

# Schedule W.I.N.D. 2020

**11:15 to 12:15 p.m.**

Registration, Activities, Service

**12:15 to 1:40 p.m.**

Opening Session  
Paul J Kim

**1:50 to 2:20 p.m.**

Workshop A / Lunch

**2:30 to 3:00 p.m.**

Workshop B / Lunch

**3:10 to 3:40 p.m.**

Workshop C / Service

**3:50 to 4:20 p.m.**

Workshop D / Service

**4:30 to 5:30 p.m.**

Liturgy

**5:40 to 6:40 p.m.**

Closing Session  
Paul J Kim

**6:45 to 7:45 p.m.**

Dance

**7:45 p.m.**

Goodnight and thank you.

## Registration Information

Youth and Adults in Groups

**Early bird : Postmarked Jan. 3rd to Feb. 2nd, 2020**  
\$47.00 registration fee for all **Youth and Adults**

**Regular Registration: Between Feb. 3rd and March 3rd**  
\$50.00 registration fee for all **Youth and Adults**

**Late Registration: March 4th to Conference**  
\$55.00 registration fee for all **Youth and Adults**

**Youth Participation Fee: \$10.00 - Youth Only**  
[Parish and school deadlines may differ]

**Please send group registration packets to**  
**Catholic Youth Organization**

W.I.N.D. Registration  
12 State Street  
Detroit, MI 48226

**Registration Deadline for Groups: March 13th, 2020**

[Only individual additions to existing groups from this date to conference]

**Questions?**

Please contact: [mhowell@cyodetroit.org](mailto:mhowell@cyodetroit.org)

**Need Forms?**

Go to: [www.cyodetroit.org](http://www.cyodetroit.org)

**Youth Leadership Development - W.I.N.D.**

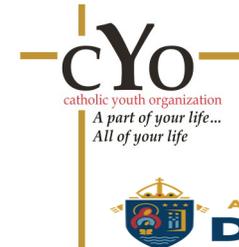
W.I.N.D. 2020

**Please send registration packets to:**

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W.I.N.D. Registration  
12 State Street  
Detroit, MI 48226

W.I.N.D. 2020

April 4, 2020



**“We love, because He first loved us.”**

1 John: 4:19

**Sacred Heart Parish**  
**22430 Michigan Ave**  
**Dearborn, MI 48124**

# Keynote Speaker: Paul J Kim

One of the most sought-after Catholic youth speakers in America. The way he presents is a rare gift to witness and has impacted people of all ages in 46 states and in 5 countries over the past decade. Moving his audiences from laughter in one moment, to deep reflection and prayer in another. Paul utilizes his many talents (i.e. music - beat-boxing, comedy, inspirational talks) to communicate the Gospel message of Christ to people in a way that is engaging, entertaining, and altogether life-changing.



Paul witnesses to the fact that Jesus is alive in His Church and He invites all young people to come to know and experience His merciful and life-changing love vis prayer, Scripture, the Sacraments, and in the mysterious ways that God speaks to each of us. Christ said: “[I] came that they would have life, and have it abundantly” John 10:10

## Workshops A & B

### 1. Assisting the Less Fortunate through Service:

When you see someone who appears less fortunate or may be in need of help, what is your reaction? What do you do to help them? By helping them do you serve the Lord, too? Learn how to give to the less fortunate in your everyday life.

### 2. How to Include Faith in Your Daily Life:

God created you and everything and God loves you. The least we can do in return is include God’s teachings in our daily lives. Praying, living out the Gospel, and so much more can be done to live the Gospel vision.

### 3. Dealing with Expectations of Friends and Family:

Do your parents wish more of you? Do your friends expect too much from you? This happens to kids everyday—so what can you do?

### 4. Keeping a Healthy Life:

Do you want to live a healthier lifestyle? Eating healthy will help you be a better person. Learning different techniques to take care of yourself both inside and out is key.

### 5. Being Peaceful and Loving:

Do you punch your pillow or grit your teeth when things go badly? Have you wanted to hurt someone because you were mad at them? Anger management is something most people should know and is a useful skill. Most of the aspects of anger can be conquered. Learn to be peaceful and loving towards those who have hurt you instead of unleashing your anger.

### 6. How to Live Your Life Through the Lens of the Gospel:

How is your life compared to the teachings in the gospels? There is more to the gospels than just stories. Learn to become the YOU that God made you to be.

### 7. Rumors and Gossip:

Have you felt people are talking behind your back? Have you known someone who spreads rumors? Rumors are untrue statements that are spread to make people feel miserable. You know it’s wrong. How can you deal with rumors and help stop them from spreading?

## Workshops C & D

### 8. Bullying and Sexual Harassment:

Often people bully others because they are struggling with their own challenges so they lash out and take it out on others. Sexual harassment is when someone says or does something of a sexual nature that is inappropriate. What is common to both of these? It’s all about power. Find techniques to stop it from happening.

### 9. Religious Acceptance and Being Proud of Your Faith:

Sometimes people are teased because of their religious beliefs, but that shouldn’t stop you from believing. In this workshop you will learn it is okay to respect other faiths while and while respecting your faith.

### 10. Being Safe When Using Social Media:

Today our world revolves around social media. We post things that might make us look popular; we crave the “likes” and adore having “followers and friends.” But do we go overboard and post things that are harmful to others just to make friends and become popular? Learn how to be safe on the Internet and yet still have fun.

### 11. Acceptance by Your Peers; Being Popular and 'Fitting In' - Understanding the Limits:

People want to be popular, fit in, and make friends. But these days we are sometimes so desperate to make friends and fit in that we change who we are. What do you do for attention aimed against your peers? Don’t change yourself for someone, even if you are pressured, just to fit in. Maybe being popular isn’t all it seems to be.

### 12. Busy, Busy, Busy! - Keeping Yourself Organized:

Sometimes we struggle with balancing school work and activities. One helpful way is to keep yourself organized. Learn ways to stay organized.

### 13. Moods and Loving Yourself:

Love like the Lord—our conference title applies to everyone, including yourself. When feeling sad or depressed, it is important to have an outlet, someone to talk to about the feelings you are experiencing. You can learn how to deal with personal problems, including depression and anxiety.

### 14. Be Aware of Your Surroundings - Safety Around Strangers:

You’ve probably been told to be aware of your surroundings and not to accept anything from strangers, good advice. But what about now when it is harder because people do and say things to lure you in through your electronic devices. Can you protect yourself and your personal information when in public and be safe?

