

THINGS TO KNOW



Monstrance

The vessel in which Jesus is exposed. Here, we adore Our Lord. It is usually in the shape of a cross or cathedral to represent the throne of the Son of God.

The sunburst design not only directs our attention, but also shows us that the light of Jesus shines from the Sacrament. It is made of gold because it contains something truly precious: the Body, Blood, Soul, and Divinity of Christ.

Exposition

*The part of Adoration in which Jesus is brought out from the Tabernacle to be 'exposed' in the monstrance. During this time, we kneel and pray the **O Salutaris Hostia**.*

Adoration

*The most powerful private prayer in which we 'adore' the Body, Blood, Soul, and Divinity of Christ in the Blessed Sacrament of the Eucharist. During this time people may choose to pray in different ways to show their love for Jesus. At the end of this time, we kneel and pray the **Tantum Ergo**.*

Benediction

When the minister is a priest or deacon, he may process with the monstrance or raise it up to show us that we are truly blessed as Catholics to have Christ so truly present in our midst.

Reposition

*The end of Eucharistic Adoration. The minister leads **The Divine Praises** and then Christ is returned to the Tabernacle. Afterwards, we sing together **Holy God, We Praise Thy Name**.*

EUCCHARISTIC ADORATION



Property of St. Pius X

WELCOME

Thank you for joining us for the most beautiful form of prayer outside the Sacred Liturgy. Whether this is your first time or your hundredth, please use the following guide to participate with us in adoring our Lord in the Blessed Sacrament.

Stay as long as you'd like. Jesus wants to be with you, whether for a few minutes or a few hours.

We ask that during this time you keep a reverent silence so as to not interrupt the prayers of your fellow adorers.

Please kneel during Exposition and Reposition when Christ is placed in or removed from the monstrance. Otherwise, please feel free to kneel or sit.

TIPS FOR ADORATION

Be patient

God works in His own time: we are His masterpiece, and the best art takes a long time. Even more so, be patient with yourself; no one is an 'expert' in Adoration.

Be peaceful

God speaks to us in the quiet of our hearts. This means we need to be okay with silence in order to hear Him.

Be prayerful

This is a time of prayer; take advantage of this opportunity.

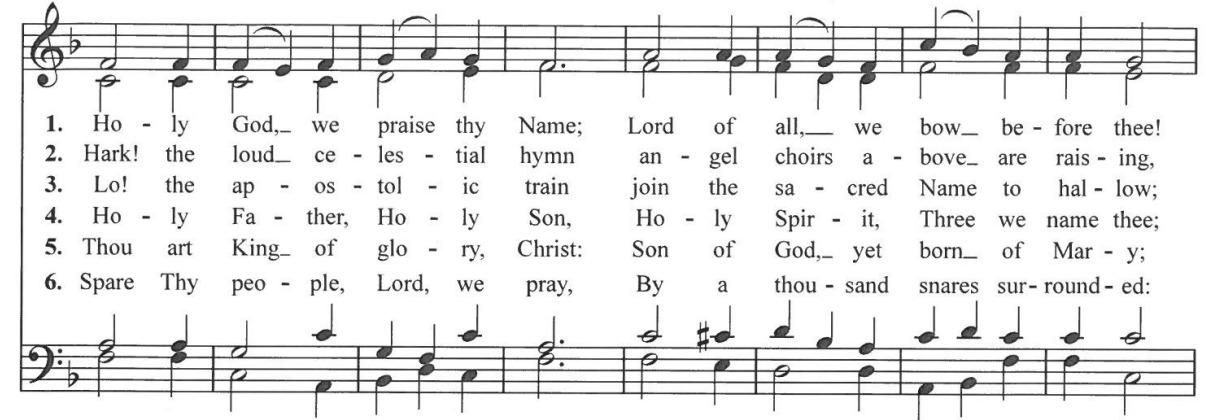
Be present

The world is filled with constant distractions; try your best to leave those outside these walls. While you're here physically, be here mentally and spiritually too!

