

FIRST SUNDAY OF LENT

Reading 1

Gn 9:8-15

God said to Noah and to his sons with him:
“See, I am now establishing my covenant with you
and your descendants after you
and with every living creature that was with you:
all the birds, and the various tame and wild animals
that were with you and came out of the ark.
I will establish my covenant with you,
that never again shall all bodily creatures be destroyed
by the waters of a flood;
there shall not be another flood to devastate the earth.”

God added:

“This is the sign that I am giving for all ages to come,
of the covenant between me and you
and every living creature with you:
I set my bow in the clouds to serve as a sign
of the covenant between me and the earth.
When I bring clouds over the earth,
and the bow appears in the clouds,
I will recall the covenant I have made
between me and you and all living beings,
so that the waters shall never again become a flood
to destroy all mortal beings.”

Responsorial Psalm

Ps 25:4-5, 6-7, 8-9

R. Your ways, O Lord, are love and truth to those who keep your covenant.

Your ways, O LORD, make known to me;

teach me your paths,

Guide me in your truth and teach me,

for you are God my savior.

R. Your ways, O Lord, are love and truth to those who keep your covenant.

Remember that your compassion, O LORD,

and your love are from of old.

In your kindness remember me,

because of your goodness, O LORD.

R. Your ways, O Lord, are love and truth to those who keep your covenant.

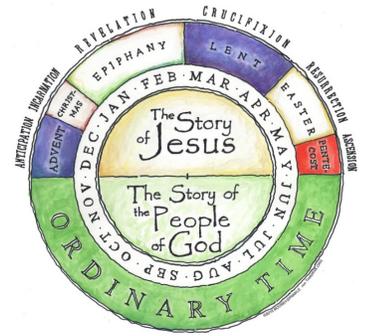
Good and upright is the LORD,

thus he shows sinners the way.

He guides the humble to justice,

and he teaches the humble his way.

R. Your ways, O Lord, are love and truth to those who keep your covenant.

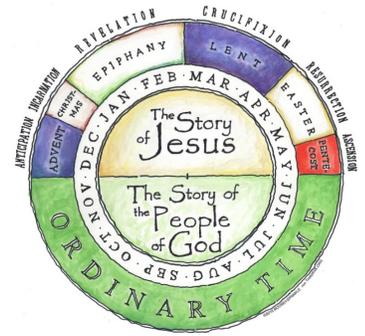


Reading 2

1 Pt 3:18-22

Beloved:

Christ suffered for sins once,
the righteous for the sake of the unrighteous,
that he might lead you to God.
Put to death in the flesh,
he was brought to life in the Spirit.
In it he also went to preach to the spirits in prison,
who had once been disobedient
while God patiently waited in the days of Noah
during the building of the ark,
in which a few persons, eight in all,
were saved through water.
This prefigured baptism, which saves you now.
It is not a removal of dirt from the body
but an appeal to God for a clear conscience,
through the resurrection of Jesus Christ,
who has gone into heaven
and is at the right hand of God,
with angels, authorities, and powers subject to him.



Gospel

Mk 1:12-15

The Spirit drove Jesus out into the desert,
and he remained in the desert for forty days,
tempted by Satan.
He was among wild beasts,
and the angels ministered to him.
After John had been arrested,
Jesus came to Galilee proclaiming the gospel of God:
“This is the time of fulfillment.
The kingdom of God is at hand.
Repent, and believe in the gospel.”

The Gospel of the Lord.

R. Praise to you, Lord Jesus Christ



Mass Prayers and Responses



1 Greeting

Priest The Lord be with you.
People **And with your spirit.**



2 Penitential Act Form A (The Confiteor)

Everyone: I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned in my thoughts and in my words, in what I have done, and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God

OR Form B

Priest: You were sent to heal the contrite of heart:
Lord, have mercy.

People: **Lord, have mercy.**

Priest: You came to call sinners: Christ, have mercy.

People: **Christ, have mercy.**

Priest: You are seated at the right hand of the Father to intercede for us: Lord, have mercy.

People: **Lord, have mercy.**

3 Gloria

Priest: Glory to God in the highest,
Everyone: **and on earth peace to people of good will. We praise you, we bless you, we adore you, we glorify you, we give you thanks for your great glory, Lord God, heavenly King, O God, almighty Father. Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, you take away the sins of the world, have mercy on us; you take away the sins of the world, receive our prayer; you are seated at the right hand of the Father, have mercy on us. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.**

4 After the first and second readings

Reader The Word of the Lord
People **Thanks be to God**



5 Greeting the Gospel

Reader Alleluia OR Praise to you Lord
Jesus Christ
(a few words)

People Alleluia OR Praise to you Lord Jesus Christ

6 Before the Gospel reading

Priest: The Lord be with you.
People: **And with your spirit.**

Priest A reading from the holy Gospel according to
Matthew OR Mark OR Luke OR John

People: **Glory to you, O Lord.**

7 After the Gospel reading

Priest The Gospel of the Lord.

People **Praise to you, Lord Jesus Christ.**

8 Creed - The Nicene Creed

Everyone: I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

OR The Apostles' Creed

Everyone I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.





Mass Prayers and Responses



9 Invitation to Prayer

Priest Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands, it will become for us the bread of life.

People: **Blessed be God for ever**

Priest: Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands, it will become our spiritual drink.

People: **Blessed be God for ever**

Priest Pray, brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

People: **May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.**

10 Preface Dialogue

Priest: The Lord be with you.

People: **And with your spirit.**

Priest: Lift up your hearts.

People: **We lift them up to the Lord.**

Priest: Let us give thanks to the Lord our God.

People **It is right and just.**



11 Holy, Holy, Holy

Everyone: **Holy, Holy, Holy Lord God of hosts.**

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

12 Memorial Acclamation

Priest: The mystery of faith.

People: ONE OF THESE:

A We proclaim your Death, O Lord, and profess your Resurrection until you come again.

B When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

C Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.



13 Doxology / Amen

Priest: Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

People **Amen**



14 Our Father

Priest At the Saviour's command and formed by divine teaching, we dare to say:

People **Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.**

Priest: Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

People: **For the kingdom, the power and the glory are yours now and for ever.**

15 Sign of Peace

Priest The peace of the Lord be with you always.

People **And with your spirit.**

To each other: **Peace be with you**



16 Lamb of God

People: **Lamb of God, you take away the sins of the world, have mercy on us.**

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

17 Invitation to Communion

Priest Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

People **Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.**

18 Concluding Rites

Priest The Lord be with you.

People **And with your spirit.**