



Don't forget
to eat your
vegetables

St. John the Evangelist

Lunch

March

2019

MONDAY

All menus meeting Federal Nutritional requirements. Menus are subject to change but will always meet these requirements.

TUESDAY

In accordance with federal civil rights laws, the USDA programs are prohibited from discrimination based on race, color, national origin, sex, disability or age.

WEDNESDAY

THURSDAY

FRIDAY

Cheeseburger on a Bun ⁴

Romaine
Cherry Tomatoes,
Diced Peaches

Pasta w/Meat Sauce & Garlic Bread ⁵

HOT Peas

Baby Carrots,
Cubed Cantaloupe

Ash Wednesday * ⁶
Cheese Nachos w/Lettuce,
Salsa

HOT Refried Beans
Cucumber Slices,
Red Pepper,

Sloppy Joe on a Bun ⁷
Hot Wedged Potatoes

WG Rice Krispie Treat
Celery w/Ranch Dressing
Diced Pears

Homemade Cheese Pizza ¹

HOT Green Bean
Carrots w/Ranch
Fresh Apples

Cheesy Italian Flatbread ⁸

Broccoli w/Ranch Dressing
Radishes
Fresh Apple

Chicken Nuggets w/Ranch Sauce and Dinner Roll ¹¹
Hot French Fries

Romaine
Chilled Mixed Fruit

Pizza Casserole ¹²

Cucumber,
Cherry Tomatoes,
Diced Pears

Beef Nachos w/Melted Cheese ¹³

HOT Refried Beans
Salsa
Cold Zucchini
Fresh Bananas

Diced Chicken w/Gravy over Mashed Potatoes and Dinner Roll ¹⁴

Celery Sticks w/ Ranch
Red Pepper
Peaches

* No School ¹⁵

Popcorn Chicken w/Honey Mustard and Dinner Roll ¹⁸

Hot Tater Tots
Romaine
Fresh Apple

All Beef Hot Dog on a Bun ¹⁹

HOT Peas

Baby Carrots
Diced Peaches

Baked Potato w/Taco Meat/Cheese ²⁰

HOT Baked Beans
Cucumber Slices
Diced Pears

Swedish Meatballs over Buttered Egg Noodles and Dinner Roll ²¹

Sliced Radishes
Celery Sticks w/ Ranch
Fresh Orange

* Homemade Cheese Pizza ²²

HOT Green Beans
Carrot Sticks w/Ranch
Frozen Blueberries

Grilled Cheese w/Tomato Soup ²⁵

Romaine,
Baby Carrots w/Ranch
Fresh Apple
WG PF Cookie

Max Sticks w/Marinara ²⁶

Cucumber Slices
Cherry Tomatoes
Fresh Orange

Chicken Fajitas w/ Flour Tortillas and Salsa ²⁷

HOT Black Beans
Fresh Broccoli
Juice Cups

Salisbury Steak w/Gravy w/Dinner Roll ²⁸
Hot Mashed Potatoes

Red Peppers,
Celery Sticks w/ Ranch
Fresh Grapes

* Cheesy Italian Flatbread ²⁹

HOT Green Beans
Radishes
Chilled Peaches

Prices

Student Lunch \$3.00
Adult Lunch \$3.75
Reduced Lunch \$.40
Milk \$.40

Contacts

If you have questions or comments, please call Chef Brian at 414-442-5854.

Got Milk?