217 • Holy God, We Praise Thy Name

Tune: GROSSER GOTT (78 78 77)

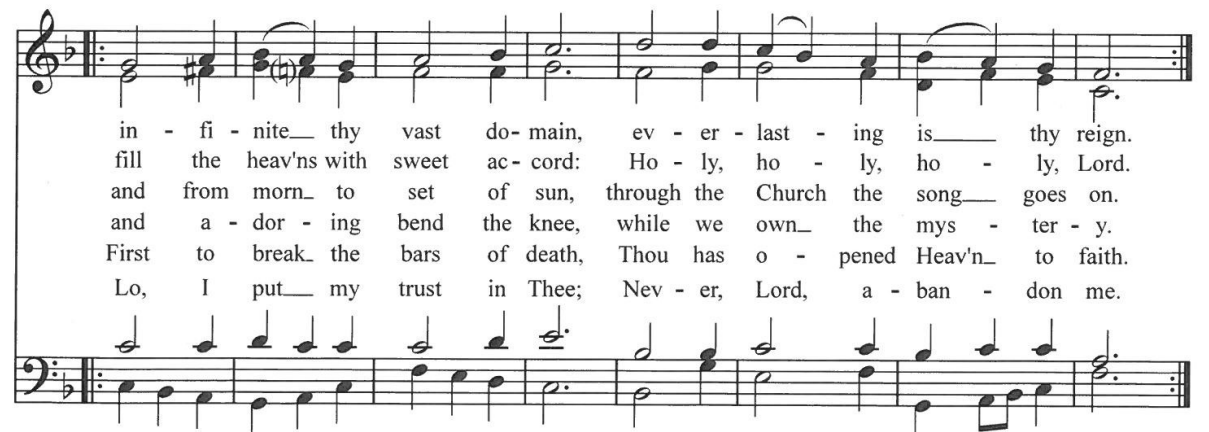
Text: Fr. Ignaz Franz (†1790)



1. Ho - ly God, we praise thy Name; Lord of all, we bow be - fore thee!
2. Hark! the loud ce - les - tial hymn an - gel choirs a - bove are rais - ing,
3. Lo! the ap - os - tol - ic train join the sa - cred Name to hal - low;
4. Ho - ly Fa - ther, Ho - ly Son, Ho - ly Spir - it, Three we name thee;
5. Thou art King of glo - ry, Christ: Son of God, yet born of Mar - y;
6. Spare Thy peo - ple, Lord, we pray, By a thou - sand snares sur - round - ed;



All on earth thy scep - ter claim, all in heav'n a - bove a - dore thee;
cher - u - bim and ser - a - phim, in un - ceas - ing cho - rus prais - ing;
proph - ets swell the loud re - frain, and the white robed mar - tyrs fol - low;
while in es - sence on - ly One, un - di - vid - ed God we claim thee;
For us sin - ners sac - ri - ficed, And to death a trib - u - tar - y:
Keep us with - out sin to - day, Nev - er let us be con found - ed.



in - fi - nite thy vast do - main, ev - er - last - ing is thy reign.
fill the heav'ns with sweet ac - cord: Ho - ly, ho - ly, ho - ly, Lord.
and from morn - to set of sun, through the Church the song goes on.
and a - dor - ing bend the knee, while we own the mys - ter - y.
First to break the bars of death, Thou has o - pened Heav'n to faith.
Lo, I put my trust in Thee; Nev - er, Lord, a - ban - don me.

BENEDICTION

The celebrant approaches, genuflects, and begins to incense the Altar. Everyone will then sing '*Down in Adoration Falling.*' All remain kneeling for the following prayer.

**Celebrant: You have given them Bread from Heaven
Having within it all Sweetness**

Celebrant: Lord Jesus Christ, You gave us the Eucharist as the memorial of Your suffering and death. May our worship of this Sacrament of Your Body and Blood help us to experience the salvation You won for us and the peace of the Kingdom where You live with the Father and the Holy Spirit, one God, for ever and ever.

Amen.

The celebrant dons the humeral veil then goes to the altar, takes up the Monstrance; then elevates and blesses the people. Everyone kneeling bows their heads when blessed, making the Sign of the Cross.

After the blessing, the celebrant replaces the Monstrance on the Altar. He leads the people in praying the Divine Praises. (All remain kneeling)

The Divine Praises

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true Man.

Blessed be the Name of Jesus.

Blessed be His most Sacred Heart.

Blessed be His most Precious Blood.

Blessed be Jesus in the most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in His angels and in His saints.

