

CHRIST THE KING
& ST. THOMAS
THE APOSTLE



LENT:

**HOPE IN THE
CROSS!!**

**CHOOSE
AT LEAST
ONE
OPTION
FOR THIS
LENT! SIGN
UP BY
2/18/26**



LENT 2026— HOPE!

ADULT FORMATION OPTIONS

GROUPS, REFLECTIONS and MORE!

LENT GROUP OPTIONS!

This Lent we will have a **5-session series for one-time small group participation** focused on stories of inspiration and hope. We will be using a booklet called: ***Seeds of Hope*** which also has an optional video component. You can also decide to try out one of our **existing on-going small groups!**

LENT ONLY SMALL GROUP NIGHTS:

Mondays, 2/23, 3/2,
3/9, 3/16, 3/23; 6:30-8
p.m. at CTK Library **OR**

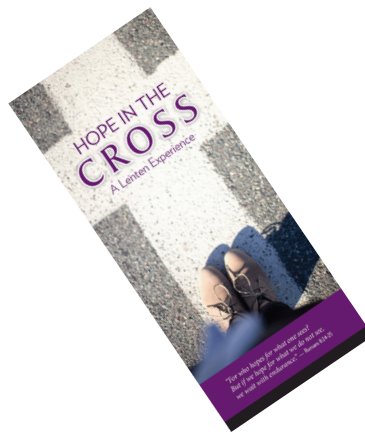
Wednesdays, 2/25, 3/4,
3/11, 3/18, 3/25.

**ON-GOING SMALL
GROUPS:** Current
groups will continue!

DAILY LENT MESSAGE!

You can sign up to get a daily weekday message in your email for Lent. The series is called: **Hope In The Cross** and will be written by our own Director of Discipleship, Erin O'Leary.

(FYI, Erin writes for OSV Publications.)



**DAILY LENT
MESSAGE:** Sign up
for weekday delivery
to your email all
during Lent.

TIMES OF REFLECTION!

Come for mini, 90 minute reflection times on themes of Hope in the Cross. Session 1– The Virtue of Hope and Why Hope

Session 2– Ways and Research on Building Your Hope Muscles

Session 3– Saints and Role Models of Hope

Come to one, two or all! There will be two Zoom options too!

SIGN UP NOW!!

TIMES OF REFLECTION:

Feb. 26, 9:30, CTK,
Mar. 19, 9:30, CTK,
Mar. 26, 9:30, CTK

ZOOM OPTIONS:
Mar. 10, 6:30; Mar.
22, 1:00; Mar. 30,
6:30.

SIGN UP USING THE QR CODE... OR EMAIL ERIN O'LEARY
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