheesy Italian Flatbread 9

Garden Green Beans

Cheeseburger on a Bun 12

California Blend Vegetable

National Pickle Day 13
Chicken Patty on a Bun

Potato Salad
Pickles Spears

Turkey Nacho Supreme 14

Spiced Pinto Beans

Homemade Salisbury 15
Steak and a French
Bread Slice

Mashed Potatoes & Gravy

Homemade Cheese Pizza 16

Steamed Broccoli

Chicken Nuggets w/BBQ 19
Sauce and Dinner Roll

French Fries

HOM Apple 20
Roast Pork and Gravy

Mashed Potatoes w/Corn
Bread
Applesauce

No Lunch 21

No School 22

No School 23

Chicken Tenders 26
w/BBQ Sauce and Soft
Pan Roll

Mashed Potatoes

Salisbury Steak Sandwich 27

Italian Tomato Salad

Beefy Nachos with 28
Homemade Cheese Sauce

Refried Beans
Salsa

Roasted Hot Dog on a WG 29
Bun

Ranch Potato Wedges

Cheese Bread with 30
Marinara Sauce

Garden Green Beans

Milk

Skim Chocolate
Skim White
1% White

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate
Skim is included with lunch.
Entree Salads are served with Dinner Roll
For questions or comments, contact
Brian at 414-441-5854
or email b.eaton@taher.com