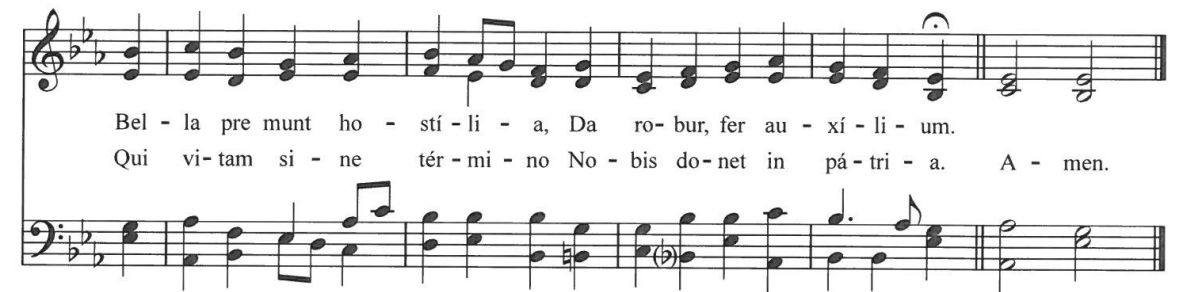
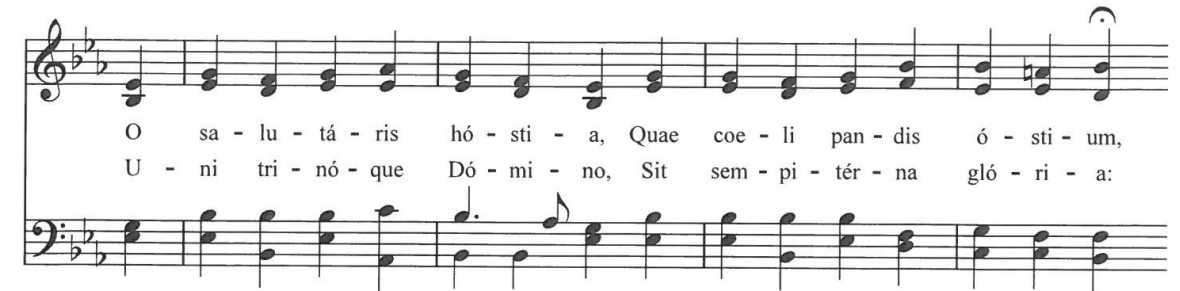
When the celebrant stands, all sing '*Holy God, We Praise Thy Name.*' He then returns the Blessed Sacrament to the Tabernacle. All stand and leave quietly.

EXPOSITION

Please kneel and join in singing/chanting the following.

708 • O Salutaris Hostia

Tune: DUGUET (LM) Text: St. Thomas Aquinas (†1274)



WHAT YOU CAN DO DURING ADORATION

Adoration is more than blankly staring; it's a time of quiet prayer and reflection. While visiting our Lord in Eucharistic Adoration, we can pray in a variety of different ways. Here are some ideas for you during this time:

1. Pray the Psalms or the Liturgy of Hours
2. Meditate using Sacred Scripture
3. Ask for forgiveness and intercede for others
4. Pray the Rosary or another devotional prayer
5. Write in a prayer journal
6. Read a book that inspires you to become a better person
7. Ask for God's help in your life

ENGLISH SONG TEXTS

Latin is the language of prayer in the Catholic Church. With one united language, we adore and worship together with the world throughout time.

O SAVING VICTIM

O Saving Victim, open wide
The gate of heav'n to us below,
Our foes press on from every side;
Your aid supply, Your Strength
bestow.

To Your great Name be endless
praise,
Immortal Godhead, One in Three;
O grant us endless length of days,
In our true native land with Thee.
Amen.

DOWN IN ADORATION FALLING

Down in adoration falling,
This great Sacrament we hail;
Over ancient forms of worship
Newer rites of grace prevail;
Faith will tell us Christ is present,
When our human senses fail.

To the Everlasting Father,
And the Son Who makes us free,
And the Spirit, God proceeding
From them Each eternally,
Be salvation, honor, blessing,
Might and endless majesty.
Amen.

708 • Tantum Ergo

Tune: ST. THOMAS (87 87 87) Text: St. Thomas Aquinas (†1274)



1. Tan - tum er - go Sa - cra - mén - tum Ve - ne - ré - mur cér - nu - i:
2. Ge - ni - tó - ri, Ge - ni - tó - que Laus et ju - bi - lá - ti - o,



Et an - tí - quum do - cu - mén - tum
Sa - lus, ho - nor, vir - tus quo - que



No - vo ce - dat rí - tu - i:
Sit et be - ne - dí - cti - o:



Præ - stet fí - des sup - ple - mén - tum Sén - su - um de - fé - ctu - i.
Pro - ce - dén - ti ab u - tró - que Com - par sit lau - dá - ti - o.

