

MONDAY

TUESDAY

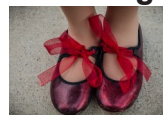
WEDNESDAY

THURSDAY

FRIDAY

OCTOBER**Boscov's Shopping Event****Wednesday, October 20 from 8 AM—11 PM.**Donate \$5.00 to the center for event entry and a **25% off "deals all day" shopping pass.** See Kathy in the office for tickets.**BAGS N' BLING BINGO****Friday, November 5—**Tickets are \$30 in advance and \$35 at the door. On sale NOW!

****TAP DANCE CLASSES**
Wednesday
11 am—12 pm
Twp. Recreation Building



-01-
 8:20 Golf
 9:15 Billiards
 10:30 Aerobics
 12:00 Table Tennis

***Last day to sign-up for Shuffleboard**

-04-

9:15 Billiards
 9:15 Seniorcise
 10:30 Seniorcise
 12:00 Meditation
 1:30 Table Tennis

-05-

9:15 Billiards
 9:15 Tai Chi
 9:30 Watercolors
 10:30 Aerobics
 12:00 Luv 2 Dance
 1:30 Vinyasa Yoga

-06-

9:15 Billiards
 10:30 Gentle Yoga
 11:00 Tap Dance
 11:45 Chair Yoga
 1:00 "On Your Feet"
 1:00 Coloring Club (Art Room)

-07-



9:15 Billiards
 9:15 Seniorcise
 9:30 Watercolors
 10:30 Seniorcise
 1:00 Spanish Class

Mum Pick-up under the Pavilion 10 AM—2 PM

-08-

8:20 Golf
 9:15 Billiards
 10:30 Aerobics
 12:00 Table Tennis

-11-

The Senior Center is CLOSED for COLUMBUS DAY



-12-

9:15 Billiards
 9:15 Tai Chi
 9:30 Watercolors
 10:30 Aerobics
 12:00 Luv 2 Dance
12:00 LOTTERY ★
 1:30 Vinyasa Yoga

-13-

9:15 Billiards
 10:30 Gentle Yoga
 11:00 Tap Dance
 11:45 Chair Yoga
 1:00 "On Your Feet"
 1:00 Coloring Club

-14-

9:15 Billiards
 9:15 Seniorcise
 9:30 Watercolors
 10:30 Seniorcise
 1:00 Spanish Class

-15-

8:20 Golf
 9:15 Billiards
 10:30 Aerobics
 12:00 Table Tennis

-18-

9:15 Billiards
 9:15 Seniorcise
 9:30 Stained Glass
 10:30 Seniorcise
 12:00 Meditation
 1:30 Table Tennis

-19-

9:15 Billiards
 9:15 Tai Chi
 9:30 Watercolors
 10:30 Aerobics
 12:00 Luv 2 Dance
 1:30 Vinyasa Yoga

-20-

9:15 Billiards
 10:30 Gentle Yoga
10:30 Book Club
 11:00 Tap Dance
 11:45 Chair Yoga
 1:00 "On Your Feet"
 1:00 Coloring Club

-21-

9:15 Billiards
 9:15 Seniorcise
 9:30 Watercolors
 10:30 Seniorcise
12:00 Dart League
 1:00 Spanish Class

-22-

8:20 Golf
 9:15 Billiards
 10:30 Aerobics
12:00 Dart League
 12:00 Table Tennis

Shop at Boscov's 8a-11p

-25-

9:15 Billiards
 9:15 Seniorcise
 9:30 Stained Glass
 10:30 Seniorcise
 12:00 Meditation
 1:30 Table Tennis

-26-

9:15 Billiards
 9:15 Tai Chi
 9:30 Watercolors
 10:30 Aerobics
 12:00 Luv 2 Dance
 1:30 Vinyasa Yoga

-27-

9:15 Billiards
 10:30 Gentle Yoga
 11:00 Tap Dance
 11:45 Chair Yoga
 1:00 "On Your Feet"
 1:00 Coloring Club

-28-

9:15 Billiards
 9:30 Watercolors
 1:00 Spanish Class
The Activity Room is CLOSED for partition repair—no Seniorcise or Darts

-29-

8:20 Golf
 9:15 Billiards
 10:30 Aerobics
12:00 Dart League
 12:00 Table Tennis

THERE IS A NOMINAL FEE FOR ALL CLASSES WITH AN INSTRUCTOR. FEES ARE PAID TO THE INSTRUCTOR AT THE BEGINNING OF CLASS.

MEMBERS MUST BRING THEIR OWN EXERCISE EQUIPMENT (MATS, WEIGHTS, BANDS ETC.) TO CLASS AND POOL PLAYERS, THEIR OWN POOL STICK AND CHALK. IF YOU HAVE ANY QUESTIONS, PLEASE CALL THE CENTER AT 215-357-8199 OR EMAIL NHSC@NHTWP.ORG.