



Liturgical Living Initiative

A GUIDE FOR THE FAMILY
AND THE INDIVIDUAL

January

Part 1: CELEBRATE

Jesus has arrived! Celebrate his entry into our time & our space.

PART 2: Sacrifice

Make an offering like the Magi or the legendary drummer boy. What is fit to give a king?

What do you celebrate?

FEASTS & DEVOTIONS

1/1: Mary, Mother of God	1/13: Jesus' Baptism
1/2: St. Basil	1/22: Day of Prayer: Protection of Unborn
1/4: St. Elizabeth Ann Seton	1/25: Conversion of St. Paul
1/6: Epiphany	1/28: St. Thomas Aquinas
	1/31: St. John Bosco

What will you observe?

1. Identify key things in 2019 you want to emphasize: birthdays, baptismal anniversaries, feasts, saints, holy days, family traditions and Church Traditions. Ask together, "who do we want to remember?" or "Who do we want to know better?"
2. Choose the way you want to observe meaningful moments. Consider what challenges each one's faith to grow.

Journey with others

Consider who is a help to you in your celebrations and sacrifice. Invite them to be with you.

Choose a patron saint for 2019 and a prayer that will assist you to engage in what each one is anticipating in the year ahead. Consider how to share your experience with others.

Share meals, remembering to ask "what's happened today? What do we need help with, and what are we thankful for?"