

# bcoa companion program



Serving Bedford, Billerica,  
Burlington, Carlisle, and  
Wilmington

*For more information on this  
program that provides support  
for family caregivers please contact  
the Health and Community Program Coordinator  
at 978-671-0916, ext. 2010*



## **Billerica Council on Aging**

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Billerica COA  
25 Concord Road  
Billerica, MA 01821

# bcoa companion program



Relieving family  
caregiver stress  
since 2001



peace of mind ♥ balance ♥ support



BILLERICA COUNCIL ON AGING



peace of mind

balance

support

# bcoa companion program



## Mission Statement

The BCOA Companion Program supports the mission of the Billerica COA to help older adults age with dignity and independence in the homes they love.

Our focus is to increase engagement, support, and companionship, thereby maximizing the health and wellness of our clients. At the same time, we aim to support family caregivers with the responsibilities of caring for an older loved one, increasing their peace of mind.



### *Our companions support family caregivers in the following ways:*

- Implement care plans designed from comprehensive needs assessments
- Provide caring supervision to keep clients safe
- Prepare light meals and snacks
- Drive clients to medical appointments and errands
- Shop for groceries
- Assist with safely managing household tasks
- Engage clients through conversation, hobbies and activities
- Promptly contact emergency services when needed
- Bring peace of mind to family caregivers
- Build strong relationships of trust  
*Companions are CORI checked and CPR certified*

## Eligibility

For individuals who:

- Are 60 years and older
- Do not require lifting, toileting or other personal care
- Need non-medical companionship or supportive care

## Schedule and Rates

- Care available days, evenings and weekends
- Two-hour minimum booking
- Private pay and contracted rates with aging services agencies
- Mileage charged at the current IRS rate

