

SEPTEMBER 2025

St. John the Evangelist

K-8 Hot Lunch Menu



CFI

CENTERS FOR INDEPENDENCE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|--|--|
| 1 Labor Day CFI Closed | 2 NEW! WG Chicken Tenders Signature Sauce Baby Carrots Seasonal Fruit Choice of Milk | 3 WG Italian Cheesy Pull-Aparts Marinara Dipping Sauce Fresh Garden Salad Blend w/ Ranch Dressing Packet Seasonal Fruit Choice of Milk | 4 NEW! Sweet & Sour Beef Meatballs WG Brown Rice Fresh Broccoli Bites Assorted WG Crackers Seasonal Fruit Choice of Milk | 5 Build your Own Sandwich! Turkey Deli Meat WI Provolone Cheese Slice NEW! WG Croissant Mayo Packet Roasted Baby Baker Potatoes Seasonal Fruit Choice of Milk |
| 8 WG Beef Pepperoni Calzone Celery Sticks w/ Ranch Packet Seasonal Fruit Choice of Milk | 9 Teriyaki Chicken WG Brown Rice Fresh Broccoli Bites Assorted WG Crackers Seasonal Fruit Choice of Milk | 10 WG Chicken Nuggets (5) BBQ or Hot Sauce Packet Sweet Corn Kernels Assorted WG Crackers Seasonal Fruit Choice of Milk | 11 Beef Gordita Supreme w/ Cheese WG Flatbread Taco Sauce Packet Shredded Lettuce and Sour Cream Fiesta Black Beans (1/2 cup) Seasonal Fruit Choice of Milk | 12 Kickin' Chicken Alfredo Twirly Pasta Baby Carrots WG Artisan Dinner Roll Seasonal Fruit Choice of Milk |
| 15 WG Chicken Corn Dog Ketchup Packet Vegetarian Baked Beans Seasonal Fruit Choice of Milk | 16 WI Harvest of the Month- Broccoli Beef Meatball Sub w/ Marinara & Mozzarella Cheese NEW! WG Sub Bun Fresh Broccoli Bites Seasonal Fruit Choice of Milk | 17 NEW! Chicken Tikka Masala WG Brown Rice WG Flatbread Slice Baby Carrots Seasonal Fruit Choice of Milk | 18 National Cheeseburger Day! Beef Hamburger Patty w/ Cheddar Cheese Slice WG Hamburger Bun Ketchup & Mustard Packet Oven Roasted Potatoes Seasonal Fruit Choice of Milk | 19 DOMINOS PIZZA DAY- Dominos Cheese Pizza Slice Sliced Cucumbers WG Cheddar Mickey Goldfish Seasonal Whole Fruit Choice of Milk |
| 22 WG Popcorn Chicken (10) BBQ or Hot Sauce Packet Fresh Garden Salad Blend w/ Italian Dressing Packet NEW! WG Chocolate Belly Bears Crackers Seasonal Fruit Choice of Milk | 23 Chicken Burrito Bowl Chicken Fajita Strips w/ Cheese NEW! WG Mexican Rice & Black Beans Shredded Lettuce & Sour Cream Taco Sauce Packet WG Churro Crackers Seasonal Fruit Choice of Milk | 24 WG Cheese Pizza Sticks Marinara Dipping Sauce Fresh Broccoli Bites Seasonal Fruit Choice of Milk | 25 Hearty Beef & Bean Chili w/ Cheese (OR Kid's Classic- WG Chicken Nuggets) Sweet Corn Kernels WG Cornbread w/ Honey Packet Seasonal Fruit Choice of Milk | 26 NEW! WG Breaded Chicken Drumstick BBQ or Hot Sauce Packet Fresh or Steamed Carrots WG Buttermilk Biscuit w/ Grape Jelly Seasonal Fruit Choice of Milk |
| 29 WG Chicken and Green Chile Quesadilla Taco Sauce Packet Ranchero Pinto Beans Seasonal Fruit Choice of Milk | 30 BBQ Beef Meatballs (3) Macaroni & Cheese Fresh Broccoli Bites WG Pretzel Breadstick Seasonal Fruit Choice of Milk | | | MILK FOR SCHOOLS: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE MENU SUBJECT TO CHANGE |

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

This institution is an equal opportunity provider.

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