



Don't forget
to eat your
vegetables

St. John the Evangelist Lunch

February
2019

MONDAY

All menus meeting Federal Nutritional requirements. Menus are subject to change but will always meet these requirements.

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

4
Cheeseburger on a Bun
Hot Wedged Potatoes

Romaine
Cherry Tomatoes,
Diced Peaches

5
Pasta w/Meat Sauce &
Garlic Bread

Baby Carrots,
Snap Peas,
Cubed Cantaloupe

6
Walking Beef Tacos
w/Lettuce, Tomato & Salsa

HOT Refried Beans
Cucumber Slices,
Red Pepper,
Juice Cups

7
Sloppy Joe on a Bun

Hot Tater Tots
Celery w/Ranch Dressing
Diced Pears
WG Rice Krispie Treat

8
Cheesy Italian Flatbread

Broccoli w/Ranch Dressing
Radishes
Fresh Apple

11
Chicken Nuggets w/Ranch
Hot French Fries

Romaine
Chilled Mixed Fruit

12
Pizza Burger on a Bun

Cucumber,
Cherry Tomatoes,
Diced Pears

13
Beef Nachos w/ Melted
Cheese

HOT Refried Beans
Salsa
Cold Zucchini
Fresh Bananas

14
Mozzarella Dippers
w/Marinara

Celery Sticks w/ Ranch
Red Pepper
Peaches

15
No School

18
No School

19
All Beef Hot Dog on a Bun

Baby Carrots
HOT Peas
Diced Peaches

20
Baked Potato w/Taco
Meat and Cheese or

HOT Baked Beans
Cucumber Slices
Diced Pears

21
Swedish Meatballs over
Buttered Egg Noodles
and Dinner Roll

Sliced Radishes
Celery Sticks w/ Ranch
Fresh Pear

22
Tony's Cheese Pizza

HOT Green Beans
Carrot Sticks w/Ranch
Frozen Blueberries

25
Grilled Cheese w/Tomato
Soup

Romaine,
Baby Carrots w/Ranch
Fresh Apple
WG PF Cookie

26
Max Sticks w/Marinara

Cucumber Slices
Cherry Tomatoes
Fresh Orange

27
Chicken Fajitas w/ Flour
Tortillas and Salsa

HOT Black Beans
Fresh Broccoli
Juice Cups

28
Salisbury Steak w/Gravy
w/Dinner Roll
Hot Mashed Potatoes

Red Peppers,
Celery Sticks w/ Ranch
Fresh Grapes

In accordance with federal civil rights laws, the USDA programs are prohibited from discrimination based on race, color, national origin, sex, disability or age.

Prices

Student Lunch	\$3.00
Adult Lunch	\$3.75
Reduced Lunch	\$.40
Milk	\$.40

Contacts

If you have questions or comments, please call Chef Brian at 414-442-5854.

Got Milk?

Milk choice of 1% White, Skim or Chocolate Skim is included with Breakfast.

