



Diocese of  
OWENSBORO

In review, the following suggested prevention precautions are highly recommended:

\* Refrain from receiving Communion on the tongue but to receive in the hand instead in order to help mitigate the spread of the virus.

\* Suspend the practice of communicants receiving from the chalice at least until after Lent.

\* Priests, deacons, altar servers, and all serving in the liturgy should wash their hands before mass and use an alcohol-based, anti-bacterial solution before and after distributing Communion.

\* Parishioners obligation to attend Mass is abrogated (overridden, repealed) in the case of illness.

\* Refrain from holding hands during the Lord's Prayer.

\* The Sign of Peace may be given with a nod of the head instead of a handshake.

\* During the Good Friday liturgy bow or genuflect instead of kissing or touching the cross during veneration.

Let us continue to keep all who are sick and those who care for them in our prayers.