

Back to School

Best Use

To help prepare student for upcoming school year.

Nutritional Value

Understanding that change is coming

Advance Preparation

Make sure you have the following on hand.

- A Bible
- List of teachers and students

Serve It Up

Follow these steps for a great experience...

1. Create a Peaceful Home Environment

Your kids don't need a perfect home, but to thrive, they need a peaceful one. During the school year, kids battle all day long. They battle peer pressure, body image, academic pressures, relational issues with peers, and many struggle with being bullied. Kids need to come home to a place where they can retreat, drop their battle gear at the door, and find a safe shelter where they can just be themselves.

2. Encourage Your Kids to Make Time for God Everyday

Read together as a family 1 Timothy 4:8. Encourage your kids/family to have a daily devotional time every day. Having a daily time with God is a great way for them to refresh their spirit in the presence of God.

3. Keep the Family Safety Net Strong

Within your family, your kids find the important relational connections that will sustain them through the good times, as well as the bad. Strained or broken family relationships affect other areas of your kids' lives — like their school performance.

4. Protect the Balance of Scheduling

Parents will help their kids have a successful school year by protecting a balanced lifestyle in the scheduling of responsibilities, commitments, and activities. Look at the big picture. School, homework, athletics, hobbies, church activities all add up to a significant amount of your son's or daughter's time.

5. Roll with the Punches!

No young person is exempt from facing at least occasional difficulties associated with school. Some are just brief "moments" while others are "seasons." How they respond to the hard times they face is a key determining factor in whether or not anxiety will wreak havoc in their lives.

6. Pray Continually

Gather a list of classmates and teaching staff for your students. Pray for class mates, teachers, and the upcoming school year. Pray for bullies and those that might seek to harm. Pray throughout the year, seeking God's guidance, love and grace.