



Dear Parents,

When our children prepare to receive sacraments it offers us, as parents, a time to form the knowledge of our faith and renew our commitment to the teachings of the Church. This year we are asking all parents of children preparing in sacraments to participate in online catechesis program on FORMED. There are no additional meetings to attend, as FORMED can be accessed from your home computers and personal devices.

Since its launch in 2015, our parish has subscribed to FORMED for all of our parishioners. FORMED is one of the fastest growing Catholic programs in thousands of parishes across the world. FORMED is a video on demand and digital content service for believers and seekers that features the best audio, video, ebooks and feature-length films from some of the world's most credible Catholic sources, such as the Augustine Institute, Ignatius Press, Catholic Answers and the St. Paul Center.

Using this platform, you are just a few clicks away from accessing video-based study programs, movies, documentaries, audio talks, audiobooks and eBooks. FORMED also has an app for Apple or Android mobile devices! Go to the App Store or the Google Play store to download the FORMED App. Then beautiful Catholic content is only 1 click away, anytime and anyplace.

FORMED has made some updates to their format.

If you ALREADY have an account:

- 1) Visit FORMED.org
- 2) Click Sign In
- 3) Enter your email address
- 4) Click the link that arrives to you from FORMED in your email inbox.
- 5) You're in! Every time you visit FORMED just click the sign in button and you will remain logged in. You can follow this same process on multiple devices, even.

If you need to CREATE a FORMED account:

- 1) Go to FORMED.org
- 2) Click Sign Up
- 3) Select "I Belong to a Parish or Organization".
- 4) Search for Our Lady of Sorrows by zip code 45050 and look for us as an option in the drop down menu.
- 5) Enter your email and you're done.

As long as you do not log out, you will remain logged into your account.

If your child is preparing for Reconciliation, we ask that you watch the **Forgiven** series before your child receives this sacrament. Please use the questions provided for discussion and reflection as you participate in this series.

If your child is preparing for First Communion, we ask that you watch the **Presence** series before your child receives this sacrament. Please use the questions provided for discussion and reflection as you participate in this series.

If your child is preparing for Confirmation, we ask that you watch **The Wild Goose: Gifts of the Holy Spirit Episode 5** before your child receives this sacrament. Please use the questions provided for discussion and reflection as you participate in this series.

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QUESTIONS FOR THE PRESENCE SERIES:

Session 1: GOD WITH US

The video asks the questions “How big is God?” and “How small is God?” How would you answer these questions? How is God both “big” and “small” in the Eucharist?

Session 2: THE STORY OF THE EUCHARIST

What are some of the connections between Passover and the Eucharist? What does this teach us about the Eucharist?

In the celebration of the Mass, how do we participate in offering the perfect sacrifice of Christ?

Session 3: BREAD FOR THE JOURNEY

How do we participate in the sacrifice of Jesus in the Eucharist? What are some practical ways to be intentional about participating in this way?

At the end of Mass, we are dismissed with a purpose. What is our mission when we leave Mass? What can we do to live out this mission?